

ACISS

African and Caribbean Immigration and Social Services

Resource Directory

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MARYLAND

Allegany

Basic Needs

Organization	Contact Information	Resource
Allegany County Health Department: Women, Infants, and Children (WIC)	Phone number: 301-759-5020	Allegany County Residents Only: The Allegany County Health Department offers a nutrition program for pregnant women, postpartum women, breastfeeding women, and children up to 5 years old. This program gives extra food, advice on eating well, support for breastfeeding, and suggestions for other services.
Allegany County Department Of Social Services: Food Supplement Program	Phone number: 301-784-7000 Location: 1 Frederick Street Cumberland, MD 21502	The Allegany County Department of Social Services helps low income families purchase food and maintain a healthy diet. They give a certain amount of money every month on an Electronic Benefit Transfer (EBT) card. This card works similar to a debit card and can be used at many grocery stores and other places that sell food Must be identified as a person who works for low wages, experiences unemployment or works part-time, gets Temporary Cash Assistance (TCA) or

		other public aid, are elderly or disabled and lives on a small income, or lives without a home.
Maryland Department of Human Services: Supplemental Nutrition Assistance Program (SNAP)	Phone number: 301-784-7000 Location: 1 Frederick Street, Cumberland, MD 21502	The Supplemental Nutrition Assistance Program offers monthly benefits to families with low incomes to buy food and stay healthy. These benefits come in the form of SNAP/FSP benefits, which are put onto a card called Electronic Benefit Transfer (EBT) card.
EssentialNow: Advocacy Assistance	Phone number: 240-770-1185 Operating hours: - Monday-Friday 10am - 7pm - Sunday 7:30am - 7pm	The EssentialNow-Advocacy Assistance service aids with applying for food stamps and locating nearby resources. Must call the phone number in the Contact Info box to check eligibility.
Mountain City Church: Clothing Pantry	Phone number: 301-689-6332 Location: 9 Beall Street Frostburg, MD 21532 Operating hours: - First thursday of each month 6pm - 7:30pm	Mountain City Church: Clothing Pantry gives out gently used clothing for children, from infant to early teen size.

Education

Organization	Contact Information	Resource
Human Resource Development Commission's Early Head Start	Phone number: 301-783-1853 Location: 310 Seymour St Cumberland, MD 21502	Early Head Start provides assistance for babies and children up to 3-years old and pregnant mothers from families with low incomes.

	<p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 7:30am - 4pm 	<p>The help includes teachings by teachers specializing in early childhood, care for pregnant mothers before birth, services to support families, and visits to homes.</p> <p>Must apply online at: alleganyhrdc.org/early-head-start/</p>
Cumberland Family Support Center	<p>Phone number: 301-724-5445</p> <p>Location: 205 Baltimore Avenue Cumberland, MD 21502</p>	<p>The Cumberland Family Support Center provides help to parents who have children under 3-years old. They offer classes like GED and Adult Basic Education, help with homework after school, summer programs for kids, support groups, services for young fathers and non-custodial parents looking for jobs, child care at the center, and help managing different aspects of life.</p>
Allegany Youth Services Coalition: Allegany Youth Enrichment Program Services (AYEPS)	<p>Contact: ayeps21502@gmail.com</p> <p>Location: 119 N. Centre Street, Cumberland, MD 21502</p>	<p>The Allegany Youth Enrichment Program Services provides activities for kids aged 11-17. These activities include arts and crafts, exercise, mentorship, learning helpful skills, help with schoolwork, chances to volunteer, and meals after school.</p>

Financial Resources

Organization	Contact Information	Resource
Temporary Cash Assistance	<p>Phone number: 301-784-7000</p> <p>Location:</p>	Temporary Cash Assistance (TCA) gives money to families with dependent

	<p>Department of Social Services 1 Frederick Street Cumberland, Maryland 21502</p> <p>Operating hours: - 8am - 4:30pm</p>	<p>children and prepares families for independence through work</p> <p>Must meet financial and technical eligibility requirements</p> <p>To join the program, apply at the Department of Social Services in person, by mail, fax or online.</p>
Associated Charities of Cumberland	Phone number: 301-784-7254	Associated Charities of Cumberland provides help to prevent people from being evicted and offers support with housing costs. This includes aid for the first month's rent, help with overdue rent payments and assistance with paying bills for electricity, water, and heating.
Emergency Assistance to Families with Children (EAFC): Maryland Department of Social Services (DSS)	<p>Phone number: 410-872-8700</p> <p>Location: Department of Social Services 1 Frederick Street Cumberland, MD 21502</p>	Emergency Assistance to Families with Children offers money help to families who require urgent aid with rent, utilities, or other crises. This support is accessible via the local department once every 2 years when funds are accessible.

Health

Organization	Contact Information	Resource
Associated Charities of Cumberland	Phone number: 301-784-7053	Associated Charities of Cumberland provides over 30 days' worth of medication for people who have chronic

		<p>illnesses and need help managing their long-term medication.</p> <p>Must call phone number in Contact Info box to see if you qualify</p>
<p>Allegany County Health Department: Infant and Toddler Program (Developmental Disorders)</p>	<p>Phone number: 301-759-2415</p> <p>Operating hours: - Monday-Friday 8am - 4:30pm</p> <p>Location: 12501 Willowbrook Road Cumberland, MD 21502</p>	<p>The Infant and Toddler Program assists children aged 0 to 3 years who face challenges in their development such as difficulties with speech, learning, problem-solving, social interaction, and using both small and large muscles for activities like walking or picking up objects.</p> <p>Must call the phone number in the Contact Info box to apply.</p>
<p>Allegany County Health Department: Healthy Families Allegany County</p>	<p>Phone number: 301-759-5079</p> <p>Locations: 12501-12053 Willowbrook Road South East Cumberland, MD 21501</p>	<p>Allegany County Residents Only: Healthy Families Allegany County offers a free home visiting program helping pregnant women and parents of newborns (3 months of under).</p>
<p>Allegany County Health Department: Dental Health for Children and Pregnant Women</p>	<p>Phone number: 301-759-5030</p> <p>Operating hours: - Monday-Friday 8am - 5pm</p> <p>Location: 12501 Willowbrook Road Cumberland, MD 21502</p>	<p>Allegany County Residents Only: The Dental Health for Children and Pregnant Women program offers dental (teeth) care lessons, check ups, cleanings, x-rays, and other special services for children under the age of 21 and pregnant women.</p> <p>Must have a valid Maryland Healthy Smiles Dental Card.</p>

<p>Allegany County Health Department: Maryland Children's Health Program (MCHP) and Families, Adults and Children (FAC) Program</p>	<p>Phone number: 301-759-5076</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 4:30pm (phone line) 8am - 3pm (walk-ins) <p>Location: 12501 Willowbrook Road, Cumberland, MD 21502</p>	<p>The Maryland Children's Health Program (MCHP) and Families, Adults and Children (FAC) Program offer support for signing up in Medicaid, Managed Care Organizations, Maryland Health Connection, and assistance in locating doctors within the network.</p> <p>Must have; Social Security Numbers, birthdates, employer and income information, and details about any job-related health insurance for your family.</p>
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Community Enrichment

Organization	Contact Information	Resource
<p>Western Maryland Consortium</p>	<p>Phone number: 240-362-7329</p> <p>Location: 152 Baltimore Street, Suite 100 Cumberland, MD 21502</p>	<p>The Western Maryland Consortium offers information, education, and job training for adults, youth, and workers in western Maryland who are unemployed and underemployed.</p>
<p>Human Resource Development Commission's Financial Education Program</p>	<p>Phone number: 301-783-1704</p> <p>Location: 125 Virginia Avenue Cumberland, MD 21502</p>	<p>Individual classes are scheduled on an as-needed basis to accommodate individual's varying schedules. Workshops will be announced and require registration in advance</p>
<p>Allegany County Fairgrounds</p>	<p>Phone number: 301-729-1200</p> <p>Location: 11490 Moss Avenue</p>	<p>Allegany County Fairgrounds hosts community events featuring music, activities, and more</p>

	Cumberland, MD 21502	
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Anne Arundel

Basic Needs

Organization	Contact Information	Resource
Annapolis Seventh Day Adventist Church	<p>Phone number: 410-266-8887</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - 3rd Saturday of every month 12:30pm - 1:30pm <p>Location: 1996 Generals Hwy Annapolis, MD 21401</p>	Annapolis Seventh Day Adventist Church has a Food pantry open to the public.
Asbury West St. United Methodist	<p>Phone number: 410-268-9500</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Wednesdays and Fridays 9am - 11am <p>Location: 87 West Street Annapolis, MD 21401</p>	Asbury West St. United Methodist provides emergency food and clothing help to those in need. They offer bread, pastries, canned goods, bagged lunches, fruits, vegetables and clean but gently used clothing for men and women.
Christian Assistance Program (CAP)	<p>Phone number: 410-987-1043</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Tuesdays: 11 am - 1 pm - Thursdays: 3 pm - 5 pm <p>Location: 8397 Piney Orchard Pkwy Odenton, MD 21113</p>	12 Christian churches in the local area work together to provide food and clothes for those who need it.
Y in Pasadena	<p>Phone number: 410-437-4242</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Wednesdays: 3 pm - 6 pm - Saturdays: 10 am - 1 pm <p>Location: 26 Magothy Beach Rd Pasadena, MD 21122</p>	The Y in Pasadena operates a community-based food pantry. Fresh Mart groceries are offered, including canned goods, bread, cereal, meat, rice, pasta, fresh produce (when available), and more.

Love Wins	<p>Phone number: 443-867-7160</p> <p>Operating hours: - Thursdays 4pm - 7pm</p> <p>Location: 8187 Telegraph Rd Severn, MD 21144</p>	Support those locally who experience food insecurity
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Education

Organization	Contact Information	Resource
Anne Arundel County Literacy Council	<p>Phone number: 410-269-4419</p> <p>Location: AACLC 80 West St., Suite A Annapolis, MD 21401</p>	<p>Anne Arundel County Residents Only: The Literacy Council teaches adults at low-literacy and pre-GED levels reading, math, and English language skills</p>
Anne Arundel Workforce Development Corporation	<p>Phone number: 410-424-3240</p> <p>Location: 613 Global Way Linthicum, MD 21090</p>	<p>Anne Arundel County Residents Only: The Workforce Development Corporation connects people with job openings and training through the Maryland Workforce Exchange. It focuses on helping veterans, ex-offenders, and adults with limited skills find opportunities.</p>
Jobs Work! Arundel	<p>Phone number: 410-424-3240</p> <p>Location: 613 Global Way Linthicum, MD 21090</p>	<p>Jobs Work! offers special services for families getting TANF support. The services help them find jobs made by JWA staff or join internships and training programs.</p>

Annapolis Family Support Center	<p>Phone number: 410-269-4478</p> <p>Location: 80 West Street Annapolis, MD 21401</p>	<p>The Annapolis Family Support Center provides help to parents who have children under 3-years old. They offer classes like GED and Adult Basic Education, help with homework after school, summer programs for kids, support groups, services for young fathers and non-custodial parents looking for jobs, child care at the center, and help managing different aspects of life.</p>
Kingdom Kare Family Support Center	<p>Phone number: 410-672-2006</p> <p>Location: 1350 Blair Drive, Suite G Odenton MD 21113</p>	<p>The Kingdom Kare Family Support Center provides help to parents who have children under 3-years old. They offer classes like GED and Adult Basic Education, help with homework after school, summer programs for kids, support groups, services for young fathers and non-custodial parents looking for jobs, child care at the center, and help managing different aspects of life.</p>

Financial Resources

Organization	Contact Information	Resource
Homeowner Assistance Fund	<p>Phone number: 1-833-676-0119</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 7pm - Saturday 9am - 4pm 	<p>The Homeowner Assistance Fund provides aid to homeowners in Maryland who faced difficulties during COVID-19. It gives money to help with residential mortgages and other</p>

		financial needs related to owning a home. This aid is a single payment meant to prevent people from having to leave their homes right away.
Energy Assistance Relief	Phone number: 833-888-0401 Operating hours: - 24/7 (hotline)	The Energy Assistance Relief is aimed at customers who are not eligible for the Maryland Energy Assistance Program and other electric and utility programs.
ACDS Eviction Prevention Program	Phone number: 410-768-5522 Operating hours: - 24/7 (hotline)	The ACDS Eviction Prevention Program gives money to help stop eviction. It helps low-income people and families who can't pay rent because of unexpected money problems.

Health

Organization	Contact Information	Resource
Road to Recovery Addictions Clinic	Phone numbers: 410-222-0100 (North) 410-222-6001 (South) Operating hours: - Monday-Friday 5am - 1:30pm Location 1: Road to Recovery North Clinic Behavioral Health Building — North County 122 Langley Road North, Suite B Glen Burnie, MD 21060 Location 2: Road to Recovery South Clinic	Road to Recovery Addictions Clinic offers medicine-assisted treatment, which uses methadone and buprenorphine, for people with opioid use problems.

	Behavioral Health Building — South County 711 Bestgate Road Annapolis, MD 21401	
Health-to-Go Vending Machines	<p>Location 1: Eastport Community Center 1014 President St, Annapolis, MD 21403</p> <p>Operating hours 1:</p> <ul style="list-style-type: none"> - Monday-Thursday 8am - 5pm <p>Location 2: Jennifer Road Detention Center 131 Jennifer Rd, Annapolis, MD 21401</p> <p>Operating hours 2:</p> <ul style="list-style-type: none"> - Monday-Sunday 8am - 10 pm <p>Location 3: Ordnance Road Correctional Center 600 E Ordnance Rd, Glen Burnie, MD 21060</p> <p>Operating hours 3:</p> <ul style="list-style-type: none"> - Monday-Sunday 8am - 10pm <p>Location 4: Brooklyn Park Library 1 E 11th Ave, Baltimore, MD 21225</p> <p>Operating hours 4:</p> <ul style="list-style-type: none"> - Monday-Thursday 10am - 9pm - Friday-Saturday 10am - 5pm <p>Location 5: Deale Library</p>	Health-to-Go Vending Machines give access to a life-saving drug called naloxone without needing to talk to anyone else. This can help avoid feeling embarrassed or judged when asking for help.

	<p>5940 Deale Churchton Rd, Deale, MD 20751</p> <p>Operating hours 5:</p> <ul style="list-style-type: none"> - Monday-Thursday 10am - 9pm. - Friday-Saturday 10am - 5pm <p>Location 6: Severn Center 1160 A Reece Rd, Severn, MD 21144</p> <p>Operating hours 6:</p> <ul style="list-style-type: none"> - Monday-Sunday - 8am - 8pm 	
State Care Coordination	Phone number: 410-222-0117	State Care Coordination services assist clients in using community and county resources, crafting a recovery plan, and recognizing strengths to conquer obstacles and difficulties.

Community Enrichment

Organization	Contact Information	Resource
Arundel Olympic Swim Center	<p>Phone number: 410-222-7933</p> <p>Location: 2690 Riva Road Annapolis, MD 21401</p> <p>Directions From Route 50 take the Aris T. Allen Blvd. (Exit 22). Merge right to the Riva Road. exit. Make a right onto Riva Road. The Arundel Olympic Swim</p>	Swim center for county residents

	Center is on the right.	
Quiet Waters Park	Location: 600 Quiet Waters Park Rd, Annapolis, MD 21403	Quiet Waters Park is situated between the South River and Harness Creek. Visitors can enjoy trails, playground, or picnic among 340 acres of beautiful park land.
2024-2025 School Age Child Care	Phone number: 410-222-7856	The School Age Child Care program offers various activities for children entering kindergarten through 5th grade during the 2024-2025 school year. These include an afternoon snack, homework time or literacy activities, playing outside, staff-directed crafts, self-directed crafts, playing organized games, visiting activity stations (these are stations where kids can freely play with different materials and learn alongside their friends. Stations include things such as engineering, science and math, housekeeping, music, movement, and more), participating in community service projects, and attending special events. Call for more information

Baltimore County and City

Basic Needs

Organization	Contact Information	Resource
House of Ruth	<p>Phone number: 410-889-0840</p> <p>Location: 2201 Argonne Drive Baltimore, MD 21218</p>	House of Ruth is a prevention, intervention, and advocacy of domestic violence. Their goal is to keep women and children safe and help them with what they need right away.
Senior Food Assistance	<p>Phone number: 410-887-2594</p>	For seniors in Baltimore County experiencing food access needs
Grace and Hope Mission – Food Pantry	<p>Phone number: 410-685-5252</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Thursday 9am - 5pm - Friday 9am - 4pm <p>Location: 4 S Gay St Baltimore MD 21202</p>	Food pantry
Samaritan Community	<p>Phone number: 410-669-1229</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday and Thursday 10am - 2pm <p>Location: 1407 Bolton St Baltimore, MD 21217</p>	Food pantry. <i>Appointment only. Must call the phone number to request for food beforehand.</i>
Paul's Place Clothing Marketplace	<p>Phone number: 410-625-0775</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Wednesday-Friday 	Paul's Place Clothing Marketplace provides free basic clothing to families and individuals who need it.

	11:15am - 12:30pm Location: 1118 Ward Street, Baltimore, MD 21230	Donations are provided to people who can't buy them on their own
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Education

Organization	Contact Information	Resource
The Center for Family Success	Phone number: 410-887-4700 Operating hours: - Monday-Friday 8:30am - 4:30pm Location: 201 Back River Neck Road Essex, MD 21221 Operating hours (program): - Monday-Thursday 9:30am - 2pm	Services on site to parents with children under three years of age like GED and Adult Basic Education classes, After-School services and homework assistance, summer youth programs, support groups, Young Fathers and Responsible Parent Employment Network services for non-custodial parents, on-site child care services and case management services
Community Assistance Network: After School Program	Phone: 410-285-4674 Operating hours: - Monday-Friday 9am - 4pm Location: 3560 3rd Street, Baltimore, MD 21225 Operating hours (program): - School year: Monday-Friday 3pm - 6pm - Summer Monday-Friday 12pm - 4pm	The Community Assistance Network offers an After School Program. It provides help with homework and tutoring, opportunities to learn through service, lessons on life skills and decision-making, recreational activities, and summer jobs for young people.

<p>Extended Year Learning Program (EYLP) High School Program</p>	<p>Email: tnelson@bcps.org</p>	<p>The Extended Year Learning Program (EYLP) gives students a chance to recover or earn credits for graduation. In this program, students engage in various learning activities, such as teacher-led lessons and working independently online.</p>
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Financial Resources

Organization	Contact Information	Resource
<p>Emergency Assistance to Families with Children (EAFC)</p>	<p>Phone number: 1-800-332-6347</p> <p>Location: 311 West Saratoga Street Baltimore, MD 21201</p>	<p>Emergency Assistance to Families with Children offers money help to families who require urgent aid with rent, utilities, or other crises. This support is accessible via the local department once every 2 years when funds are accessible.</p> <p>Must show proof of an emergency that was not because of a family member quitting a job.</p>
<p>Maryland Energy Assistance Program (MEAP)</p>	<p>Phone number: 1-855-583-8976</p> <p>Location: Housing and Building Energy Programs Community Development Administration Maryland Department of Housing and Community Development 7800 Harkins Road, Lanham, MD 20706</p>	<p>Maryland Energy Assistance Program gives money to help pay for heating bills at home. Money goes straight to the company that supplies the fuel or the utility company.</p> <p>Must meet income requirements and have a non-working heating, cooling, or water heating system</p>

Maryland Temporary Cash Assistance (TCA)		<p>Temporary Cash Assistance (TCA) gives money to families with dependent children and prepares families for independence through work</p> <p>Must meet financial and technical eligibility requirements</p> <p>To join the program, apply at the Department of Social Services in person, by mail, fax or online.</p>
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Health

Organization	Contact Information	Resource
The Franciscan Center of Baltimore: Prescription Referrals	<p>Phone number: 410-467-5340</p> <p>Operating hours: - Monday-Friday 10am - 1pm</p> <p>Location: Safeway Pharmacy 2401 N. Charles Street Baltimore, MD 21218</p>	<p>The Franciscan Center of Baltimore helps people get medical prescriptions that they would not otherwise have been able to afford.</p> <p>Prescriptions must be filled at the Safeway Pharmacy at 2401 N. Charles Street.</p>
Total Health Care: Pharmacy Services	<p>Phone number: 410-383-8300</p> <p>Operating hours: - Monday-Friday 8:30am - 5pm</p>	<p>Total Health Care offers Pharmacy Services in the Baltimore, MD area. These services include providing new prescriptions and refills, both name brands and generics. Additionally, the program offers medication counseling, electronic prescription orders, coordination with physicians, low-cost prescriptions, and</p>

		free prescription delivery.
The Jill Fox Memorial Fund: Financial Assistance	<p>Phone: 410-369-9322</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 5pm <p>Location: 101 W Mt Royal Ave, Baltimore, MD 21201</p>	The Jill Fox Memorial Fund gives money to people who have medical and healthcare needs not covered by insurance, government help, health groups, community groups, or personal money.

Community Enrichment

Organization	Contact Information	Resource
Community Engagement Center: University of Maryland, Baltimore	<p>Phone number: 410-706-8260</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 9am - 8pm - Saturday 9am - 1pm <p>Location: Community Engagement Center 16 S. Poppleton St. Baltimore, MD 21201</p>	The Community Engagement Center helps adults and children and offers a variety of programs to meet needs that the community has identified, like exercise, food, and after-school and educational activities.
Elev8 Baltimore: Power Parent Initiative	<p>Phone number: 443-682-9403</p> <p>Location: Elev8 Baltimore 844 Roundview Rd. Baltimore, MD 21225</p>	Elev8 Baltimore's Power Parent Initiative offers leadership chances for parents at our partner schools. Parents get coaching and professional development to grow confidence and leadership abilities and increase their influence and leadership within Baltimore city schools.
29th Street Community Center	<p>Phone number: 443-213-0394</p>	29th Street Community Center provides safe, and

	Location: 300 E. 29th Street Baltimore, MD 21218	accessible spaces and programs that amplify the voices of the community
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Calvert

Basic Needs

Organization	Contact Information	Resource
Bayside Baptist Community Food Pantry	Phone number: 410-257-0712 Location: 3009 Chesapeake Beach Road Chesapeake Beach, MD 20732 Operating hours: - Saturday 9:30am - 11am	Pre-packaged food baskets for Chesapeake Beach and North Beach communities.
Calvert Churches Community Food Pantry	Phone number: 410-414-7474 Location: 100 Jibsail Drive Prince Frederick, MD 20678 Operating hours: - Monday 9am - 12pm - Tuesday 9am - 12pm - Wednesday 9am - 12pm	Food pantry. Open to anyone in Calvert County north of Broomes Island Road.
New Life Calvert Food Pantry	Phone number: 443-684-5577 Operating hours: - Monday 4pm - 6pm Location: New Life Church	Food pantry.

	3170 German Chapel Road Prince Frederick, MD 20678	
LifeStyles Samaritan Project	<p>Phone number: 301-609-9900</p> <p>Operating hours: - Monday-Friday 9:30am - 5pm</p> <p>Location: 301 Steeplechase Drive, Suite 104 Prince Frederick, MD 20678</p>	Food Pantry and Distribution, clothing, and household items
Project ECHO	<p>Phone number: 410-535-0044</p> <p>Operating hours: - Monday-Friday 10am - 6pm</p> <p>Location: 484 Main Street, Prince Frederick, MD 20678</p>	Project ECHO offers emergency shelter and supportive housing for people and families without homes in the Calvert area. There are 38 beds, split between family suites and dorm-style bedrooms. Every person gets food, clothes, and toiletries. People can stay for free for 45 days, and in some cases, longer for an extra 45 days.

Education

Organization	Contact Information	Resource
McKinney-Vento Program for Students Experiencing Homelessness	<p>Phone number: 443-550-8460</p> <p>Business Hours Monday, Tuesday, Wednesday, Thursday, Friday: 08:00 am ~ 04:00 pm</p>	The McKinney-Vento Program for Students Experiencing Homelessness assists homeless students to join the school that suits them best and also helps parents, children, and youth who need support promptly and sensitively.
Adult Education Program Calvert County	<p>Phone number: 301-934-7770</p>	The College of Southern Maryland offers classes for adults to learn basic

		education, prepare for the GED exam, and study English as a second language. These classes are low-income/free and take place twice a week in Charles, St. Mary's, and Calvert counties.
Family Support Center of Southern Maryland	Phone number: 240-528-2288 Location: 8395 Old Leonardtown Rd. Hughesville, MD 20637	The Family Support Center of Southern Maryland offers free GED Preparation Courses starting in August as well as free childcare; adult education classes are free for adults who are Maryland residents, aged 18 and older and are not required to be enrolled in high school. Must complete a virtual orientation session before taking the class.

Financial Resources

Organization	Contact Information	Resource
Calvert County Department of Social Services Public Financial Benefits Assistance	Phone number: 443-550-6900	The Family Investment Division receives applications, and decides who qualifies for these programs: Medical Assistance, Qualified Medicare Beneficiary (QMB), Specified Low Income Beneficiary (SLMB), Food Benefits, Temporary Cash Assistance (TCA), and the Temporary Disability Assistance Program. It also gives out information and

		directs people to the right places for help TCA, food stamps, Medicaid, and emergency assistance.
Southern Maryland Center for Independent Living (SMCIL)	<p>Phone number: 301-884-4498</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 4:30 	The Southern Maryland Center for Independent Living helps seniors and individuals with disabilities of all ages. It offers information and referral services, advocacy, peer mentoring, assistance in getting assistive devices, training for independent living and provides support for money management and financial planning.
LifeStyles of Maryland	<p>Phone number: 240-237-8236</p> <p>Location:</p> <p>301 Steeplechase Drive, Suite 104 Prince Frederick, MD 20678</p>	LifeStyles of Maryland provides services for seniors such as rides and transportation, assistance for homeless individuals, help with housing, support for humans in need, the Samaritan Project offering food and clothing, as well as emergency aid for rental and financial needs.

Health

Organization	Contact Information	Resource
Children with Special Health Care Needs Program	Phone number: 410-535-5400	The Children with Special Health Care Needs Program provides services to special needs children from birth to

		twenty-one. It helps kids and families find care, manages their cases, and teaches communities and providers
Maryland Medbank Program	Phone number: 410-821-9262	The Medbank Program helps low-income, chronically ill, uninsured individuals get prescription medications at low or no cost.
Calvert Health	Phone number: 888-906-8773 (then press “2”) Location: 100 Hospital Road, Prince Frederick, MD 20678	Calvert Health is a medical center and outpatient practice. Sign up for classes and support groups, as well as other resources related to health and community wellness on the website.

Community Enrichment

Organization	Contact Information	Resource
Home Instruction of Parents of Preschool Youngsters (HIPPY)	Phone number: 443-550-8050	Home Instruction of Parents of Preschool Youngsters focuses on supporting parents through home-visiting for school readiness. Home Visitors meet parents weekly for 30 weeks providing the HIPPY curriculum, books and educational materials. Provides activities for parents to do for 15-20 minutes daily for five days. Parents of children aged 3-5 may be able to join
Calvert Library: Crafting Community	Phone number 1: 410-535-0291 Phone number 2: 301-855-1862	Calvert Libraries: Crafting Community hosts arts and crafts events across the

	<p>Location (office): Calvert Library Administration 850 Costley Way Prince Frederick, MD 20678</p>	<p>county. Visit [www.calvertlibrary.info → Events and classes → Crafting community.] To check the address of the events.</p>
<p>Calvert Rainbow Alliance</p>	<p>Phone number: 1-800-765-4287</p> <p>Operating hours: - Monday-Friday 9am - 5pm</p> <p>Location: 65 Duke Street, Suite 106 Prince Frederick, MD 20678</p>	<p>The Calvert Rainbow Alliance is a LGBTQ Organization that has fundraisers, and community-building events. The LGBTQ Community Resource offers help and support. There's also the Rainbow Kitchen, which helps feed people in the LGBTQ community who are hungry. And then there's The Rainbow Backpack Project, which gives school supplies to LGBTQ homeless and children who need them.</p>

Caroline

Basic Needs

Organization	Contact Information	Resource
Choptank Electric Cooperative	<p>Phone number: 1-877-892-0001</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 4:30pm 	Choptank Electric Cooperative helps with paying your utility bill, ask about a payment plan to avoid disconnection
Martin's House and Barn	<p>Phone number: 410-634-2537</p> <p>Operating hours (House):</p> <ul style="list-style-type: none"> - Every day 6am - 11pm <p>Operating hours (Barn):</p> <ul style="list-style-type: none"> - Tuesday, Thursday and Friday 8:30am - 11am - Wednesday 6pm - 7:30pm <p>Location: 14374 Benedictine Lane Ridgely, MD 21660</p> <p>Ext. 118 for House (shelter) Ext. 111 for Barn (food)</p>	Martin's House and Barn provide basic need items like clothing, furniture, and household items to help local families in need.
Aaron's Place	<p>Phone number: 443-243-5906</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Tuesday and Wednesday 9am - 2pm - Thursday 9am - 1pm <p>Location: 401 Aldersgate Drive Denton, MD 21629</p>	Food and clothing
Aaron's Place 2	<p>Phone number: 443-243-5906</p>	Food and clothing

	<p>Operating hours:</p> <ul style="list-style-type: none"> - Sunday 4pm - 5pm - Monday 9am - 2pm <p>Location: 435 Main Street Goldsboro MD 21636</p>	
Word of Life	<p>Phone number: 410-690-2001</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Tuesday and Friday 9am - 11am <p>Location: 3835 Old Denton Rd Federalsburg, MD</p>	Food pantry

Education

Organization	Contact Information	Resource
Lifelong Learning Center (LLC) Afterschool Programs	<p>Phone number: 410-200-7271</p> <p>Location: Federalsburg Elementary 302 S University Ave, Federalsburg, MD 21632</p> <p>Location: Greensboro Elementary 627 N Main St, Greensboro, MD 21639</p>	The Lifelong Learning Center is at Federalsburg Elementary and Greensboro Elementary. It offers activities like learning new things and fun things to do after school. After school, students get a light dinner and a bus ride home. The program gets help from community partners like Maryland 4-H, Snap-Ed, Chesapeake Culinary Center, and CCPS Food Services.
National External Diploma Program (NEDP®) - Adult Education and Literacy Services	<p>Phone number: 410-827-5929</p> <p>Phone number: 410-822-5400 ext. 5929</p>	Maryland Residents Only: The National External Diploma Program helps adults get a high school

	<p>(Spanish)</p> <p>Location: Chesapeake College, Wye Mills Campus 1000 College Circle Wye Mills, MD 21679</p>	<p>diploma without attending classes or tests. They can finish tasks on their own and meet with an assessor to show they have the needed skills for a Maryland High School Diploma. The program checks reading, writing, math, talking, thinking, understanding oneself, social skills, work skills, and more.</p> <p>Must be 18 years and above, and not enrolled in school, complete placement tests at the nearest NEDP location, and meet cut scores to be eligible.</p>
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Financial Resources

Organization	Contact Information	Resource
<p>Caroline County Department of Social Services, Emergency Assistance to Families with Children</p>	<p>Phone number: 410-819-4500</p> <p>Operating hours: - Monday-Friday 8am - 5pm</p> <p>Location: 300 Market Street Denton, MD 21629</p>	<p>The Caroline County Department of Social Services gives emergency money help to families with children. The money helps with evictions from court, losing houses, losing utilities, and water bills. Families can get this help once every 24 months. The money also helps people who've suffered from hurricanes, floods, or fires. Children 18-21 must be enrolled full-time in school. Wait times 30-60 days.</p>

Health

Organization	Contact Information	Resource
Choptank Community Health System Inc	<p>Phone number: 410-479-4306 (Admin)</p> <p>Phone number: 443-329-9920 (medical emergency)</p> <p>Phone number: 888-407-8018 (behavioral emergency)</p> <p>Location: 301 Randolph St Denton, MD 21629</p>	Choptank Community Health System offers medical and dental services in Caroline, Dorchester, Kent, Queen Anne’s, and Talbot counties with a mission to give everyone access to outstanding, complete, and joined-up health care.

Community Enrichment

Organization	Contact Information	Resource
Aaron’s Place: Music For The Soul / Mommy and Me Classes / Seniors	<p>Phone number: 410-479-0292</p> <p>Location: 401 Aldersgate Drive Denton, MD 21629</p>	Aaron’s Place has classes for young parents, classes on taking care of young children, networking with other parents and seniors card games/activities
Mid Shore Community Mediation Center	<p>Phone number: 410-820-5553</p> <p>Location: 8626 Brooks Drive, Suite 204 Easton, MD 21601</p>	Mid Shore Community Mediation Center offers free mediation and conflict resolution services for various situations and disputes. Highly trained volunteer mediators handle these services professionally.
Chesapeake Multicultural Resource Center	<p>Phone number: 1-877-772-9832</p> <p>Operating hours:</p>	Chesapeake Multicultural Resource Center is open to all community members and

	<ul style="list-style-type: none"> - Monday-Thursday 9am - 3pm - Friday 9am - 6pm <p>Location: 331 E. Dover Street Easton, MD 21601</p>	<p>offers information and referral services for recent immigrants on the Eastern Shore of Maryland. Helps with health, legal matters, education, family support, jobs, immigration, driver's licenses, English classes, and translations. Spanish speaking staff available.</p>
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Carroll County

Basic Needs

Organization	Contact Info	Resource
Deeds of Faith Food Pantry	<p>Phone number: 410-848-5537</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Church hours: Monday-Thursday 9:00am - 4:00pm - Food pantry: Fridays at 2:00pm <p>Location: 640 Lucabaugh Mill Rd, Westminster, MD 21157</p> <p>When approaching the church on Lucabaugh Mill Road, the food pantry is located in the front of the large yellow barn facing the road. When you arrive, please pull into the church driveway and you will be instructed on how to proceed for curbside pickup</p> <p>https://mycrosswind.com/foodpantry</p>	Deeds of Faith Food Pantry serves all populations. They give out fresh fruits and veggies, as well as canned and boxed foods.
Carroll County Food Sunday	<p>Phone number: 410-857-7926</p> <p>Westminster - Citizens Services Building</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Tuesday, Wednesday, and Thursday from 10:00am -11:15am and 1:00pm - 2:15pm - Saturday from 9:00am -11:15am <p>Location: 10 Distillery Drive, Westminster, MD 21157</p> <p>Eldersburg - St. Joseph's Catholic Church (kitchen)</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Wednesday: 10:00am - 12:00pm 	Carroll County Residents Only: Must be interviewed to make sure you live in Carroll County and have ID. Residents receive food coupons weekly that can be turned in for real food.

	<p>Location: 915 Liberty Road, Eldersburg, MD 21784</p> <p>Taneytown - Trinity Lutheran Church Operating hours:</p> <ul style="list-style-type: none"> - Thursday: 9:30am - 11:15am <p>Location: 38 W. Baltimore Street, Taneytown, MD 21787</p> <p>https://ccfoodsunday.org/</p>	
<p>Westminster Rescue Mission - The Mission Food Program</p>	<p>Phone number:</p> <ul style="list-style-type: none"> - Call: (410) 848-2222 - Text: (443) 547-8055 <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 4:00pm <p>Location: 658 Lucabaugh Mill Rd, Westminster, MD 21157</p> <p>Bi-weekly drive-thru food giveaway. 1st and 3rd Fridays of each month from 10:00AM - 11:00AM (For TEFAP-Qualified households only)</p> <p>https://www.westminsterrescuemission.org/services/mission-meals-multiplied/</p>	<p>The Westminster Rescue Mission Food Program collects food from restaurants and offers donated food to people in need.</p>
<p>Salvation Army</p>	<p>Phone number: 410-876-9358</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Wednesday: 9:30am - 4:30pm - Thursday to Friday: 8:00am - 1:00pm <p>Food Pantry Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 12:00pm 	<p>Carroll County Residents Only: Must have Carroll County ID. The Carroll County Salvation Army offer emergency housing and food pickup</p>

	<p>Location: 300 Hahn Road, Westminster, MD 21158</p> <p>https://community.carr.org/fullrecord.asp?record=883</p>	
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Education

Organization	Contact Info	Resource
Carroll Community College	<p>Phone number: 410-386-8000</p> <p>Operating Hours: Admissions office hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 8:30am - 4:30pm - Friday: 8:30am - 3:00pm <p>Class hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 7:00am - 11:00pm - Friday: 7:00am - 4:30pm - Saturday: 7:30am - 4:30pm - Sunday: CLOSED <p>Location: 1601 Washington Road, Westminster, MD 21157</p> <p>https://www.carrollcc.edu/</p>	<p>Assists students with achieving degrees, providing a wide variety of classes, learning about career options, and seeking internships.</p> <p>Provides scholarships and financial aid for degree programs and continuing education.</p>
Carroll County Workforce Development	<p>Phone number: 410-386-2820</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:30pm <p>Location: 224 North Center Street Westminster, Maryland 21157</p> <p>https://carrollworks.com/youth/education-training-options/</p>	<p>Assists youth and adults with GED achievement, training opportunities, workforce training, job shadowing, and seeking internships.</p> <p>Provides free events, including job recruiting events for employers and job seekers.</p>
Literacy Council of Carroll County	<p>Phone number: 410-857-0766</p>	<p>Aids adult clients in improving their reading,</p>

	<p>Operating hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00 am - 2:00pm <p>Location: 255 Clifton Boulevard, Suite 314 Westminster, Maryland 21157</p> <p>https://carrollliteracy.org/</p>	<p>writing, and math skills, learning English or improving their current English skills, preparing for citizenship, and further developing workforce/life skills.</p>
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Financial Resources

Organization	Contact Info	Resource
Access Carroll Integrated Health Care	<p>Phone number: 410-871-1478</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 10 Distillery Dr, Westminster, MD 21157</p> <p>https://www.accesscarroll.org/</p>	<p>Carroll County Residents Only: Provides healthcare) services to all ages who are uninsured or underinsured. Services are provided on a “sliding-fee scale”, fees are based on household income and family size.</p>
Human Services Program of Carroll County	<p>Phone number: 410-857-2999</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:00pm <p>Location: 10 Distillery Drive, Westminster, MD 21157</p> <p>https://hspinc.org/financialaducation/</p>	<p>Monthly financial education workshops and individual financial coaching services for up to 12 months</p>
Emergency Assistance to Families with Children	<p>Phone number: 410-872-8700</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 	<p>Provides emergency cash assistance to families who need emergency help paying rent or utilities or for other</p>

	<p>4:30pm</p> <p>Location: 1232 Tech Court, Westminster, MD 21157</p> <p>https://dhs.maryland.gov/weathering-tough-times/emergency-assistance/</p>	<p>emergencies. Families must have one+ children living with them, must present proof that they have an emergency that was not caused by a family member quitting a job, must present an eviction notice from utility company that services have been/will be cut off or other proof of an emergency</p>
<p>Maryland Temporary Cash Assistance</p>	<p>Phone number: 410-386-3300</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday to Friday 8:00am - 4:30pm <p>Location: 1232 Tech Court, Westminster, MD 21157</p> <p>https://dhs.maryland.gov/weathering-tough-times/temporary-cash-assistance/</p>	<p>Provides cash assistance to families with dependent children. Eligibility requirements: family must cooperate with child support, participate in work activities, comply with substance abuse provisions, must meet financial and technical eligibility requirements, and earned/unearned income cannot exceed the benefit level paid for the assistance unit size.</p>
<p>Catastrophic Health Planners</p>	<p>Phone number: 410-871-0751</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 3:30pm <p>Location: 225 Clifton Boulevard Suite 202 Westminster, MD 21157</p> <p>https://www.chp1.org/</p>	<p>Nonprofit organization dedicated to helping clients of all ages through health problems. Provides support during and/or after catastrophic health events. Provides financial planning resources, insurance services, workman's compensation, etc.</p>

Health

Organization	Contact Info	Resource
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<p>Carroll County Health Department</p>	<p>Phone number: 410-876-4900</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 290 South Center Street Westminster, Maryland 21157</p> <p>https://cchd.maryland.gov/health-services-home/</p>	<p>Provides medical and behavioral health services to patients of all ages. Helps to connect individuals to other resources in Carroll County.</p>
<p>Re-Entry Mental Health Services</p>	<p>Phone number: 410-848-9244</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00am - 8:00pm - Friday and Saturday by appointment <p>Location: 40 South Church Street, Suite 105, Westminster, Maryland, 21157</p> <p>http://www.reentrymentalhealth.com/</p>	<p>Mental health care professionals provide therapy and counseling to clients of all ages. There is a variety of treatment that is provided with a cost. Major insurances are accepted but there is limited Medicare and Medicaid.</p>
<p>Mosaic Community Services Outpatient Mental Health Clinic</p>	<p>Phone number: 443-612-1402</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 6:00pm <p>Location: 288 E Green Street, Westminster MD 21157</p> <p>https://www.sheppardpratt.org/care-finder/outpatient-mental-health-centers/</p>	<p>Wide variety of mental health services for people of all ages.</p> <p>Telehealth services available.</p> <p>Insurance, Medicare, and Medicaid are accepted.</p>
<p>BH Health Services, Inc.</p>	<p>Phone number: 410-871-3005</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 5:00am - 12:00pm - Saturday: CLOSED - Sunday: 6:00am - 9:00am. <p>Location: 450 E. Main Street,</p>	<p>State certified opioid treatment program. These services are specifically catered to adults above the age of 18. A limited list of insurance providers are accepted.</p>

	Westminster, MD 21157 https://www.bhhealthservicesinc.com/	
Carroll Hospital	<p>Phone number: 410-848-3000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Emergency Care: 24 hours a day, 7 days a week (walk-in) - Urgent Care: 9:00am - 9:00pm, 7 days a week <p>Location: 200 Memorial Ave. Westminster, MD 21157</p> <p>https://www.lifebridgehealth.org/main/carroll-hospital</p>	<p>Provides quality patient care including women's care, pediatric care, and primary care. Patient care ranges from simple check-ups to specialized care. Virtual access and appointments are provided as an option.</p> <p>Patients with an annual income of up to 300% of the federal poverty level may be eligible for discounts off their bill.</p>

Community Enrichment

Organization	Contact Info	Resource
Westminster Family Fitness Center	<p>Phone number: 410-751-5501</p> <p>Operation Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 6:00am - 8:00am - Saturday and Sunday: 8:00am - 1:00pm <p>Location: 11 Longwell Ave, Westminster, MD 21157</p> <p>https://www.westminstermd.gov/258/Westminster-Family-Fitness-Center</p>	<p>Workout, group fitness, special events, and childcare.</p> <p>Memberships, class passes, and single visits are available for purchase.</p>
Carroll County Recreation and Parks	<p>Phone: 410-386-2103</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm 	<p>Weekly events including fitness classes and art classes. A variety of summer camps for children. Special events throughout the year</p>

	<p>Location: Wide range of locations depending on the event/activity you attend.</p> <ul style="list-style-type: none"> - Carroll Community College 1601 Washington Road, Westminster, MD <p>https://www.carrollcountymd.gov/government/directory/recreation-parks/</p>	<p>for community gatherings. Requires a “community account” to sign up for events.</p>
Carroll Community College	<p>Phone number: 410-386-8000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 8:30am - 4:30pm - Friday: 8:30am - 3:00pm <p>Location: 1601 Washington Road, Westminster, MD 21157</p> <p>https://www.carrollcc.edu/info-for-community/</p>	<p>Carroll County Residents Only: Provides a variety of programs and activities for all ages. There are arts and entertainment activities, athletic events, and personal enrichment programs such as photography, music, and wellness and outdoor adventure.</p>

Cecil County

Basic Needs

Organization	Contact Information	Resource
Cecil County Help Center	<p>Phone Number: 410-996-0260</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 11:45am and 1:00pm - 3:15pm <p>Location: 135 E High St, Elkton, MD 21921</p> <p>https://www.ccgov.org/government/community-services/human-services/help-center</p>	<p>Primarily a food pantry; winter coat donation center (November-March only)</p>

<p>Chesapeake City Ecumenical Association</p>	<p>Phone Number: (410) 885-3244</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday and Wednesday: 9:00am - 11:45am <p>Location: 227 Basil Ave, Chesapeake City, MD 21915</p> <p>https://ccea4u.com/default.htm</p>	<p>Food pantry, as well as distributes clothing and household items (for the food pantry, once per month if in service area and once every 90 days otherwise)</p>
<p>Meeting Ground</p>	<p>Mary Randall Day Center and Lunch Program</p> <ul style="list-style-type: none"> - Phone Number: 410-620-4701 - Operating Hours: Monday to Friday: 8:00am -11:00am - Location: 401 North St Elkton, MD 21921 <p>Cecil County Men’s Shelter</p> <ul style="list-style-type: none"> - Phone Number: 410-392-8066 - Location: 168 W Main St Elkton, MD 21921 <p>Wayfarers’ House for Women and Children</p> <ul style="list-style-type: none"> - Phone Number: (410) 398-4381 - Location:107 Delaware Ave Elkton, MD 21921 <p>https://meetingground.org/</p>	<p>Serves those experiencing homelessness; The Mary Randall Day Center and Lunch Program provides breakfast, hygiene services (showers, laundry, etc), and a clothing/food pantry.</p> <p>Cecil County Men’s Shelter and Wayfarer’s House provide transitional housing and other goal oriented services (help with employment searches, improve financial stability, referrals to medical/mental health providers)</p>
<p>Ray of Hope Mission Center</p>	<p>Phone Number: 410-378 -9800</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Food Pantry hours: Fridays from 9:30am - 3:00pm <p>Location: 960 Craigtown Rd, Port Deposit, MD 21904</p> <p>http://www.rayofhopemissioncenter.com</p>	<p>They operate a food pantry for their clients (must schedule intake first)</p>

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Saint Mary Anne's Outreach Food Bank - Food Pantry	<p>Phone Number: 410-287-2230</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday and Friday: 9:30am -12:00pm <p>Location: 315 South Main St. North East, MD 21901 (Located in Saint Mary Anne's Episcopal Church)</p> <p>https://www.stmaryanne.org/outreach-of-fice-food-bank/</p>	Food pantry

Education

Organization	Contact Information	Resource
Cecil County Cecil Pregnancy And Family Resource Center: Educational Programs	<p>Phone Number:</p> <ul style="list-style-type: none"> - 410-398-7888 - 410-398-7886 <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday and Friday: 10:00am - 4:00pm - Tuesday and Thursday: 10:00am - 6:00pm <p>Location: 126 East High Street Elkton, MD 21921</p> <p>https://ccpregnancycenter.org/services/parenting-education-program/</p>	Free in-person/online classes relating to parenting, pregnancy, relationships, etc.
Maryland Expanded Food and Nutrition Education Program via University of Maryland	<p>Phone Number: 410-920-8870</p> <ul style="list-style-type: none"> - Point of Contact: Tammy Pryor (tpryor@umd.edu) <p>Location: 200 Chesapeake Blvd, Suite 1500 Elkton, MD 21921</p>	Classes focus on diet quality, nutrition, better food resource management, and food safety; offered for parents, families, new immigrants/recently resettled refugees, pregnant

	https://extension.umd.edu/programs/family-consumer-sciences/efnep/efnep-families/	women/teens. No cost to participants
Gale Courses Via Cecil County Public Library	Phone Number: 410-996-5600 https://education.gale.com/l-elkt98452/	Gale Courses are free 6-week online courses in a variety of subjects (computers, health care, test prep, finance, business, teaching). Requires registration with a library card

Financial Resources

Organization	Contact Information	Resource
Chesapeake City Ecumenical Association (CCEA): Emergency Assistance	Phone Number: 410-885-3244 Location: 227 Basil Ave Chesapeake City, MD 21915 https://ccea4u.org/emergency-assistance	Chesapeake City Ecumenical Association provides special funding for needs such as rent, utility payments and prescription drugs for seniors, home repairs (small scale). Can apply through the website; must live between Frenchtown Road and the Bohemia River Bridge.
Society of St. Vincent de Paul by Church of the Good Shepherd	Phone Number: 410-642-3588 - Points of Contact: Bill and Marilyn Pare; wpare@zoominternet.net Operating Hours: - Monday and Wednesday: 10:00am - 12:00pm Location: 810 Aiken Avenue Perryville, MD 21903 https://goodshepherdcecilmd.org/st-vincent-de-paul-society	Cecil County Residents Only: Provides short-term assistance in the areas of food, rent, utilities, and other basic needs; must bring necessary paperwork depending on the type of assistance needed

<p>Housing Choice Voucher Program (Section 8)</p>	<p>https://www.ccgov.org/government/community-services/housing/rental-subsidy-programs</p>	<p>The Housing Choice Voucher Program provides rental assistance to income-eligible families helping families afford a better place to live or assist with paying a portion of the monthly rent where the family currently is living. Families must consist of one or more people in the household. Household income must meet federal income guidelines</p>
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Health

Organization	Contact Information	Resource
<p>Voices of Hope, Inc</p>	<p>Phone Number: 443-993-7055</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Community Center is open Monday to Friday: 8:00am - 1:00am - Peers are available by phone 24 hours a day <p>Location: 227 Howard St, Elkton, MD 21921</p> <p>https://voicesofhopemaryland.org/</p>	<p>Voices of Hope’s mission is empowering lives and fostering recovery. Their non-profit is dedicated to supporting individuals and families facing substance use disorder. They provide naran training, wound care, syringe services, and syringe clean up and disposal</p>
<p>West Cecil Health Center: WCHC Conowingo</p>	<p>Phone Number: 410-378-9696</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday and Thursday: 7:30am - 4:30pm - Tuesday: 7:30am- 6:30pm <p>Location: 49 Rock Springs Road Conowingo, MD 21918</p>	<p>WCHC offers pediatric and adult dental treatment. They accept most insurance plans, and offer a sliding fee discount for eligible patients. In addition to our dental health services, they can also help with insurance enrollment and language interpretation.</p>

	https://www.westcecilhealth.org/services/dental/	
Cecil County Health Department: Building Healthy Families (BHF) Program	<p>Phone Number: 410-996-5168</p> <p>Operating Hours: - Monday to Friday; 8:00am - 5:00pm</p> <p>Location: 401 Bow Street Elkton, MD 21921</p> <p>https://cecilcountyhealth.org/building-healthy-families/</p>	Building Healthy Families (BHF) Program: This program includes 12 in-person sessions over three months with six additional refresher sessions out to one year. Each session is approximately 2 hours. During the weekly session, all family members participate in practical nutrition education, goal setting and healthy lifestyle strategies and physical activities.
Chesapeake City Ecumenical Association (CCEA): Community Wellness	<p>Phone Number: 410-885-3244 - Email: president@ccea4u.com</p> <p>Operating Hours: Not listed</p> <p>Location: 227 Basil Avenue Chesapeake City, Maryland 21915</p> <p>https://ccea4u.com/Community%20Wellness/Wellness.htm</p>	They provide health screenings, health counseling, exercise plans, support groups, and more.

Community Enrichment

Organization	Contact Information	Resource
Elkton Parks and Recreation	<p>Phone Number: 410-620-7964</p> <p>Operating Hours: Not listed</p> <p>Location: 121 Stockton Street Elkton, MD 21921</p>	Elkton Parks and Recreation provides activities for both children and adults, including sports leagues, lessons, clinics, art and music classes, dance lessons, camps, and special events. Registration fee depends on

	https://www.elkton.org/parks-recreation	the activity and Carroll county residents pay a lower cost
Cecil County Government: Community Wellness Division	Phone Number: Operating Hours: Location: https://www.ccgov.org/government/community-services/community-wellness-division	Provides and promotes a wide variety of health and wellness opportunities, nutrition programs, and social and recreational activities

Charles County

Basic Needs

Organization	Contact Information	Resource
Catholic Charities Archdiocese of Washington: Southern Maryland Food Bank – Giving Hope Food Pantry	Phone Number: 301-274-0695 - Email: George.Mattingly@cc-dc.org Operating Hours: - Tuesdays: 9:00am - 12:00pm Location: 22 Irongate, Waldorf, Md. 20601 https://www.catholiccharitiesdc.org/program/food-pantries/	Charles County Residents Only: The Giving Hope Food Pantry gives individuals and families enough food for two to four meals.
Charles County Children's Aid Society	Phone Number: 301-645-1561 Operating Hours: - Monday to Friday: 9:00am - 1:00pm Location: 3000 Huntington Cir, Waldorf, MD 20602 (Located just off Post Office Road) https://www.childrens-aid-society.org/se	Families with children must call before being able to pick up food pantry items and baby items once every 30 days. Personal cleanliness items are available on a case-by-case basis.

	rvices	
Metropolitan United Methodist Church: Community Dinners/Food Pantry	<p>Phone Number: 301-375-9088</p> <p>Operating Hours: Community Dinners: - Wednesday: 4:30pm - 5:30pm Food Pantry: - Wednesday: 4:30pm - 5:30pm - Saturday 10:00am - 10:30am</p> <p>Location: 3385 Metropolitan Church Road Indian Head, MD 20640</p> <p>https://metroumcindianhead.com/Soup-Kitchen-Food-Pantry</p>	Metropolitan United Methodist Church: Community Dinners/Food Pantry hosts free community dinners and a food pantry every Wednesday at the listed times or until the meals/food are gone.
St. Mary's Catholic Church Newport: Good Shepherd Food Pantry	<p>Phone Number: 301-643-1318</p> <p>Operating Hours: - Third Sunday of every month; 9:30am - 11:30am</p> <p>Location: 11555 St. Mary's Church Road Charlotte Hall, MD 20622</p> <p>https://stmarychurchnewport.org/feeding-the-hungry</p>	Charles County Residents Only: Clients must bring an ID and proof of residency (must have name and address). Variety of foods available
Christ Church La Plata	<p>Phone Number: 301-392-1051</p> <p>Operating Hours: - Fridays 9:00am to 11:00am</p> <p>Location: 112 Charles St, La Plata, MD 20646</p> <p>https://christchurchlaplata.org/service-ou-treach/#toggle-id-4</p>	Charles County Residents Only: The Christ Church in La Plata food pantry provides food items such as canned meats, fruits and vegetables, as well as fresh produce, dairy and eggs (when available)

Education

Organization	Contact Information	Resource
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<p>Catherine Foundation: Pregnancy Resource Center</p>	<p>Phone Number: 301-932-8811</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:30am - 4:00pm <p>Location: 3065 Old Washington Rd, Waldorf, MD 20601</p> <p>https://catherinefoundation.org/education/</p>	<p>They offer childbirth education workshops, breastfeeding classes, parenting classes, and fatherhood mentorship classes</p>
<p>Charles County Literacy Council</p>	<p>Phone Number: 301-934-6488</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:30am - 1:30pm <p>Location: United Way House 10250 La Plata Road (Route 488) La Plata, MD 20646</p> <p>https://www.charlescountyliteracy.org/</p>	<p>The Charles County Literacy Council provides free one-on-one tutoring in reading, basic math, and English for Speakers of Other Languages (ESOL) to their adult students.</p>
<p>The Family Support Center of Southern Maryland</p>	<p>Phone Number: 240-528-2288</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00am - 2:00pm <p>Location: 8395 Old Leonardtown Rd, Hughesville, MD 20637</p> <p>https://thepromisecenter.org/2023/07/31/ged-prep-with-csm-la-plata-and-the-family-support-center/</p>	<p>The Family Support Center of Southern Maryland offers free GED Preparation Courses starting in August as well as free childcare; adult education classes are free for adults who are Maryland residents, aged 18 and older and are not required to be enrolled in high school. Must complete a virtual orientation session before taking the class.</p>

Financial Resources

Organization	Contact Information	Resource
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<p>Charles County Department of Social Services</p>	<p>Phone Number: 301-539-3644</p> <p>Operating Hours: - Monday to Friday: 8:00am - 4:00pm</p> <p>Location: 200 Kent Avenue, La Plata, Maryland 20646</p> <p>https://charlescountydss.com/eviction/</p>	<p>The Charles County’s Department of Social Services offers eviction assistance grants for Charles County residents. Rental assistance may be provided for up to six (6) consecutive months of unpaid rent starting any time after March 2020.</p>
<p>Charles County Department of Health</p>	<p>Phone Number: 301-609-6900</p> <p>Operating Hours: - Monday to Friday: 8:00am - 5:00pm</p> <p>Location: 4545 Crain Highway White Plains, MD 20695</p> <p>https://www.charlescountyhealth.org/water-assistance-program/</p>	<p>The Charles County Department of Health offers a Low Income Household Water Assistance Program (LIHWAP). It is available statewide and provides Maryland households with financial relief toward water and/or wastewater bills. Eligible households may receive up to \$2,000. LIHWAP funding is limited and applications will be accepted on a first come, first served basis.</p>
<p>Southern Maryland Tri-County Community Action Committee</p>	<p>Phone Number: 301-274-4474</p> <p>Operating Hours: - Monday to Friday: 8:00am - 5:00pm</p> <p>Location: Luther H. Stuckey Bldg. (Administration and Energy Assistance) 8371 Old Leonardtown Road Hughesville, MD 20637</p> <p>https://www.smtccac.org/office-of-home-energy-program.aspx</p>	<p>Southern Maryland Tri-County Community Action Committee’s Office of Home Energy Program (OHEP) provides financial assistance towards heating and energy bills.</p>

Health

Organization	Contact Information	Resource
<p>Charles County Department of Health</p>	<p>Phone Number: Operating Hours: Location:</p> <p>https://www.charlescountyhealth.org/cancer-screening/</p>	<p>The Charles County Department of Health offers cancer screening services at no cost. The services that they provide include clinical breast exam, mammogram, PAP test, diagnostic services following an abnormal breast or cervical cancer screening, and colonoscopy. Participants must be uninsured or underinsured, have limited income, and be a Maryland resident.</p>
<p>Greater Baden Medical Services</p>	<p>Phone Number: 301-539-5100</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:00pm <p>Location: 6 Garrett Avenue La Plata, MD 20646</p> <p>https://gbms.org/</p>	<p>Greater Baden Medical Services provides primary and preventive care services for both insured and uninsured patients. The services include primary care/family medicine, dental services, behavioral health services, specialty programs, supportive services, and special population services.</p>
<p>F.B. Gwynn Educational Center: Infants and Toddlers Program (ITP)</p>	<p>Phone Number: 301-753-1745</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:15am - 3:45pm <p>Location: 5998 Radio Station Road La Plata, MD 20646</p> <p>https://gwynn.ccboe.com/academics/infants-and-toddlers-program-ity</p>	<p>Services are provided to infants and toddlers, birth through 3 years, who may be delayed in development or have disabilities. This program is a family-centered approach to assist families with an eligible infant or toddler to obtain services for themselves and their child. Services may vary with the needs of the child and family, and are at no cost.</p>

<p>Charles County Department Of Community Services Aging and Senior Programs Division: Loan Closet</p>	<p>Phone Number: 1-855-843-9725</p> <p>Operating Hours: - Monday to Friday: 8:00am - 4:30pm</p> <p>Location: 200 Baltimore Street, La Plata, Maryland 20646</p> <p>https://www.charlescountymd.gov/services/aging-and-senior-services/loan-closet-for-durable-medical-equipment</p>	<p>The Aging and Senior Programs Division has a medical equipment loan closet, generally consisting of: walkers, canes, bath/shower benches, and transport wheelchairs. Equipment on-hand in the loan closet can be checked out, free of charge, for a period of 90 days. A client contact form must be completed and signed for all borrowed equipment. At the end of the 90-day loan period, equipment must be returned sanitized and in good working condition.</p>
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Community Enrichment

Organization	Contact Information	Resource
<p>Nanjemoy Community Center</p>	<p>Phone Number: 301-246-9612</p> <p>Operating Hours: - Monday to Friday: 8:30am - 4:30pm</p> <p>Location: 4375 Port Tobacco Rd, Nanjemoy, MD 20662</p> <p>https://www.charlescountymd.gov/services/aging-and-senior-services/nanjemoy-community-center</p>	<p>The Nanjemoy Community Center offers a wide variety of programs and services designed to fulfill the needs of the Nanjemoy community. In addition to recreational programming, other services offered at the Nanjemoy Community Center include free billiards/pool, book exchange, fitness opportunities (must be 18+ or with a parent/guardian), and computer lab (must be 18+ or with a parent/guardian)</p>
<p>Christ Church Durham</p>	<p>Phone Number: 301-934-5403</p>	<p>Members aged 5-18</p>

<p>Parish: “Little Rascals” 4-H Club</p>	<p>Operating Hours: - 3rd Monday of the month, October through May from 7:00pm - 8:00pm</p> <p>Location: 8700 Ironsides Road Nanjemoy, MD 20662</p> <p>https://durhamparish.org/serve-the-community/</p>	<p>participate in fun, hands-on learning activities supported by the latest research of land-grant universities that are focused on three areas: healthy living, citizenship, and science. Their club focuses on demonstrations done by the members and a monthly activity. They also have a yearly swim party in July and a yearly hayride in the fall.</p>
<p>Charles County Parks and Recreation</p>	<p>Phone Number: 301-932-3470</p> <p>Operating Hours: - Monday to Friday: 8:00am to 4:30pm</p> <p>Location: 8190 Port Tobacco Rd. Port Tobacco, MD 20677</p> <p>https://www.charlescountyparks.com/recreation/recpass/recpass-programs</p>	<p>They offer a variety of adult and youth drop-in programs at our community and recreation centers. Enjoy unlimited access with a valid RecPASS or pay per visit</p>

Dorchester County

Basic Needs

Organization	Contact Information	Resource
<p>Delmarva Community Services, Inc., Community Action Agency</p>	<p>Phone Number: - 410-901-2991 - 410-901-2996</p> <p>Operating Hours:</p> <p>Location: 2450 Cambridge Beltway,</p>	<p>The Delmarva Community Action Agency provides a local food pantry, where people or families are provided with groceries once a month, with quantities based on the size of the</p>

	<p>Cambridge, MD</p> <p>https://www.dcsdct.org/community-action--poverty-services.html</p>	household.
Grace Baptist Church: Bread of Life Pantry	<p>Phone Number: 410-943-3701</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - 1st and 3rd Friday of each month, 3:30pm - 6:00pm <p>Location: 510 N Main St, Hurlock, MD 21643</p> <p>https://www.gracebaptistofhurlock.org/food-bank/</p>	The Grace Baptist Church partners with the Maryland Food Bank for their Bread of Life Pantry, and anyone is welcome to come and get food supplies.
One Mission Cambridge	<p>Phone Number: 410-901-3959</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Mondays, Tuesdays, and Thursdays: 1:00pm - 6:00pm <p>Location: 614 Race Street, Cambridge, MD 21613</p> <p>https://onemissioncambridge.org/</p>	Their mission center located at includes a food pantry open three days a week, navigational resources and guides, hearty and healthy community meals, one-on-one counseling, and even temporary shelter during inclement weather.

Education

Organization	Contact Information	Resource
Chesapeake College	<p>Phone Number: 410-822-5400</p> <p>Operating Hours: Monday through Thursday: 8 am to 5 pm; Friday: 8 am to 4:30 pm</p> <p>Location: 1000 College Circle Wye Mills, MD 21679</p> <p>https://www.chesapeake.edu/continuing-education/adult-basic-education-overview</p>	The Continuing Education Division at Chesapeake College offers a variety of classes for adults to develop anything from basic skills (reading and writing) or trade skills

Financial Resources

Organization	Contact Information	Resource
Delmarva Community Action Agency	<p>Phone Number: 410-901-2991</p> <p>Operating Hours: Not listed?</p> <p>Location: 2450 Cambridge Beltway, Cambridge, 21613</p> <p>https://www.dcsdct.org/community-action--poverty-services.html</p>	<p>The Delmarva Community Action Agency offers home foreclosure to everyone regardless of income. A counselor will advise a client on how to solve financial issues that could lead to the loss of a home. First Time Home buyers may receive counseling and guidance with budgeting and financial literacy tools designed to prepare them to achieve their goal of homeownership. Homeless Solutions are provided and assistance is available for short-term rental assistance. They also offer free income tax preparation.</p>

Health

Organization	Contact Information	Resource
Dorchester County Public Schools: Infants and Toddlers Program	<p>Phone Number: 410-221-1111</p> <p>Operating Hours: Not listed?</p> <p>Location: 700 Glasgow Street Cambridge, Maryland 21613</p> <p>https://www.dcps.k12.md.us/page/infants-and-toddlers-program</p>	<p>The Dorchester County Infants and Toddlers Program is a family-centered program serving children from birth through two years of age who reside in Dorchester County and meet state eligibility requirements (a delay of 25% or more in one area of development, atypical development or</p>

		<p>behavior that puts a child at risk for a delay, a diagnosed condition with a high probability of delay)</p> <p>Services are provided year round at no cost to families. The program can target the following areas: cognition, communication, social/emotional, self-help, fine motor, gross motor, hearing, vision</p>
Dorchester County Health Department: Reproductive and Sexual Health Program	<p>Phone Number: 410-228-3223</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:30pm <p>Location: 3 Cedar Street Cambridge, MD 21613</p> <p>https://dorchesterhealth.org/health-services/medical-services/reproductive-sexual-health/</p>	<p>The Reproductive and Sexual Health program provides services such as birth control counseling, contraceptive methods, pregnancy testing and referrals, STI/HIV counseling, testing and treatment, breast exams, cervical cancer and HPV screening and referral for colposcopy services to women of childbearing age. Services are available for everyone and fees are based on income</p>

Community Enrichment

Organization	Contact Information	Resource
Friends of the Dorchester County Public Library	<p>Phone Number: 410-228-7331</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Every second Saturday of the Month: 9:00am - 1:00pm 	<p>The friends of the Dorchester County Public Library hold a used book sale on the second Saturday of each month from 9am to 1pm. Thousands of books are available, both</p>

	<p>Location: 303 Gay St., Cambridge, MD</p> <p>https://www.dorchesterlibrary.org/friends-of-the-library</p>	<p>hardback and paperback, at \$1 and \$.50 respectively.</p>
<p>Dorchester County Health Department: Thrive!</p>	<p>Phone Number: 410-228-3223</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesdays and Thursdays: 4:00pm - 5:00pm <p>Location: Varies</p> <p>https://dorchesterhealth.org/come-join-us-at-thrive/</p>	<p>THRIVE is a free after-school program for students in 3rd-12th grade and their families aimed at improving self confidence toward healthy lifestyles.</p> <p>In our 4-week after-school program led by fitness and mental health professionals, children will participate in 60-minute sessions including physical fitness games, mental health check-ins, nutrition classes, and more!</p>
<p>Dorchester Center for the Arts</p>	<p>Phone Number: 410- 228-7782</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Wednesday, Friday and Saturday: 11:00am - 5:00pm - Tuesday and Thursday: 12:00pm - 8:00pm - Every Second Saturday: 11:00am - 8:00pm <p>Location: 321 High Street Cambridge, MD 21613</p> <p>https://dorchesterarts.org/</p>	<p>Dorchester Center for the Arts is a non profit organization, dedicated to enriching Maryland’s Eastern Shore community through high quality, engaging programming in the visual, literary, and performing arts. The basic family membership (for 2 adults and minor children at the same residence) is \$55 a year, the basic single membership (for 1 adult) is \$45 a year.</p>

Frederick County

Basic Needs

Organization	Contact Info	Resource
Emmitsburg Food Bank	<p>Phone Number: 717-642-6963</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday: 6:00pm - 7:00pm; - Wednesday: 7:00pm - 8:00pm; - Friday: 3:30pm - 4:30pm - Saturday: 10:00am - 11:00am <p>Location: 130 S. Seton Avenue Emmitsburg, MD 21727</p> <p>(Use rear entrance of the building)</p> <p>https://www.emmitsburgmd.gov/community_outreach/food_bank/index.php</p>	<p>Food bank; The first time you visit the food bank, you are required to show a picture ID and proof of your physical address</p>
Frederick Rescue Mission	<p>Phone Number: 301-695-6633</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday to Friday: 1:00- 3:30pm <p>Location: 419 West South Street Frederick, MD 21701</p> <p>https://therescuemission.org/programs/rescued-treasures/</p>	<p>Mission's Rescued Treasures program provides shoes and clothing free of charge to those in need. Selections range from day-to-day wear to clothing appropriate for job interviews and worksites.</p> <p>Guests may shop for clothing once a month. They do not require proof of need – only an ID for identification purposes.</p>
Middletown Valley Food Bank	<p>Phone Number: 301-371-3182</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Wednesday 1:00pm - 3:00pm - Saturday: 9:00am - 11:00am 	<p>The Middletown Valley Food Bank's goal is to alleviate hunger in our community by soliciting, collecting and distributing food and personal supplies through</p>

	<p>Location: 301 West Main Street, Middletown, MD 21769</p> <p>https://www.middletownvalleyfoodbank.com/</p>	their food pantry.
Glade Valley Community Services: Glade Valley Food Bank	<p>Phone Number: 301-845-4229</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday: 6:30 pm - 7:30 pm - Thursday: 1:00pm - 3:00pm <p>Location: 21 West Frederick Street, Walkersville, MD 21793</p> <p>(Located in the lower level of the Walkersville Town Hall)</p> <p>https://gladevalley.org/food-bank/</p>	The Glade Valley Food Bank provides a variety of baked goods, meats, fresh produce and everyday staple items. It serves households and individuals from the greater Glade Valley area and is a curbside pickup service only.

Education

Organization	Contact Info	Resource
Goodwill of Monocacy Valley: Training Services	<p>Phone Number: 1-833-624-0921</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 1750 Monocacy Blvd, Suite B Frederick, MD 21701</p> <p>https://www.gimv.org/job-training-services/training-services/</p>	The Goodwill of Monocacy Valley offers no cost resources dedicated to skill building, including computer basics, computer program skills, and advanced computer courses
Literacy Council: Frederick MD	<p>Phone Number: 301-600-2066</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am – 4:00pm <p>Location: 110 E. Patrick St. Frederick,</p>	The Literacy Council offers programs for people who live or work in Frederick County, adults aged 18 and over, English speakers who need help with reading /writing/spelling, or English

	MD 21701 https://www.frederickliteracy.org/about-us/what-we-do/programs/	language learners who need help speaking/reading/writing English
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Financial Resources

Organization	Contact Info	Resource
The Religious Coalition for Emergency Human Needs	<p>Phone Number: 301-631-2670</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 2:00pm <p>Location: 27 Degrange St. Frederick, MD 21701</p> <p>https://thereligiouscoalition.org/need-help/homeless-prevention/</p>	<p>The Religious Coalition can help provide Frederick County residents who are at risk of becoming or are currently homeless with security deposits.</p> <p>The applicant must be a county resident prior to applying for assistance. Assistance is not provided for someone's relocation to or out of Frederick County.</p>
Glade Valley Community Services	<p>Phone Number: 301- 845-0213</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00am - 5:00pm - Friday: 9:00am - 2:00pm. <p>Location: 56 W Frederick St, Walkersville, MD 21793</p> <p>https://gladevalley.org/emergency-relief-fund/</p>	<p>Glade Valley Community Services assists families and individuals living in the Walkersville/ Woodsboro area in the following areas of need: Utilities (Electric, Water, Gas), Heating Oil, Some Medical Prescriptions, Medical bills, or Rent assistance. Funds are paid directly to the service provider. Eligibility is based not only on location but on financial situation, being able to sustain payments moving forward and the frequency of assistance needed.</p>

Health

Organization	Contact Info	Resource
Mission of Mercy	<p>Phone Number: 301-676-3188</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Sunday: 9:00am - 4:00pm <p>Location: The Church of Jesus Christ of Latter-day Saints, 199 North Place, Frederick, MD 21701</p> <p>https://www.amissionofmercy.org/maryland-pennsylvania/our-services/#cliniclocations</p>	Mission of Mercy provides primary medical care, dental care, medications, and community connections for those experiencing economic hardship.
Frederick County Government: Street Safe Program	<p>Phone Number: 301-600-1777</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 4:00pm <p>Location: 490 Suite C Prospect Blvd. Frederick, MD 21701</p> <p>https://health.frederickcountymd.gov/549/Street-Safe-Program</p>	Frederick County’s Street Safe Program offers supplies for harm reduction, included sterile syringes, narcan prevention information, safe sex supplies, fentanyl test strips, linkage to care, and more
Frederick Health Prenatal Center	<p>Phone Number: 240-566-4444</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday through Friday: 8:00am - 4:30pm <p>Location: 400 West 7th Street Frederick, MD 21701</p> <p>https://www.frederickhealth.org/services/prenatal-center/</p>	Frederick County Residents Only: The Frederick Health Prenatal Center provides outpatient prenatal care through Certified Nurse Midwives (CNM). They accept uninsured patients as well as patients with select Medicaid MCOs and medical assistance; financial counseling and assistance is

		available.
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Community Enrichment

Organization	Contact Info	Resource
The Delaplaine Arts Center	<p>Phone Number: 301-698-0656</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Saturday: 9:00am – 5:00pm; - Sunday: 11:00am - 5:00pm <p>Location: 40 S Carroll St, Frederick, MD 21701</p> <p>https://delaplaine.org/</p>	The Delaplaine Arts Center provides the Frederick region with educational opportunities and experiences in the visual arts through classes, exhibits, and programs. Their classes are geared towards all ages and many are free.

Garrett County

Basic Needs

Organization	Contact Info	Resource
Loch Lynn Church of God	<p>Phone Number: 301-334-3221</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday through Thursday: 9:30am - 5:00pm <p>Location: 8649 Gorman Rd, Oakland, MD 21550</p> <p>https://www.llcog.org/outreach</p> <p>Transportation: no transportation information available</p>	<p>The Loch Lynn Church of God food pantry donates non-perishable food to anyone in the community who is in need.</p> <p>Costs: Free Eligibility: no specific requirements, just being in need of food assistance</p>

<p>House of Hope</p>	<p>Phone Number: 301-334-2357</p> <p>Operating Hours: Not Listed</p> <p>Location: 202 S 4th St, Oakland, MD 21550</p> <p>Transportation: The following transit lines have routes that pass near 4th Street</p> <ul style="list-style-type: none"> - Bus: 18, 51A, O, 62, 88 - Train: CC, Coast Starlight, San Joaquins - Bart: Blue, green, orange, red - Ferry: Oakland Alameda Water Shuttle 	<p>House of Hope operates four free Food Pantries in Hoyes, Grantsville, Deer Park, and Oakland to fight and prevent hunger in Garrett County.</p> <p>Costs: Free.</p> <p>Eligibility: no specific requirements, just being in need of food assistance</p>
<p>Students in Need Group (SING)</p>	<p>Phone Number: 301-387-3749</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: Garrett College (687 Mosser Road McHenry, MD 21541)</p> <p>Transportation: no transportation information available</p>	<p>Garrett College Students Only: A Garrett College volunteer group that provides emergency assistance to all Garrett College students, both on-campus and off-campus, in times of extreme need or extenuating circumstances. Typically consisting of food, winter clothing, and school supplies are available year-round.</p> <p>SING's programs and activities are open to all students, and students don't need to show financial need to participate or receive resources. Some of the programs and activities include: PBandJ Days, School Supply Giveaways, Winter Clothing Drive, Food Pantry, and Cook-offs.</p> <p>Costs: Free</p>

Dove Center	<p>Phone Number: 301-334-9000</p> <p>Operating Hours: 24 hours</p> <p>Location: 882 Memorial Dr, Oakland, MD 21550</p> <p>Transportation: no transportation information available</p>	<p>The Dove Center provides safety, advocacy, and counseling to individuals whose lives have been shattered by domestic violence and/or sexual assault, and strives to expand public awareness of those issues</p> <p>Services include Individual counseling, 24/7 help-line, 24/7 emergency shelter, Periodic support groups, JEWELS group for women experiencing co-occurring trauma and addiction, Advocacy with other systems to assist with housing, financial, employment, day care, legal, medical, and other needs, Accompaniment to legal, medical, and other related appointments, Free 911 cell phones, Temporary Shelter for dogs and cats, and necessary veterinary care through HART for Animals</p> <p>Costs: Free Eligibility: Not specified</p>
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Education

Organization	Contact Info	Resource
Garrett College	<p>Phone Number:</p> <ul style="list-style-type: none"> - Contact Kaitlyn Glotfelty: 301-387-3770 <p>Operating Hours: Class hours vary</p> <p>Location: 4 North 8th Street, Oakland, MD 21550</p>	<p>Garrett College offers free adult basic education courses to prepare students to earn their high school diploma, improve reading and math skills, as well as develop job readiness skills. The program offers flexible options, including supportive teachers,</p>

	<p>https://www.garrettcollege.edu/cewd-adult-education.php</p> <p>Transportation: The following transit lines have routes that pass near 8th Street</p> <ul style="list-style-type: none"> - Bus: 18, 1T, 62, 88, 96 - Train: CC, Coast Starlight, San Joaquins - Bart: Blue, green, orange, red - Ferry: Oakland Alameda water shuttle 	<p>interactive instructional materials, classes, and computer labs. Childcare and family literacy support are also available.</p> <p>Costs: Garrett College provides Adult Basic Education classes FREE OF CHARGE* The cost to take each official GED® Exam is \$11.25 or \$45 for all four tests.</p> <p>Eligibility: Must have high school diploma for the basic education courses.</p> <p>GED Test: Must attend an orientation and assessment session</p>
<p>Learning Beyond the Classroom</p>	<p>Phone Number: 240-321-1834</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:30am-11:00am on weeks of operation (weeks specified on website) <p>https://www.facebook.com/photo/?fbid=995530915704012&set=a.656110589646048</p> <p>Location: Locations vary (mobile organization)</p> <p>Transportation: n/a (mobile organization)</p>	<p>Garrett County Residents Only: Learning Beyond the Classroom is a mobile classroom that will be traveling to 10 locations throughout Garrett County to increase school readiness</p> <p>Services include providing fine arts programs and experiences for the 0-5 year old programs. Provide feeding programs [Food Pantry, Nutritional Education, and distribute toiletries items to families] for children throughout Garrett County to reduce childhood hunger.</p> <p>Costs: Not provided</p> <p>Eligibility- Must be ages 0-5</p>
<p>The Reading Station</p>	<p>Phone Number: 240-650-6671</p>	<p>Garrett County Residents</p>

	<p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 105 South 2nd Street, Oakland, MD 21550</p> <p>Transportation: the following transit lines have routes that pass near 2nd street</p> <ul style="list-style-type: none"> - Bus: 383, 391, 300X 	<p>Only: The Reading Station offers free tutoring in reading, writing, and language skills for children and adults in Garrett County, Maryland</p> <p>Costs: Free.</p>
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Financial Resources

Organization	Contact Info	Resource
<p>Garrett County Department of Health and Human Services – Temporary Cash Assistance Program</p>	<p>Phone Number: 301-533-3000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am – 4:30pm <p>Location: 12578 Garrett Highway Oakland, Maryland 21550</p> <p>Transportation: no transportation information available</p>	<p>Their Temporary Cash Assistance Program promotes individual responsibility and self-sufficiency through employment while providing a time limited cash assistance program for families with minor children. Services available include financial assistance, job readiness training, and employment support.</p> <p>Costs: Free</p> <p>Eligibility: Provides financial assistance to families with children under 18 years of age</p> <ul style="list-style-type: none"> ● Applicants MUST have a face-to-face interview. ● Family must meet income guidelines

		and complete specific requirements before the case can be approved.
Garrett County Chamber of Commerce	<p>Phone Number: 301-387-4386</p> <p>Operating Hours: - Every day: 9:00am - 5:00pm</p> <p>Location: 15 Visitors Center Dr, McHenry, MD 21541</p> <p>Transportation: no transportation information available</p>	<p>Offers grants and loans for small businesses in the area. They also provide resources for entrepreneurs and financial literacy workshops. Services include business development resources, tourism marketing for the Deep Creek Lake area, and networking opportunities. Membership benefits include advertising discounts, directory listings, and access to exclusive events.</p> <p>Costs: Ranges from \$100 to \$775 annually depending on membership tier</p> <p>Eligibility: Businesses, organizations, and individuals in Garrett County or with an interest in the county's economic development can join the chamber. Membership is open to entities outside Garrett County if they are connected to local commerce or tourism interests.</p>
Garrett County Community Action Committee	<p>Phone Number: 301-334-9431</p> <p>Operating Hours: - Monday to Friday: 8:30am - 4:30am</p>	Engages in strategic planning efforts to redefine the role of the community-based organization, assisting people with low income in

	<p>Location: 104 E Center St, Oakland, MD 21550</p> <p>Transportation: no transportation information available</p>	<p>achieving economic and social mobility. Services for financial assistance include rental help, shelter services, and energy bill assistance for low-income households.</p> <p>Eligibility: requires meeting income limits, often based on federal poverty guidelines</p> <p>Costs: Free</p>
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Health

Organization	Contact Info	Resource
<p>Garrett County Health Department: CPEST</p>	<p>Phone Number: 301-334-7770</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am to 5:00pm <p>Location: 1025 Memorial Drive Oakland, MD 21550 and 28 Hershberger Lane Grantsville, MD 21536</p> <p>https://garretthealth.org/wp-content/uploads/2023/01/CPEST-Brochure.pdf</p> <p>Transportation: no transportation information available</p>	<p>Garrett County Health Department offers the Cancer Prevention, Education, Screening and Treatment Program (CPEST) which provides cancer screening for Garrett County residents ages 50-64 who are uninsured or underinsured and meet income guidelines. Breast, cervical, colorectal, prostate, oral, and skin cancer are evaluated by local participating providers</p> <p>Eligibility: To qualify, residents must have a household income at or below 250% of the federal poverty level and be either uninsured or underinsured. The program primarily serves those aged 45 and older, although younger individuals with symptoms or certain risk factors may</p>

		<p>also be eligible.</p> <p>Costs: Varies; CPEST program can cover costs for screening tests, such as colonoscopies, and will assist with copays, coinsurance, and deductibles for insured individuals (or completely free if necessary guidelines are met)</p>
<p>Mountain Laurel Medical Center</p>	<p>Phone Number: 301-533-3300</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 7:00am - 7:00pm - Fridays: 7:00am - 5:00pm <p>Location: 1027 Memorial Drive Oakland, MD 21550</p> <p>Transportation: no transportation information available</p>	<p>They offer primary care, behavioral health and psychiatry, care coordination, diabetes self-management education, lab services, health insurance enrollment, benefits counseling, transportation for healthcare and pharmacy. A sliding fee scale is available for low-income patients and accepts WV Medicaid.</p> <p>Eligibility: Patients with or without insurance are eligible to apply, and proof of income (like paystubs or tax returns) is required. This sliding fee program requires annual reapplication to maintain eligibility</p> <p>Costs: Depends on income level and household size due to their sliding fee discount program</p>
<p>Mountain Haven Wellness and Recovery Center</p>	<p>Phone Number: 301-334-1314</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 4:00pm 	<p>Mountain Haven is a recovery and wellness center for those with mental health issues. The program supports the wellness and</p>

	<p>Location: 535 Main Street, Oakland MD 21550</p> <p>Transportation: no transportation information available</p>	<p>rehabilitation efforts of individuals who utilize the center's services by providing daily snacks, groups, activities, and workshops.</p> <p>Costs: Free</p> <p>Eligibility: No eligibility requirements</p>
Garrett County Lighthouse	<p>Phone Number: 301-334-9126</p> <p>Operating Hours: - 24 hrs</p> <p>Location: 20 E Oak St, Oakland, MD 21550</p> <p>Transportation: no transportation information available</p>	<p>Nonprofit behavioral health organization that offers adults with severe and chronic mental illness respite care, residential crisis services, psychiatric rehabilitation services, and residential rehabilitation programs.</p> <p>Costs: Free</p> <p>Eligibility: Varies depending on program, but in general must have a referral completed by a licensed professional, Priority Population Diagnosis, as mandated by the State of Maryland, Garrett County/Maryland resident, and involvement with outpatient mental health treatment services via a therapist and/or psychiatrist</p>

Community Enrichment

Organization	Contact Info	Resource
Ruth Enlow Library of	Phone Number: 301-334-3996	The Ruth Enlow Library of

<p>Garrett County</p>	<p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday and Wednesday: 9:15am - 8:00pm - Tuesday, Thursday, and Friday: 9:15am - 5:30pm - Saturday: 9:00am - 4:00pm <p>Location: 6 North Second Street Oakland, MD 21550</p> <p>Transportation: no transportation information available</p>	<p>Garrett County serves this rural community with print, non-print, and electronic resources designed to meet a variety of informational needs. In all five branches of the library system, patrons will find helpful staff and access to a wide array of books and information.</p> <p>Costs: Free</p> <p>Eligibility: no eligibility requirements</p>
<p>Oakland Community Center</p>	<p>Phone Number: 301-334-2691</p> <p>Operating Hours: Not Listed</p> <p>Location: 14 N 8th St, Oakland, MD 21550</p> <p>Transportation: The following transit lines have routes that pass near 8th Street</p> <ul style="list-style-type: none"> - Bus: 18, 1T, 62, 88, 96 - Train: CC, Coast Starlight, San Joaquins - Bart: Blue, green, orange, red - Ferry: Oakland Alameda water shuttle 	<p>The Oakland Community Center is available to rent for a variety of purposes and occasions. The center offers a small kitchen space, a conference room equipped with a big screen TV and a newly remodeled gym with new flooring and basketball hoops. They also rent tables, chairs, a floor covering and a stage</p> <p>Costs: monthly gym walking passes for \$2.00/month. Others spaces rent costs vary depending on services (can rent for 30-min increments)</p> <p>Eligibility: no eligibility requirements</p>

Harford County

Basic Needs

Organization	Contact Info	Resource
Harford Community Action Agency	<p>Phone Number: 410-612-9899</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday, Thursday, and Friday: 9:00am - 11:45am and 1:00pm - 4:00pm <p>Location: 1321-B Woodbridge Station Way, Edgewood, MD 21040</p> <p>https://harfordcaa.org/programs/hunger-prevention/food-pantry/</p>	<p>The Community Action Food Pantry and Food Bank is an emergency and / or supplemental food source that is available once every 30 days to eligible clients in need of nourishment.</p> <p>Families receive enough wholesome fresh / canned fruits, vegetables, meats, milk products, and/or breads and pastries for 3-4 days, based on household size.</p>
Fresh Start Furnishings	<p>Phone Number: 443-519-2464</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Wednesday: 10:00am - 2:00pm - Friday 3:00pm - 6:00pm <p>Location: 1050 Hardees Dr Unit B, Aberdeen, MD 21001</p> <p>https://www.freshstartmd.org/about-us</p>	<p>Fresh Start Furnishings provides furniture and home goods to families and individuals that financially qualify for our program. Their current focus area is Harford County, Maryland but are happy to give referrals to resources in other counties when possible.</p>
Bel Air United Methodist Church	<p>Phone Number: 410-838-9898</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Thursdays: 10:00am - 1:00pm; - 3rd Saturday of the Month: 9:00am - 11:00am <p>Location: 2106 Churchville Rd, Bel Air, MD 21015</p>	<p>Bel Air United Methodist Church provide clothing and shoes for men, women, and children</p>

	https://belairumc.org/church-ministries/our-missions/local-community/	
Trinity Evangelical Lutheran Church: Food Ministry	<p>Phone Number: 410-679-4000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesdays: 6:00pm - 7:30pm; - Thursdays: 3:30pm - 5:00pm - Saturdays: 10:00am - 12:00pm <p>Location: 1100 Philadelphia Road, Joppa, Maryland 21085</p> <p>https://www.trinityjoppa.org/foodministry</p>	The Trinity Food Ministry provides free supplemental groceries for those in need. The food is collected by the congregation and distributed by volunteers at the church's Food Pantry Building year round.

Education

Organization	Contact Info	Resource
LASOS (Linking All So Others Succeed) Inc	<p>Phone Number: 410-836-0333</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 1:00pm <p>Location: 33 W Courtland St, Bel Air, MD 21014</p> <p>https://www.lasos.org/</p>	Literacy programs at LASOS are work and life skills based. Students are provided the opportunities to increase their abilities so that they may have the skills needed to obtain better economic stability for their families.
Extreme Family Outreach: School Supply Drive	<p>Phone Number: 410-676-1212</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday to Thursday: 10:00am - 5:00pm <p>Location: 1906 A Pulaski Hwy, Edgewood, MD 21040</p>	Extreme Family Outreach conducts Community Impact Programs in underserved areas. Their Backpack For Success Event is Saturday, August 26th, 11:00 am – 1:00 pm where they distribute backpacks filled with school supplies

Financial Resources

Organization	Contact Info	Resource
Tabitha's House	<p>Phone Number: 410-877-9730</p> <p>Operating Hours: Not listed, hours vary</p> <ul style="list-style-type: none"> - Tuesday to Friday and the first Saturday of the month <p>Location: 112-D Connolly Road, Fallston, Maryland 21047</p> <p>https://tabithashouse.wordpress.com/serving-families/</p>	<p>Tabitha's House goal is to provide temporary relief and to help clients focus on long term solutions to their financial problems that will eventually lead them to self-sufficiency. Clients must schedule an appointment</p>
Bel Air United Methodist Church: Pass it On Ministry	<p>Phone Number: 410-838-0235</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Mondays: 9:00am - 12:00pm. <p>Location: 21 Linwood Avenue Bel Air, MD 21014</p>	<p>The Bel Air United Methodist Church co-operates with the Harford County Community Action Agency, Harford County Department of Social Service, other county agencies and other local churches to provide financial assistance to residents of Harford County for utility turn-offs, eviction notices and security deposits.</p>

Health

Organization	Contact Info	Resource
Alpha's Glory Pregnancy Resource Center	<p>Phone Number: 410- 272-4711</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00am - 3:00pm; - Friday is by appointment only 	<p>Alpha's Glory is staffed by trained volunteers and is supported by donations from individuals, churches and organizations. They accept clients by appointment or walk-in. All the services are</p>

	<p>Location: 219 W Bel Air Ave, 1st floor, Suite #2, Aberdeen, MD 21001</p> <p>https://www.alphasglory.org/free-services</p>	<p>free and confidential. Clients can expect privacy, attention, information and options. Our services are designed to help families before, during and after the birth of their children. We do, however, have programs available to help women who have experienced pregnancy loss due to miscarriage or abortion.</p>
<p>Beacon Health Center</p>	<p>Phone Number: 410-378-9696</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Wednesday: 7:30am - 4:30pm - Thursdays: 7:30am - 7pm - Fridays and Saturdays: 7:30am - 2:00pm <p>Location: 253 Lewis Lane Suite #202, Havre de Grace, MD 21078</p>	<p>As a Federally Qualified Health Center, Beacon Health Center provides the surrounding communities with affordable and quality healthcare within reach. They currently serve you with full family medicine, behavioral health, outreach and enrollment, dental and gynecology services.</p>
<p>Harford County Health Department</p>	<p>Phone Number: 410-612-1779</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:30pm <p>Location: 1321 Woodbridge Station Way, Edgewood, MD 410-612-1779</p>	<p>The Harford County Health Department provides Behavioral Health/Addiction Services, Cancer Prevention Services, Family Planning, HIV/AIDS Services, Immunizations, STD Testing, Tobacco Cessation, Women’s Wellness, Vital Records, and WIC-Women, Infants and Children</p>

Community Enrichment

Organization	Contact Info	Resource
Zumba at the Bel Air Armory	<p>Phone Number: 443- 876-8976</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Tuesday, and Thursday: 7:00pm <p>Location: 41 North Main Street, Bel Air</p>	Zumba classes are open to the public and do not require any membership or advanced registration. Butts and Guts and Zumba Toning also offered. \$7 per class and the first class is always free.
Bel Air Downtown Alliance’s Summer Movies Nights	<p>Phone Number: 443-823-1797</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Every Third Friday of the month, starting 6/21/2024: 7:15pm - 9:30pm <p>Location: 39 N Hickory Ave, Bel Air, MD 21014</p>	Free family-friendly movie showings in Shamrock Park

Howard County

Basic Needs

Organization	Contact Info	Resource
Bridges to Housing Stability	<p>Phone Number: 410-312-5760</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 5:00pm <p>Location: 9520 Berger Road, Suite 311 Columbia, MD 21046</p> <p>Transportation: The following transit lines have routes that pass near Columbia Gateway Drive, Columbia, Md (Berger Rd is just outside of Columbia gateway dr):</p>	<p>Provides affordable rental housing to low-income households and assist homeless and at-risk households to obtain and maintain housing</p> <p>Costs: Free</p> <p>Eligibility:</p> <p>Household income between 30% to 60% of Howard</p>

	<p>- Bus: 408, 501, 320, 345, 407</p> <p>Bridges2hs.org</p>	<p>County median.</p> <p>Participation in a housing stability plan and ongoing case management.</p> <p>Review of criminal, credit, and rental histories.</p> <p>The remaining requirements vary based on the specific program (Bridges Alliance, Housing Connections, or Housing Stability Program).</p>
<p>The Salvation Army, Howard County</p>	<p>Phone Number: 443-656-3376</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday and Thursday: 10:00am-1:00pm <p>Location: 3267 Pine Orchard Lane. Ellicott City, MD</p> <p>Transportation: The following transit lines have routes that pass near salvation army</p> <ul style="list-style-type: none"> - Bus: 405 <p>The closest stations to Salvation Army are: Baltimore National Pike / Bethany Ln is 3653 yards away, 43 min walk.</p> <p>https://www.salvationarmy.org/</p>	<p>Provides family counseling and casework services, emergency financial assistance, clothing assistance, food and nutrition programs and seasonal services.</p> <p>Costs: Free</p> <p>Eligibility: demonstrate financial need</p>
<p>Success In Style</p>	<p>Phone Number: 301-498-5035.</p> <p>Location: Savage Mill, 8600, Foundry Street, Savage, MD.</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesdays: 12:30pm - 2:00pm - Wednesdays: 11:00am - 4:00pm. 	<p>Provides business wardrobes and coaching at no cost to disadvantaged men and women seeking employment (A referral is needed).</p> <p>Costs: Free</p> <p>Eligibility: must provide</p>

	<p>Transportation: the following transit lines have routes that pass near savage mill trail</p> <ul style="list-style-type: none"> - Bus: 409, 502, 503 - Train: MARC 	<p>referral from case manager</p>
<p>HopeWorks of Howard County</p>	<p>Phone Number: 410-997-2272</p> <ul style="list-style-type: none"> - 1-800-752-0191 (For 24 hour service). <p>Operating Hours: 24 hours HopeWorks Main Office</p> <ul style="list-style-type: none"> - Monday to Friday, 9:00am - 5:00pm <p>Location: 9770 Patuxent Woods Drive, Suite 300, Columbia, MD.</p> <p>Transportation: The following transit lines have routes that pass near Broken Land Pkwy / Patuxent Woods Dr</p> <ul style="list-style-type: none"> - Bus: 501, 503, 305, 315, 335 <p>https://hopeworksofhc.org/</p>	<p>Provides support and advocacy to survivors of sexual, dating and domestic violence, and aims to be the catalyst in the community to change the cultural norms that allow sexual and domestic violence to happen. Safe Shelter and Transitional Housing – 45-day crisis shelter for victims of sexual assault or domestic violence and their children. Transitional housing for up to six months; individual case management; Services to adult and child victims of domestic violence, emergency shelter.</p> <p>Costs: Free</p> <p>Eligibility: no eligibility requirements</p>
<p>Grassroots Crisis Intervention</p>	<p>Phone Number: 410-531-6677</p> <p>Operating Hours: 24 hours</p> <p>Location: 8990 Old Annapolis Rd Suite A, Columbia, MD 21045</p> <p>Transportation: The following transit lines have routes that pass near Old Annapolis Rd / Bendix Rd</p> <ul style="list-style-type: none"> - Bus: 403 	<p>Provides different types of shelter programs.</p> <p>Shelter Programs: Family Shelter Program Motel Shelter Randy Sands Men’s Shelter Cold Weather Shelter Day Resource Center</p> <p>Costs: Free</p>

		Eligibility: no specific eligibility requirements
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Education

Organization	Contact Info	Resource
Howard Community College	<p>English Language Center (ESOL)</p> <p>Phone Number:</p> <ul style="list-style-type: none"> - 443-518-1000 - 443-518-1680 <p>Operating Hours: Varies per Semester</p> <p>Workforce, Career and Community Education</p> <p>Phone Number: 443-518-1700</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:30am - 5:00pm <p>Location: 10901 Little Patuxent Parkway Columbia, MD 21044</p> <p>Transportation: The following transit lines have routes that pass near 10300 Little Patuxent Parkway</p> <ul style="list-style-type: none"> - Bus: 408, 501, 505, 401, 402 	<p>Services Offered: Classes in reading, writing, math, English for Speakers Of Other Languages (ESOL), GED® Preparation, and National External Diploma Program (NEDP)</p> <p>Costs: Tuition costs typically range from \$110 to \$350 depending on the specific course and its duration.</p> <p>Eligibility: Open to all students, including non-residents. Some programs, like the NEDP, may have additional requirements such as a minimum age (usually 18) and a demonstration of basic skills. Placement testing is required for the ESOL and GED programs to assess the appropriate level for students</p>
Howard County Library System Project Literacy	<p>Phone Number: 410-313-7800</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 10:00am - 	<p>Services Offered: Classes and individual tutoring in reading, writing, math, English for Speakers of</p>

	<p>9:00pm, - Friday and Saturday: 10:00am - 6:00pm - Sunday: 1:00pm - 5:00pm</p> <p>Location: Howard County Public Library (Central Branch), 10375 Little Patuxent Pkwy, Columbia, MD 21044</p> <p>Transportation: The following transit lines have routes that pass near 10300 Little Patuxent Parkway - Bus: 408, 501, 505, 401, 402</p>	<p>Other Languages (ESOL), and National External Diploma Program® (NEDP).</p> <p>Costs: Free</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • 16 years or older • Not enrolled in a school • Didn't finish high school • Live or work in Howard County
<p>Prepare for Success</p>	<p>Phone Number: 443-535-1625</p> <p>Operating Hours: - Monday to Friday: 8:30am - 12:00pm and 1:00pm - 4:00pm</p> <p>Location: 7230 Single Wheel Path, Columbia, MD.</p> <p>Transportation: No transportation information available</p>	<p>Provides Howard County students from low income families with a backpack and school supplies.</p> <p>Costs: Free</p> <p>Eligibility: no specific eligibility requirements</p>
<p>HCPSS Judy Center Partnership at Cradlerock</p>	<p>Phone Number: 410-313-8224</p> <p>Operating Hours: Varies by program</p> <p>Location: 6700 Cradlerock Way, Columbia, MD.</p> <p>For more information, visit https://judycenter.hcpss.org/</p> <p>Transportation: The following transit lines have routes that pass near Cradlerock Way / East Columbia Library (Westbound) - Bus: 501, 503, 305, 315, 407</p>	<p>Promotes school readiness by providing information and referral for comprehensive early childhood services to children and parenting support to parents. Services include developmental playgroups for children ages 0-4, emphasizing caregiver involvement and aligned with Maryland Early Learning Standards. They also host drop-in sessions,</p>

		<p>special educational programs, and family engagement events throughout the year.</p> <p>Costs: Free</p> <p>Eligibility: Must be 0-5 years old and live in the Cradlerock Elementary School attendance area</p>
<p>Maryland Educational Opportunity Center</p>	<p>Phone Number: 410-728-3400 Ext. 27</p> <p>Operating Hours: Varies by program</p> <p>Location: 2305 N. Charles Street, Suite 101, Baltimore, MD.</p> <p>Visit http://www.meoconline.com for more information</p> <p>Transportation: The following transit lines have routes that pass near North Charles Street</p> <ul style="list-style-type: none"> - Bus: 22, 51, Citylink Silver, 95, Purple Route - Train: Northeast Regional, Marc, Acela, Cardinal, Carolinian - Metro 	<p>Services: Guidance to help select right college and program, help developing Individual Education plan, college admissions, financial aid, and scholarship information, help completing admissions and financial aid applications, career information, workshops, practice tests, referrals, online tutoring.</p> <p>Costs: Free</p> <p>Eligibility: (not required but priority)</p> <p>-Maryland residents 19 years of age or older. High School Seniors.</p> <p>-Individuals interested in pursuing education beyond high school levels.</p> <p>-Individuals interested in pursuing GED.</p>

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Financial Resources

Organization	Contact Info	Resource
<p>JustLiving Advocacy</p>	<p>Phone Number: 410-972-8377 (by appointment)</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:30am - 4:00pm <p>Location: 9770 Patuxent Woods Dr. Ste. 319, Columbia, MD.</p> <p>Visit https://www.justlivingadvocacy.org/ for more information.</p> <p>Transportation: The following transit lines have routes that pass near Broken Land Pkwy / Patuxent Woods Dr</p> <ul style="list-style-type: none"> - Bus: 501, 503, 305, 315, 335 	<p>Assists and advocates to ensure that income sustaining opportunities does not fall through. In partnership with licensed child/daycare providers, scholarships and/or waivers may be provided to bridge an applicant to work, from the unemployed-to-employed ranks. Provides State Childcare Subsidy Application Assistance.</p> <p>Costs: Free</p> <p>Eligibility: Must be a woman who leads a single parent households</p>
<p>Jewish Federation of Howard County</p>	<p>Phone Number: 410-730-4976.</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 9:00am-5:00pm - Friday: 9:00am-3:00pm <p>Location: 10630 Little Patuxent Pkwy STE 400, Columbia, MD 21044</p> <p>Transportation: The following transit lines have routes that pass near 10300 Little Patuxent Parkway</p> <ul style="list-style-type: none"> - Bus: 408, 501, 505, 401, 402 	<p>As a last resort, the center offers Financial assistance for bills and living needs. This is offered from the Emergency Network to those associated with the Howard County Jewish community. Another program provides scholarships for people to attend religious schools. Or apply for free grant money, cars for the low-income, as well as Meals on Wheels in Howard County as well as</p>

		<p>Columbia MD</p> <p>Costs: Free</p> <p>Eligibility: No specific eligibility requirements</p>
<p>St. Vincent de Paul (Church of the Resurrection)</p>	<p>Phone Number: 410-645-4018</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday and Friday: 10:00am - 12:00pm, - Wednesday: 2:00pm - 4:00pm, - Second Thursday of the month from 5:00pm - 6:30pm <p>Location: 3175 Paulskirk Road Ellicott City, MD 21042</p> <p>Transportation: No transportation information available</p>	<p>Administers many social services and financial aid programs for the poor, unemployed or low income. Utility assistance may be offered as long as the MEAP and Fuel Fund can't meet your needs. . Also get referrals and services such as job search assistance.</p> <p>Costs: Free</p> <p>Eligibility: no specific eligibility requirements</p>

Health

Organization	Contact Info	Resource
<p>Chase Brexton Health Center- Columbia Center</p>	<p>Phone Number: 410 - 837-2050</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 8:00am - 7:00pm - Friday: 8:00am - 5:00pm <p>Location: 5500 Knoll N Dr #370, Columbia, MD 21045</p> <p>Transportation: The following transit lines have routes that pass near Knoll Dr / Columbia Medical Plan</p> <ul style="list-style-type: none"> - Bus: 402, 407, 305 	<p>Low Cost Health Care Resource. Services include primary care, behavioral health, pediatrics, dental care, and pharmacy services</p> <p>Costs: Varies depending on financial circumstances because they operate on a sliding fee scale based on household income, which means that costs</p>

		Eligibility: Patients must provide proof of income and complete a sliding fee scale application.
Howard County Health Department	<p>Phone Number: 410-313-7500</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 8930 Stanford Blvd Columbia, MD 21045</p> <p>https://www.howardcountymd.gov/health/health-services</p> <p>Transportation: The following transit lines have routes that pass near Stanford Blvd / Stanford Boulevard Cir (Westbound)</p> <ul style="list-style-type: none"> - Bus: 501, 408, 402, 320, 345 	<p>Howard County Health Department provides Reproductive Health Services to Howard County residents. Services include immunizations, family planning, nutrition, sexual health, substance use disorder support, and maternal and child health services.</p> <p>Costs: Free or discounted costs depending on financial need</p> <p>Eligibility: Most services deny eligibility requirements</p>
J and A Positive Image	<p>Phone number: 410-796-2039</p> <p>Operating Hours: 24 hours emergency services</p> <p>Location: 9650 Santiago Road, Suite 11 Columbia, MD 21045</p> <p>Transportation: No transportation information available</p>	<p>Direct care mental health and substance abuse services.</p> <p>Who we are J and A Positive Image is a licensed community based mental health psychiatric home-based rehabilitation program servicing adults and children in the Howard County, PG County, Montgomery, parts of AA county and Baltimore County areas.</p> <p>Costs: No specific costs</p>

		<p>Eligibility: primarily requires clients to have Medicaid insurance, as the program is designed to assist low-income families facing mental health challenges.</p>
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Community Enrichment

Organization	Contact Info	Resource
<p>Family Support Center</p>	<p>Phone Number: 410 - 313-7161</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 9790 Patuxent Woods Drive, Columbia MD 21046</p> <p>Transportation: The following transit lines have routes that pass near Broken Land Pkwy / Patuxent Woods Dr</p> <ul style="list-style-type: none"> - Bus: 501, 503, 305, 315, 335 <p>https://www.howardcountymd.gov/children-families/family-support-center</p>	<p>The Family Support Center (FSC) offers free, comprehensive, family centered, community-based preventive programs for parents, caregivers, and their children ages birth to five. These services include parenting support, job readiness training, and resources for early childhood development, all aimed at promoting healthy growth and family well-being.</p> <p>Cost: Free</p> <p>Eligibility: open to all families with young children</p>
<p>Feet First Sports</p>	<p>Phone Number: (410) 730-0638</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:30am - 4:30pm <p>Location: 11735 Homewood Rd,</p>	<p>Feet First Sports is one of Maryland's longest standing running specialty stores. They host weekly group runs and partner with local businesses and experts to host monthly fun,</p>

	<p>Ellicott City, MD 21042</p> <p>Transportation: no transportation information available</p> <p>https://www.feetfirstsports.net/</p>	<p>educational events</p> <p>Costs: Community events are free</p> <p>Eligibility: no eligibility requirements</p>
<p>The Arc Howard County</p>	<p>Phone Number: (410) 730-0638</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:30am - 4:30pm <p>Location: 11735 Homewood Rd, Ellicott City, MD 21042</p> <p>Transportation: no transportation information available</p> <p>https://archoward.org/community-development-services/</p>	<p>A variety of skills training takes place, including:</p> <p>Travel Training – CDS focuses on how to use transportation options safely and responsibly. They provide training to find independent means to get to and from places in the community.</p> <p>Skills for Independence – CDS helps people gain employment skills, such as time management and helpful strategies for completing work.</p> <p>Safety Skills – They explore safety skills that help people navigate safely through their community.</p> <p>Costs: Free</p> <p>Eligibility: no eligibility requirements</p>
<p>Community Foundation of Howard County</p>	<p>Phone Number: (410) 730-7840</p> <p>Operating Hours: Not shown</p> <p>Location: The Apple Ford Center at Athol Manor 6680 Martin Road, Columbia, MD 21044</p>	<p>The Community Foundation of Howard County nonprofit public charity with the goal of improving the quality of life in Howard County, primarily through endowment building and</p>

	<p>Transportation: No transportation information available</p>	<p>coordinated grant-making services. Services include grants, scholarships, and community initiatives focused on education, health, and housing.</p> <p>Costs: Free</p> <p>Eligibility: Varies based on specific programs, often requiring a demonstration of need or alignment with the foundation's goals.</p>
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Kent County

Basic Needs

Organization	Contact Info	Resource
<p>Feed The Elderly Initiative</p>	<p>Phone Number: 443-988-2467</p> <p>Contact Email: maryelizabethjordan324@gmail.com</p> <p>Website https://www.kentcounty.com/personal-services/food-and-nutrition-assistance/feed-the-elderly-initiative</p> <p>Location: 9155 American legion Road, Chestertown MD 21620</p> <p>Operating Hours: Wed-Thurs: 8am-10pm</p>	<p>The Feed the Elderly Initiative is a mutual aid effort to feed Kent County residents in need. You have to be a Kent County resident. It was started by the Social Action Committee for Racial Justice in March 2020 and now operates under Minary's Dream Alliance. This is a service provider and financial information is told in a phone call/contact Mary Jordan.</p>

	<p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Rose’s Store, Kingstown Apartments, Southern States - Metro: Owings Mills Metro Centre, Largo Town Center Metro Station, WMATA 	
<p>Kent County Community Food Pantry</p>	<p>Phone Number: 410-778-0550</p> <ul style="list-style-type: none"> - Email: foodpantry@atlanticbb.net <p>Operating Hours:</p> <ul style="list-style-type: none"> - Mon, Wed, Fri-Sun: Closed - Tue, Thurs: 10:00am-12pm <p>Website Address: https://kentfoodpantry.org/</p> <p>Location: 401 High Street, Chestertown 21620, Maryland, Kent County</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: 4 - Delmarva Community Transit 	<p>The Kent County Food Pantry provides supplemental food to persons with limited incomes. The Pantry’s goal is to ensure that all qualified clients in Kent County receive sufficient food to meet their basic nutritional needs. No one who needs food is turned away.</p> <p>When you come to The Food Pantry, you will meet our Program Director Deeann Jones. You will receive approximately 60 to 80 pounds or more of food depending on your family size. People have the opportunity to choose the foods they want for themselves and their family. The Pantry provides fresh meat and fish, butter and cheese, eggs, fresh produce and non-perishable food. Some toiletries are also available. Seasonal clothing including warm coats, hats and scarves are available.</p> <p>Please also bring bags or boxes to carry your food. They serve residents of all ages living in Kent County, people with disabilities, low income elderly, children in low-income households, families with</p>

		part-time or low paying jobs, unemployed men and women.
Adventist Community Food Pantry	<p>Phone Number: 410-778-4333</p> <p>Contact Email: Chestertown7day@gmail.com</p> <p>Website Address: https://chestertownmd.adventistchurch.org/ministries</p> <p>Location: 305 North Kent Street, Chestertown 21620, Maryland, Kent County</p> <p>Operating Hours: Tue: 10am-12pm Wed-Sun, Mon: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Delmarva Community Transit 	<p>The Seventh-day Adventist Church is a mainstream Protestant church with approximately 19 million members worldwide, including more than one million members in North America. The Seventh-day Adventist Church seeks to enhance quality of life for people everywhere and to let people know that Jesus is coming again soon. You must be a Maryland resident in need of assistance, there is no registration, the pantry is a nonprofit organization that relies on donations and grants from the community and partners with the Maryland Food Bank to provide food.</p>
Millington-Crumpton Food Pantry of Asbury UMC	<p>Phone Number: 443-480-005</p> <p>Contact Email: info@millingtoncrumptonfoodpantry.org</p> <p>Website Address: https://www.millingtoncrumptonfoodpantry.org/</p> <p>Location: 392 Cypress Street, Millington 21651, Maryland, Kent County</p> <p>Operating Hours: Mon: 9am-12pm Tue-Sun: Closed Open on the second Monday of each month from 6 p.m. to 7 p.m.</p>	<p>The Millington-Crumpton Food Pantry is an outreach ministry of the Millington-Crumpton Charge, comprising Asbury UMC, Crumpton UMC, and Double Creek UMC.</p> <p>The food pantry is open every Monday from 9-12, except when major holidays fall on that Monday, and is a TEFAP pantry which means clients must provide a photo ID and proof of assistance, i.e., SNAP, medical assistance, fuel assistance, etc.. Emergency food is available for those who just need a little help and don't qualify for the regular pantry.</p>

	<p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Rhode's Store NB, Rhode's Store SB, Kingstown Apartments (All Delmarva Community Transit) 	<p>They serve clients in upper Kent and Queen Anne's counties, and lower Cecil County. (This is all the information the website offers)</p>
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Education

Organization	Contact Info	Resource
<p>Kent Center, Inc.</p>	<p>Phone Number: 410-778-7303</p> <p>Contact Email: info@kentcenter.org</p> <p>Website Address: https://www.kentcenter.org/</p> <p>Location: 215 Scheeler Rd, Chestertown, MD 21620</p> <p>Operating Hours: Mon-Fri: 8:30am-4pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Rose's Story, Dollar General, Kent County Library (Delmarva Community Transit) 	<p>Kent Center is the only Developmental Disability Administration provider with headquarters located in Kent County, Maryland. We strive to provide excellent support in Kent, Queen Anne's, Cecil and Caroline Counties through Meaningful Day, Residential, Respite and Employment Services for people with developmental disabilities. With the support of our exceptional staff each person has an individualized plan that focuses on enriching activities, skill acquisition and full community integration. Skills are developed as groups participate in fully accessible activities and events. A mosaic of opportunities are offered on-site by Kent Center, as well as community hosted activities. Almost all direct support for people with developmental disabilities is provided at no cost to them or their families. To apply, submit an application. Most adults served by Kent Center</p>

		<p>qualify for funding through the Maryland Developmental Disabilities Administration.</p>
<p>Horizons Kent and Queen Anne's</p>	<p>Phone Number: 410-778-9903</p> <p>Contact Email: Events@horizonskqa.org</p> <p>Website Address: https://horizonskentqueenannes.org/</p> <p>Location: 116 B. S. Lynchburg Street, Chestertown, MD 21620, US</p> <p>Operating Hours: Mon-Fri: 9am-5pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Rose's Story, Dollar General, Kent County Library (Delmarva Community Transit) 	<p>For six weeks in the summer, Horizons students, who experience inequities in their education, are inspired by skilled professionals in small group settings that are academically and culturally diverse. After a healthy breakfast each day, children focus on targeted reading and mathematics lessons. The curriculum is student-centered and hands-on to maximize student engagement and retention. Our teachers tailor their instruction to address individual challenges, so the children can return to their classrooms in the fall ready for success. Afternoons are filled with water safety instruction, various on-campus enrichment activities, and field trips that teach students about their communities and the world.</p> <p>Horizons of Kent and Queen Anne's offers a tuition-free, academic and enrichment program located on the campuses of The Gunston School in Centreville and Kent School in Chestertown. Students must qualify for the Free and Reduced Meals Program to enroll. Horizons provides high-quality learning and enrichment experiences outside of the traditional school year that supports academic achievement and</p>

		healthy youth development.
Big Brothers Big Sisters Of The Eastern Shore	<p>Phone Number: 410-543-2447</p> <p>Contact Email: info@shorebiglittle.org</p> <p>Website Address: https://shorebiglittle.org/</p> <p>Location: 200 W Main St #3, Salisbury, MD 21801</p> <p>Operating Hours: Mon-Fri: 10am-6pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Calvert Street, Sav-A-Lot, Taylor St. and Alabama Ave. (Shore Transit) 	<p>Big Brothers Big Sisters has been a charitable organization that makes a huge impact on children everywhere – by matching children in need, “Littles”, with caring adult volunteer mentors, “Bigs”. The children enrolled in their youth mentoring program consistently overcome adversity and beat the odds thanks to the support of their mentors and their team of highly trained program specialists.</p> <p>Their services are free of charge to enrolled children and families.</p> <p>Their agency provides services to the following areas of Maryland (MD): Caroline County, Cecil County, Dorchester County, Kent County, Queen Anne’s County, Somerset County, Talbot County, Wicomico County and Worcester County.</p>

Financial Resources

Organization	Contact Info	Resource
Rebuilding Together Kent County	<p>Phone Number: 410-778-4544</p> <p>Contact Email: info@rtkc.org</p> <p>Website Address:</p>	Rebuilding Together Kent County offers critical home repairs and services to preserve

	<p>https://www.rebuildingtogetherkcmd.org/</p> <p>Location: 903 Washington Ave Suite 2, Chestertown, MD 21620</p> <p>Operating Hours: Mon-Fri: 8:30am-4:30pm</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Rose’s Story, Dollar General, Kent County Library (Delmarva Community Transit) 	<p>affordable housing - all at no cost to our income-eligible neighbors! We work to help seniors, veterans, those living with disabilities, and families remain in homes that are safe, warm and dry.</p> <p>Our committee selects projects based on funding availability so an application does not guarantee service. To be eligible for our services you must live in Kent County, MD, own your home, and meet the federal income requirements for our area</p>
<p>Good Neighbor Fund</p>	<p>Phone Number: 410-810-7600 press 0</p> <p>Contact Email: chestervalleyministersassoc@gmail.com</p> <p>Website Address: https://chestervalleyministers.org/good-neighbor-fund</p> <p>Location: 105 North Mill Street, Chestertown 21620, Maryland, Kent County</p> <p>Operating Hours: Tue: 10am-12pm</p>	<p>Good Neighbor Fund helps residents with one-time emergency financial needs. This can include prescriptions, owed utilities or rent, or a few motel nights. The Department of Social Services does an initial screening and</p>

	<p>Closed all other days</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) - Metro: 105 N Mill St. 	<p>volunteers meet with clients at the First United Methodist Church in Chestertown. The client is eligible for a grant only ONCE in a 12-month period. If the grant does not cover the entire expense, the client must provide additional resources personally or from other resources to completely meet the expense. Donations are welcomed and can be made payable to the Good Neighbor Fund. These things cover Utility bills, medical bills, prescription and pharmaceutical bills, emergency housing, eviction avoidance, transportation, funeral expenses, short term child care.</p> <p>Clients first go to the Kent County Department of Social Services</p>
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		<p>(DSS) for evaluation and screening. If DSS cannot help, they are referred to us.</p> <p>Clients are interviewed in person by representatives from the Good Neighbor Fund, the Salvation Army, and the Samaritan Group.</p>
<p>United Way of Kent County</p>	<p>Phone Number: 410-778-3195</p> <p>Contact Email: help@unitedwayofkentcounty.org</p> <p>Website Address: https://unitedwayofkentcounty.org/</p> <p>Location: PO. Box 594, 114 South Lynchburg, Suite B, Chestertown, Maryland 21620</p> <p>Operating Hours: Mon, Tues, Thurs, Fri: 9am-5pm Wed, Sat, Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) 	<p>This organization improves the Health, Education and Financial stability of individuals and families in Kent County. They award \$80,000+ to Area Nonprofits, kicking off the next fundraising campaign. To unite community resources to reduce poverty in Kent County, our staff, volunteers, donors, and Member Agencies are committed to creating lasting, sustainable changes that transform lives and build a</p>

		<p>thriving community for us all.</p> <p>United Way of Kent County is committed to diversity and inclusion in hiring, Board development and allocating funds. United Way of Kent County is committed to serving all portions of the population in Kent County. Likewise, the Board is committed to promoting demographic diversity within itself, and makes every effort to seek equal representation from each area of the county, ethnic group, age group, sex, religion, economic level, and any other relevant demographic.</p>
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Health

Organization	Contact Info	Resource
Kent County Health	Phone Number:	The Kent County Health

<p>Department</p>	<p>410-778-1350</p> <p>Contact Email: Lists different emails to contact - https://kenthd.org/contact-us/</p> <p>Website Address: https://kenthd.org/</p> <p>Location: 125 S Lynchburg St, Chestertown, MD 21620</p> <p>Operating Hours: Mon-Fri: 8am-4:30pm</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) 	<p>Department continually assesses the health of the community and ensures that certain services are available. No one will be denied access to services due to inability to pay; and there is a discounted/sliding fee schedule available based on family size and income. They have various links on their website for the Kent County Health Department and Behavioral Health resources.</p>
<p>Community Behavioral Health Kent County</p>	<p>Phone Number: 844-244-5264 ext 1</p> <p>Contact Email: (Contact form on website) https://www.communitybehavioralhealth.net/contact</p> <p>Website Address: https://www.communitybehavioralhealth.net/</p> <p>Location: 400 South Cross Street Suite 1, Chestertown 21620, Maryland, Kent County</p> <p>Operating Hours: Mon, Tue, Thurs: 9am-5pm Wed: 5am-5pm</p>	<p>Community Behavioral Health is an Outpatient Mental Health Clinic offering comprehensive services to children, adolescents and adults. They offer Outpatient Therapy. Medication Management, Substance Abuse Mental Health, Psychiatric Rehabilitation Program. They have offices located in Chestertown, Salisbury, Cambridge, Princess Anne and Columbia. No one will be denied access to services due to inability to pay; and there is a discounted/sliding fee schedule available based on family size and income.</p>

	<p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - The Internet just says to use the Kent County Schedule and Delmarva Community Transit. 	
Kent County Behavioral Health	<p>Phone Number: 410-778-6404</p> <p>Contact Email: (Many emails on this website) https://kenthd.org/contact-us/</p> <p>Website Address: https://kenthd.org/</p> <p>Location: 300 Scheeler Road, Chestertown 21620, Maryland, Kent County</p> <p>Operating Hours: Mon-Fri: 8am-4:30pm</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) - Metro: 300 Scheeler Rd. 	<p>This is an Outpatient Mental Health Service Provider for the entire family and the resources include Child and Adult Services, Family Therapy, School Based Therapy, Individualized therapy, and Medical Management MAP.</p> <p>Costs Pricing is determined by the State Sliding Fee Scale Please contact us for more information about this.</p>

Community Enrichment

Organization	Contact Info	Resource
Kent County Public Library	<p>Phone Number: 410-778-3636</p>	This library offers a diverse array of programs designed to

	<p>Contact Email:</p> <p>Suggestions: suggestions@kent.lib.md.us</p> <p>Board of Trustees: bot@kentlib.org</p> <p>Agent/Representative: adowell@kent.lib.md.us</p> <p>Website Address: https://www.kentcountylibrary.org/</p> <p>Location: 408 High Street Chestertown, Maryland 21620</p> <p>Operating Hours: Mon-Thur: 10am-6pm Fri-Sat: 10am-4pm Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) 	<p>meet the needs of patrons of all ages and broaden our connection with the community. They have programs in the form of event days such as Tech Tuesdays, Children Days, Storytimes, and Book sales.</p>
<p>Garfield Center For The Arts</p>	<p>Phone Number: 410-810-2060</p> <p>Contact Email: N/A</p> <p>Website Address: https://www.garfieldcenter.org/</p>	<p>This is a hospitality type of organization that serves as a multi-function community center for the performing arts offering theater, music, film and children's programming throughout the year. For children ages 8-15.</p>

	<p>Location: 210 High Street, Chestertown 21620, Maryland</p> <p>Operating Hours: Wed-Fri: 10am-3pm Sat: 10am-2pm</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General, Southern States (All Delmarva Community Transit) 	
<p>Kent County Family YMCA</p>	<p>Phone Number: 410-778-3148</p> <p>Contact Email: eosterhout@ymcachesapeake.org</p> <p>Website Address: https://ymcachesapeake.org/</p> <p>Location: 200 Scheeler Road, Chestertown 21620, Maryland, Kent County</p> <p>Operating Hours: Mon-Fri: 5am-9pm Sat: 7am-6pm Sun: 9am-6pm</p> <p>Transportation: The following transit lines have routes that pass near that street.</p> <ul style="list-style-type: none"> - Bus: Kent County Library, Dollar General (All Delmarva Community Transit) 	<p>This organization has a variety of programs such as fitness, youth and family, adult, health and wellness personal training, swim lessons, after school care, sports, and camp, and helps build healthy families. For ages 12-17 typically but memberships are available for children, teens, adults, and seniors. People with a household income of under \$60,000 qualify for adjusted membership rate, there is the Open Doors Program (sliding fee scale), Photo Id, and comply with the Code of Conduct.</p>

Montgomery County

Basic Needs

Organization	Contact Info	Resource
Manna Food Center: Smart Snacks	<p>Phone number: 301-424-1130</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8am - 4pm <p>Location: 9311 Gaither Rd Gaithersburg, MD 20877</p>	<p>Provides food for children 5-12 at-risk of hunger</p> <p><i>Must be referred by school counselor</i></p>
Taking It To The Streets: Women Who Care Ministries	<p>Phone number: 301-963-8588</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Monday-Friday 9am - 8pm <p>Location: 19642 Club House Rd. Suite 620 Montgomery Village, MD 20886</p>	<p>Women Who Care Ministries feeds the homeless, visits nursing homes, and hospitals, and speaks in various industries and youth in public and private school sectors, recovery centers, jails, shelters, conferences, etc.</p>
Interfaith Clothing Center	<p>Phone number: 301-762-8682</p> <p>Operating hours:</p> <ul style="list-style-type: none"> - Tuesday-Thursday 9am - 4:30pm - Saturday 9am - 2pm <p>Location: 751 Twinbrook Parkway Rockville, MD 20850</p>	<p>Interfaith Clothing Center distributes donated clothing, household goods, school supplies, infant items, toys and children's books, free of charge, to low-income residents of Montgomery County.</p>
Bethesda-Chevy Chase Meals on Wheels, Inc.	<p>Phone number: 301-654-4610</p>	<p>Bethesda-Chevy Chase Meals on Wheels, Inc</p>

	Operating hours: - Monday-Friday 8:30am - 11am	delivers prepared meals to people who are unable to prepare meals for themselves.
Western Upper Montgomery County (WUMCO) Help	Phone number: 301-972-8481 Operating hours: - Tuesday 9am - 5pm - Thursday 9am - 8pm	Call to get food delivered to you. <i>Serves zip codes: 20837, 20838, 20839, 20841, 20842</i>

Education

Organization	Contact Info	Resource
Wrap-Around Support: Bainum Family Foundation	Phone number: 240-450-0000 Location: 7735 Old Georgetown Road Suite 1000 Bethesda, MD 20814	Wrap-Around Support: Bainum Family Foundation supports children (K-5) at risk of failing in school who live in Montgomery County, ages 5-11, . The foundation assists in building their physical, creative, expressive, social, and emotional abilities.
Family Discovery Center	Phone number: 301-424-2989 Location: 1010 Grandin Avenue Rockville, MD 20851	Family Discovery Center provides help to parents who have children under 3-years old. They offer classes like GED and Adult Basic Education, help with homework after school, summer programs for kids, support groups, services for young fathers and non-custodial parents looking for jobs, child care at the center, and help managing different aspects of life.

Financial Resources

Organization	Contact Info	Resource
Rental Assistance Program (RAP)	Phone number: 240-777-4400	The Rental Assistance Program helps people who meet certain requirements, like age, income, disability, or other needs, with their rental costs. It supports families with low incomes to pay their rent. Additionally, the Handicapped Rental Assistance program aids low-income disabled individuals by offering financial help with rental expenses in approved care facilities.

Health

Organization	Contact Info	Resource
Sanctuaries for Life	Phone number: 202-772-4300 Location: Montgomery County Family Center 12247 Georgia Avenue Silver Spring, MD 20902	Sanctuaries for Life helps pregnant women without insurance locate affordable prenatal care and other resources. Serves women in the DC/PG/MO areas. Fees based on person's income
Montgomery Cares (Medical Care for Uninsured Adults)	Phone number: 240-777-0311	Ages 18-65 medical check-ups by a doctor/nurse, sick visits by a doctor/nurse, medications, lab tests, x-rays, access to specialists, access to oral health care and access to other health programs. Uninsured, have an income at or below 250% of the Federal poverty guidelines, be a resident of Montgomery County. Residents should call the Montgomery Cares Clinic of their area
Affordable Healthcare Program	Phone number: 301-762-8682	Individuals and families eligible for affordable healthcare. Enrolls

	<p>Location: Interfaith Works 114 W. Montgomery Ave Rockville, MD 20850</p>	<p>uninsured families and individuals in comprehensive health coverage that has been made affordable for all. Bilingual outreach.</p> <p><i>Must be uninsured and not able to afford healthcare.</i></p>
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Community Enrichment

Organization	Contact Info	Resource
<p>smARTkids Art Education Program for Low-Income Students</p>	<p>Business Line: 301-588-2787 Website: createartscenter.org linda@createartscenter.org Linda Marson - Executive Director 13015882787 create@createartscenter.org</p>	<p>CREATE's smARTkids program offers low income students a free after school program to develop creative projects and practice academic and social skills. Teachers and counselors select students who are at risk of falling behind in their school life. Through structured art projects, students build self-confidence, and improve academic skills, and practice organizational tasks and improve their ability to communicate with their peers, concentrate to finish projects, and build on their imaginations</p>
<p>Community Center</p>	<p>Business Line: 301-891-7290 Fax: 301-270-8794 Website: tprecreation.org, www.takomaparkmd.gov</p>	<p>The Takoma Park Community Center hosts clubs, camps, special events, workshops, drop-in programs, after-school programs, and cultural activities at various times throughout the year. Tots, youth, teens, adults, and seniors will find a variety of recreation opportunities available at the center. Find the perfect class or program for yourself or your family</p>

		in our current Takoma Park City Guide.
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Prince George's County

Basic Needs

Organization	Contact Info	Resource
<p>Cornerstone Church - Helping Hands</p>	<p>Phone number: (301) 262-6266</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday-Thursday 8:30 am - 4:30 pm - Friday 8:30 am - 3 pm - Saturday CLOSED - Sunday 9-10:30 am, 11-12:30pm <p>Food pantry</p> <ul style="list-style-type: none"> - 1st and 3rd Saturdays of the month from 9 am - 12 pm - Downstairs in the back of the church building <p>Location: 16010 Annapolis Rd, Bowie, MD 20715</p> <p>https://food-banks.org/detail/cornerstone_church_helping_hands_bowie_md.html#google_vignette</p>	<p>Helping Hands offers all types of food items to people in need in the community</p>
<p>Bowie Interfaith Pantry</p>	<p>Phone number: 301-262-6765</p> <p>Operating Hours: Food pick-up: Monday, Wednesday, Friday 9-11 am; 2nd and 4th Tuesdays of the month 6-7pm</p> <p>Location: 2614 Kenhill Drive, Suite 134 Bowie, MD 20715</p> <p>https://www.bowiefoodpantry.org/</p>	<p>The Bowie Interfaith Pantry offers help with food to struggling families living in PG County. The Food bank is located at the back of the building</p>
<p>Shepherd's Cove Emergency Shelter</p>	<p>Phone number: (301) 322-5700</p> <p>Operating Hours: Open 24 hours</p> <p>Location: 1400 Doewood Ln, Capitol Heights, MD 20743</p> <p>https://www.ucappgc.org/shepherd-s-cove-emerge</p>	<p>Shepherd's Core Emergency Shelter offers shelter for women and children. The program offers 3 meals a day, activities for after</p>

	ney-shelter	school, help finding a place to live, support for school and work, and help with staying healthy, both in your body and mind.
Laurel Advocacy and Referral Services, inc.	<p>Phone number: 301.776.0442</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday and Friday: By Appointment Only - Monday 9am - 2pm, 5pm - 7:30pm - Tuesday - Friday 9am - 2pm <p>Location: 311 Laurel Ave, Laurel, MD 20707</p> <p>https://www.laureladvocacy.org/</p>	Laurel Advocacy and Referral Services helps people who need food. No appointment needed for help with food. Appointments needed for clothing vouchers and eye glasses vouchers.
Promise Place Emergency Shelter	<p>Phone number: 240-764-8274</p> <p>Emergencies: (202) 547-7777</p> <p>Operating Hours: Open 24 hours</p> <p>Location: Address: 1400 Doewood Ln, Capitol Heights, MD 20743 Phone: (240) 764-8253</p> <p>https://www.sashabruce.org/programs/safehomes/promise-place/</p>	Promise Place Emergency Shelter offers safe homes to kids who have been homeless or hurt by abandonment, abuse, or neglect. They also offer counseling, help during emergencies, and make sure the kids have a stable and safe place to stay.

Education

Organization	Contact Info	Resource
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<p>Prince George's Community College</p>	<p>Phone number: 301-546-0748</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday - Thursday: 9:00 am - 8:00 pm - Friday: 9:00 am - 4:00 pm - Saturday - Sunday: 9:00am - 2:00 pm <p>Location: 301 Largo Rd, Largo, MD 20774</p> <p>https://www.pgcc.edu/programs-courses/</p>	<p>Includes an English Learning Center, a Math Learning Center, a Writing Learning Center, and a Tutoring Center.</p>
<p>College Park Tutors</p>	<p>Phone number: (301) 683-8666</p> <p>Operating Hours: 24 hours</p> <p>Location: Online process of connections tutors and students</p> <p>https://collegeparktutors.com/</p>	<p>Students at the University of Maryland can get help from experts in their classes. The tutoring is one-on-one, meaning it's just you and the tutor. You can meet in person or online. If you meet in person, it's usually on the UMD campus. This tutoring is especially for science, math, engineering and technology subjects.</p>
<p>Prep1st</p>	<p>Phone number: 202-922-7020</p> <p>Operating Hours: Monday-Friday 2:30 pm - 6:30 pm</p> <p>Location: 1450, Mercantile Ln, Upper Marlboro, MD 20774</p> <p>https://prep-1st.com/</p>	<p>Provides tutoring classes, standardized test boot camps, and test prep classes.</p>

Financial Resources

Organization	Contact Info	Resource
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Family Investment Division	<p>Phone number: 301-909-6000</p> <p>Operating Hours: Monday-Friday 8 am - 5 pm</p> <p>Location: Physical Address 425 Brightseat Road Landover, MD 20785</p> <p>https://www.princegeorgescountymd.gov/departments-offices/social-services/services/family-investment</p>	<p>Prince George’s County Residents Only: The Prince George’s County Department of Social Services helps families and people in the County with temporary help and ongoing support.</p> <p>Must provide proof of residency and valid ID to receive support.</p>
The Bowie Interfaith Pantry and Emergency Fund	<p>Phone number: (301) 262-6765</p> <p>Operating Hours: Monday, Wednesday, Friday: 9–11 am</p> <p>Location: 2614 Kenhill Drive, Suite 134 Bowie, MD 20715</p> <p>https://www.bowiefoodpantry.org/</p>	<p>Bowie City Residents Only: People can apply to the Emergency Aid Fund. The Fund provides help with rent, mortgage payments, and utilities.</p>
Salvation Army, Prince George's County, Financial Assistance	<p>Phone number: (301) 277-6103</p> <p>Operating Hours: Monday-Friday: 8:30 am - 4:30 pm</p> <p>Location: 4825 Edmonston Rd, Hyattsville, MD 20781</p> <p>https://www.needhelppayingbills.com/html/prince_george_salvation_army_a.html</p>	<p>The Salvation Army provides funds to pay rent, pay utility bills, and get help with mortgages. Provides help with court-ordered evictions. Assistance available once every 12 months.</p>

Health

Organization	Contact Info	Resource
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<p>Family Medical Counseling Services</p>	<p>Phone number: 202-889-7900</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday- Friday: 8:30 am–5:30 pm - Saturday: 9 am–12 pm - Sunday Closed <p>Location: 5936 Martin Luther King, Jr., Hwy Seat Pleasant, MD 20743</p> <p>https://www.fmcsinc.org/</p>	<p>Family Medical Counseling Services provides health check ups for adults, teenagers and kids. They also provide help with problems like substance abuse, and offer therapy for individuals, families, or groups.</p>
<p>La Clínica Del Pueblo</p>	<p>Phone number: (240) 714-5247</p> <p>Operating Hours:</p> <p>Location: 2970 Belcrest Center Drive, 301 Hyattsville, MD 20782</p> <p>https://www.lcdp.org/</p>	<p>La Clínica Del Pueblo provides health care check ups and help signing up for insurance. Also provides mental help and treatment services.</p>
<p>Mary’s Center - Adelphi MD</p>	<p>Phone number: (301) 422-5900</p> <p>Operating Hours: Monday-Friday 9 am - 5 pm</p> <p>Location: 8908 Riggs Road Adelphi, MD 20783</p> <p>https://www.maryscenter.org/</p>	<p>Mary’s Center - Adelphi provides physical and mental health care and dental services for adults, seniors, teens and children.</p>
<p>Community Crisis Services</p>	<p>Phone number: (301) 864-7095</p> <p>Operating Hours: 24 hours</p> <p>Location: 4316 Farragut St, Hyattsville, MD 20781</p> <p>https://www.communitycrisis.org/</p>	<p>Community Crisis Services offers emergency phone lines for domestic violence services, anger management, and</p>

		family violence intervention services
Cheverly Health Center	<p>Phone number: (301) 583-3150</p> <p>Operating Hours: Monday - Friday 8 am - 5 pm</p> <p>Location: 3003 Hospital Drive Ground Floor Cheverly, MD 20785</p> <p>https://www.princegeorgescountymd.gov/departments-offices/how-do-i/contact/staff-directory/health/cheverly-health-center</p>	Cheverly Health Center offers mental health services, addiction treatment, and individual and group counseling.

Community Enrichment

Organization	Contact Info	Resource
Healthy Families Prince Georges	<p>Phone number: 301.431.6210</p> <p>Operating Hours: Monday-Friday 8 am - 5 pm</p> <p>Location: 8908 Riggs Road, Adelphi, MD 20783</p> <p>https://www.childresource.org/programs/home-visiting/healthy-families-prince-georges/</p>	Healthy Families Prince Georges is a home visiting program that works with families going through stressful situations and focuses on positive parent-child relationships and making sure children grow up healthy and ready for school,
Prince George's Community College	<p>Phone number: 301-546-0748</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday - Thursday: 9:00 am - 8:00 pm - Friday: 9:00 am - 4:00 pm - Saturday - Sunday: 9:00am - 2:00 pm <p>Location: 301 Largo Rd, Largo, MD 20774</p> <p>https://www.pgcc.edu/programs-courses/</p>	Community members can enroll in credit courses and programs including associates degrees and certificates. Continuing Education programs are also available for professional/personal enrichment.

Riverdale Park Farmers Market	<p>Phone number: (301) 586-5973</p> <p>Operating Hours: Thursdays from 3-7pm</p> <p>Location: 4650 Queensbury Rd, Riverdale Park, MD, United States, Maryland</p> <p>https://www.facebook.com/RPFMarket/</p>	<p>Riverdale Park Farmers Market is open year round every Thursday afternoon. Provides local foods from local vendors and farmers.</p>
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Queen Annes

Basic Needs

Organization	Contact Info	Resource
Haven Ministries - Food Pantry	<p>Phone number: 410-827-7194</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday, Thursday and Friday 8:30am – 4:30pm - Tuesday 8:30am – 7pm <p>Location: 206 Del Rhodes Ave. Queenstown, MD behind Royal Farms</p> <p>https://haven-ministries.org/</p>	<p>Haven Ministries - Food Pantry is open daily. People need to first call the phone number in the Contact Info box to start the process and fill out some paperwork.</p>
Housing Authority of Queen Anne's County	<p>Phone number: 410.758.8634</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday - Thursday 8:00am - 4:30pm - Friday by appointment only <p>Location: 205 E. Water Street Suite 100 Centreville, MD 21617</p> <p>https://www.qacha.org/</p>	<p>Queen Anne's County Residents Only: The Housing Authority of Queen Anne's County creates and manages programs to help people find homes they can afford to rent or buy, and also helps with</p>

		affordable housing.
Grace Ministry	<p>Phone number: 703-830-2684</p> <p>Operating Hours: - Second Saturday of each month from 7:30-9:30 am</p> <p>Location: 6400 Old Centreville Road Centreville, VA, 20121</p> <p>https://centreville-umc.org/serve-outreach/local-outreach/food-ministries/grace-ministries/</p>	Serves low-income immigrant families in the local community. Distributes free food, clothes, household items, diapers, and toys, and children books.

Education

Organization	Contact Info	Resource
The Judy Center	<p>Phone number: 410-556-6187</p> <p>Operating Hours: Monday - Friday 8:30 am - 4:30 pm</p> <p>Location: 631 Main Street Church Hill, MD 21623</p>	The Judy Center helps young children from birth to 5 years get ready for school and do well in their early learning. It also helps families be more involved through fun activities.
AlphaBest Education	<p>Phone number: (410) 827-4700</p> <p>Operating Hours: - Monday-Friday - 6:30 a.m. to Start of School - Dismissal to 6:00 p.m.</p> <p>Location: 5435 Main St, Grasonville, MD 21638</p> <p>https://www.alphabest.org/queenannecounty.md/</p>	AlphaBest Education offers before and/or after school programs where children can do fun activities, get help with homework, and play games for a cost. There are programs available for families that need help with payment.
The Educational Resource Group	Phone number: 410-544-6696	The Educational Resource Group has

	<p>Operating Hours:</p> <ul style="list-style-type: none"> - Mon - Fri 9:00am - 8:00pm - Saturday and Sunday 10:00am - 3:00pm <p>Location: 570 Benfield Road, Severna Park, MD 21146</p> <p>https://theerg.net/</p>	lots of different services like talking about school, school performance testing, school performance coaching, help with schoolwork, and test prep.
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Financial Resources

Organization	Contact Info	Resource
Choptank Electric Cooperative	<p>Phone number: 877-892-0001</p> <p>Operating Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.</p> <p>Location: 611 Morgnec Rd, Chestertown, MD 21620</p> <p>https://www.choptankelectric.coop/energy-assistance</p>	Choptank Electric Cooperative helps people who have trouble paying their bills. They also help with making future plans to pay their electric bills.
Delmarva Power	<p>Phone number: 800-375-7117</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday-Friday 4:15 a.m.-8:30 p.m. - Saturday 8:35 a.m. - 4:30 p.m. <p>Location: 2600 Centreville Rd, Centreville, MD 21617</p> <p>https://www.delmarva.com/my-account/customer-support/assistance-programs-md/bill-payment-assistance</p>	The Delmarva Power budget billing program helps plan expenses over time. They also have a Good Neighbor Energy Fund where customers can donate money to help others struggling financially.
Haven Ministries	<p>Phone number: 410-827-7194</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday, Thursday, Friday 8:30am – 4:30pm - Tuesday 8:30am – 7pm <p>Location: 206 Del Rhodes Ave.,</p>	Queen Anne’s County Residents Only: Haven Ministries church fund helps to pay bills for people who are struggling financially. Can also meet with a

	Queenstown, MD, 21658 (Behind the Royal Farms)	case manager who helps with financial questions and requests.
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Health

Organization	Contact Info	Resource
Corsica River Mental Health Services	<p>Phone number: (410) 758-2211</p> <p>Operating Hours: By appointment only</p> <ul style="list-style-type: none"> - Monday: 8am-8pm - Tuesday: 8am-6:30pm - Wednesday: 8am-5pm - Thursday: 8am-8pm - Friday: 8am-4pm <p>Location: 120 Banjo Lane, Centreville, Maryland 21617</p> <p>https://crmhsinc.com/mental-health-services/</p>	Corsica River Mental Health Services offers assessment and treatment to people struggling with mental health and drug use issues. The clinic also has individual, family, group therapy, and provides couples counseling, grief counseling, psychiatry, medication management, and 24-hour on call services.
University of Maryland - Shore Regional Health	<p>Phone number: 410-758-4432</p> <p>Operating Hours: Monday–Friday: 7:30 am–4:30 pm</p> <p>Location: 2540 Centreville Road Centreville, MD 21617</p> <p>https://www.umms.org/shore/locations/smg-primary-care-centreville?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link</p>	University of Maryland - Shore Regional Health offers a variety of services including diagnosis and treatment illnesses, preventing disease and managing chronic health issues,
Luminis Health Primary Care Centreville	<p>Phone number: (410) 758-3303</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Tuesday, Wednesday, Thursday 8 am–4:30 pm - Friday 8 am–4 pm 	Luminis Health Primary Care Centreville offers care to patients of all ages for services that prevent or check for sickness, and services to treat illnesses. Also

	Location: 202 Coursevall Dr, Ste 101, Centreville, MD 21617 https://www.luminishealth.org/en/find-a-location/luminis-health-primary-care-centreville-centreville	offers regular health check-ups, and vaccinations.
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Community Enrichment

Organization	Contact Info	Resource
Queen Anne's County Parks and Recreation	Phone number: 410-758-4098 Operating Hours: Monday-Friday 7 am - 3:30 pm Location: Queen Anne's County Government 107 N Liberty Street Centreville, MD 21617 https://www.qac.org/1553/Parks-Recreation	Queen Anne's County Parks and Recreation offers a wide variety of activities and events including a discovery summer camp from June-August, occasional bus trips to DC museums, and movies in the park all year round. Sports camps, music camps, and STEM camps are offered at a cost.
Partnering for Youth	Phone number: (410) 758-2403 Operating Hours: - Monday-Friday - Dismissal to 6 pm Location: 202 Chesterfield Avenue Centreville, Maryland 21617 https://www.qacps.org/student-services/after-school-programs/	Queen Anne County Students Only: The Partnering for Youth program after school activities that provide education support and fun activities for public school children. Also helps in increasing school performance and

		family participation in schooling
The Edge - Giving the Edge Foundation	<p>Phone number: 410-310-5784</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday-Friday 8:30am-10pm - Saturday 10am-4pm - Sunday 11am-3pm <p>Location: 325 Log Canoe Cir Stevensville, MD 21666</p> <p>https://www.theedge360.net/gtef</p>	The Edge Foundation supports the development of young adults by forming partnerships and offering community support. Offers opportunities for children and teens to participate in community service projects and activities that increase school achievement.

Washington County

Basic Needs

Organization	Contact Info	Resource
The Hope Center	<p>Phone Number: 301-739-1165</p> <p>Operating Hours: Tuesdays-Thursdays: Noon-3pm</p> <p>Location: 125 N. Prospect St., Hagerstown, MD 21740</p> <p>PARKING LOT (for GPS): 215 W. Church Street, Hagerstown, MD 21740</p> <p>Website: https://www.hopecenterhagerstown.org/</p>	The Hope Center at Hagerstown Rescue Mission offers food assistance, men's emergency shelter, men's life recovery program, youth and children's programs, clothing assistant, and more. Clients need either a Food Bank Card, a

		<p>photo ID, proof of residency, or Prison Release Papers.</p> <p>There are no eligibility requirements for this resource. They only require you to be a member/resident of the community.</p>
<p>South County Food Pantry</p>	<p>Phone Number: 301-432-2226</p> <p>Operating Hours: Thursdays from 1:00 - 3:00 pm</p> <p>Location: Trinity Evangelical Lutheran Church 64 S. Main St. Boonsboro, Maryland</p> <p>Parking lot behind the church. Please enter the side door of the alley.</p> <p>Website: https://southcountyfoodpantry.org/</p>	<p>The South County Food Pantry is an independent 501(c)(3) nonprofit that resides at Trinity Evangelical Lutheran Church and is served by a variety of local churches and organizations. They provide donations of canned goods such as soup, vegetables, fruits, meats, and other non-perishable foods such as cereal, boxed pasta, instant mashed potatoes, bagged snacks, etc. Families in need may visit the pantry once a month. The client requirements consist of ONE of the following: Have proof of any government assistance program, Have a</p>

		<p>food bank card from the Community Action County (CAC) Have an unemployment check stub dated within 30 days Have a letter from a company that laid off the client within 30 days</p>
<p>Salvation Army</p>	<p>Phone Number: 301-733-2440 Location: 525 George St. Hagerstown, MD Operating Hours: Monday-Friday 11:30 am-1:00pm Website: https://hagerstown.salvationarmypotomac.org/</p>	<p>Provides assistance for many needs such as feeding programs, food pantry, women and children's shelter, transitional housing, human services, ministry, clothing assistance from its thrift store, Christmas assistance to families in need, youth programs in the Shifler Family Community Center or a summer camp experience for underprivileged youth. This resources is open to anyone with no safe place to go, in need of emergency shelter, or meets the U.S. Department of Housing and Urban</p>

		Development criteria for homelessness.
Trinity Lutheran Church Clothing Bank	<p>Phone Number: 301-733-5651</p> <p>Operating Hours: Tuesday-Thursday 11am-1:45pm</p> <p>Location: 15 Randolph, Hagerstown, Maryland</p> <p>Website: https://tlchag.org/ministries/tlc-clothing-bank/</p>	<p>The Trinity Lutheran Church is committed to fulfilling the needs of residents around the church. Guests are required to show an identification card for if it's their first time attending the clothing bank. Visitors are given two plastic grocery bags and reminded of the amount of "shopping" they can do on one visit each month. Each person in the family is allowed two outfits, made up of any combination of pants, shirts, blouses, sweaters, skirts, or dresses. In addition, they can select a jacket or coat, a pair of shoes, socks, underwear, and a purse.</p>

Education

Organization	Contact Info	Resource
American Red Cross, Youth Services	Address: 1131 Conrad Court, Hagerstown, MD 21740	Provides young people (ages

	<p>Website: www.redcross.org/wmd Phone: 1-800-763-2767 Hours: Monday - Friday @ 8:30 am - 5:00 pm</p>	<p>11-22) with opportunities that will encourage them to become adult leaders of tomorrow. They provide a multitude of training classes such as CPR, Childcare, ALS/PALS, Swimming and Lifeguarding, etc. These training courses result in a certification at the end of the program.</p>
<p>Washington County Family Center</p>	<p>Address: 1302 Pennsylvania Avenue, Hagerstown, MD 21740 Website: www.togetherwithfamilies.org/family-center OR https://www.facebook.com/familycenter21740/ Phone: 301-790-4002 Hours: Monday - Friday @ 8:00 am - 4:00 pm</p>	<p>Provides positive support, adult education, child development services, parent education, and limited transportation to help young parents become self-sufficient. Each primary caretaker must be employed, looking for work, attending school, participating in Reach Up activities, and other requirements depending on the desired program.</p>
<p>Early Intervention Program</p>	<p>Address: 10435 Downsville Pike, Hagerstown, MD 21740 Website: www.sites.google.com/wcps.k12.md.us/special-education-parent-port2/birth-to-k Phone: 301-766-8217</p>	<p>Provides comprehensive coordinated early intervention services (speech, psychological,</p>

	<p>Hours: Monday - Friday @ 8:00 a.m. to 4:00 p.m</p>	<p>physical therapy, nursing, etc.) to families of young children who have or are at risk for developmental delays. Services are provided to meet the unique needs of your child and family. There are eligibility forms that each family should complete before participating in their programs.</p>
<p>Washington County Public Schools</p>	<p>Address: 10435 Downsville Pike, Hagerstown, MD 21740 Website: www.wcpsmd.com School Crisis Response - www.wcpsmd.com/school-counseling www.wcpsmd.com/student-services</p> <p>Phone Number: 201-766-2800 - School Counseling Office: 301-766-2963 - Student Services Office: 301-766=2960</p> <p>Hours: Monday - Friday @ 8:00 am - 4:30 pm</p>	<p>School Counseling - Bullying, college and career readiness, scheduling, self-injury,</p> <p>Student Services - Interpretation of school policies, including policies on attendance, special classes, court referral, exclusion, exemption from high school, promotion. Students must be at least 4 years of age to begin enrolling in school, they must be in the school boundary zone, along with other eligibility documents.</p>

		Parents, in order to participate in the public school system must complete a background check and have a child within the system.
Hagerstown Community College	Address: 11400 Robinwood Drive Hagerstown, MD 21742 Website: https://www.hagerstowncc.edu/ Phone Number: 240-500-2000 Hours: Monday - Friday @ 8:30 am - 5:00 pm	HCC ensures equitable access to affordable, high-quality educational programs, while fostering workforce development and cultural vitality in the region. At this college, they provide general studies courses geared towards an associate's degree specific to your major, amongst a variety of certifications that can be used in the workforce.

Financial Resources

Organization	Contact Info	Resource
RISE Coalition	Website: www.risewesternmd.com Hours: Website available 24 hours a day	Serves, elevates and empowers the immigrant community in Western Maryland.
Goodwill Industries	Corporate Center Address: 14515 Pennsylvania Avenue, Hagerstown, MD 21742	Offer a wide variety of services to the local

	<p>Website: www.horizongoodwill.org Phone: 301-733-7330 Hours: Monday - Saturday 8:00 am to 6:00 am Sunday 10:00 pm - 6:00 pm</p> <p>Goodwill Industries - Boonsboro Donation Center Address: 7744 Old National Pike, Boonsboro, MD 21713 Phone: 240-347-1462</p> <p>Goodwill Industries - South End Store Address: 1101 Maryland Avenue, Hagerstown, MD 21740 Phone: 240-707-6550</p> <p>Goodwill Industries - North Point Store Address: 18717 North Pointe Drive, Hagerstown, MD 21742 Phone: 240-513-8004</p> <p>Goodwill Industries - Prospect St. Resource Center Address: 200 North Prospect Street, Hagerstown, MD 21740 Phone: 301-733-7330</p>	<p>community, ranging from business solutions, job training, and human resource assistance. Their services include clothing distributions to the community, along with family and youth services, and workplace development.</p>
<p>Valor Ministries</p>	<p>Address: 324 East Antietam Street, Suite 104, Hagerstown, MD 21740 Website: www.thevalorcenter.org Phone: 240-329-9387 Hours: Monday - Wednesday ~ 9:30 am - 3:00 pm Thursday ~ 9:30 am to 1:30 pm</p>	<p>As a nonprofit organization that partners with other community agencies to provide educational, resource, and support services to low-income residents of Washington County (WC), MD. They provide Crisis Intervention Programs, mentor programs, and many more life development classes to rehabilitate the lives of those in</p>

		need.
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Health

Organization	Contact Info	Resource
Community Free Clinic	<p>Address: : 249 Mill Street, Hagerstown, MD 21740</p> <p>Website: www.mycommunityfreeclinic.org</p> <p>Phone: 301-733-9234</p> <p>Hours: Monday - Thursday @ 8:00 am to 5:00 pm</p>	<p>Provides clinics for blood pressure checks, medication refills, primary care, medication monitoring, chronic care and well care; clinic for pap smears, breast exams and family planning; bone and foot clinic; mental health clinic and pediatric clinic.</p>
Family Healthcare of Hagerstown	<p>Address: 201 S. Cleveland Avenue, Hagerstown, MD 21740</p> <p>Website: www.familyhch.org</p> <p>Phone: 301-745-3777</p> <p>Hours: Monday and Tuesdays 8:00 am - 5:00 pm Tuesday - Friday 8:00 am - 7:00 pm</p>	<p>Medical practitioners provide primary and dental care for patients of all ages, infants to seniors, and mental health care for adults. They are staffed by board-certified physicians and nurse practitioners who believe that the health of our community depends on providing care and treatment to all people, regardless of</p>

		<p>ability to pay. Before your first visit, you would need to bring the following: Photo I.D. Current and active insurance card (if insured) Copay in the form of cash, check or credit card (if required by your insurance company) Any previous medical records Your medications, including nutritional supplements such as vitamins or over-the-counter medications such as low-dose aspirin. A medication list can replace the actual bottles if needed. Immunization records if appropriate If uninsured, we ask you to apply for a Sliding Fee. To complete these forms, you will need proofs of income including the prior year's 1040 tax return, most recent pay stubs covering one month, and documents for any additional family income. Above that, you</p>
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		<p>would need to complete a New Patient Packet and bring it to your first appointment.</p>
<p>Meritus Health/Meritus Medical Center</p>	<p>Address: 1180 Professional Court, Hagerstown, MD 21740 Website: www.thementalhealthcenter.net Phone: 301-791-3045 Hours: Mon/Wed/Fri ~ 8:00 am - 6:00 pm, Tuesday ~ 8:00 am - 8:00 pm, Friday ~ 8:00 am to 5:00 pm</p>	<p>Offers a comprehensive and coordinated menu of outpatient treatment and rehabilitation services to children, adolescents, adults, and their families. The types of services provided in outpatient treatment include: Individual Therapy, Family Therapy, Group Therapy, School Based Therapy, Medication Assessment and Monitoring, Employee Assistance, Dual Diagnosis Programs, Critical Incident Stress Debriefing, and Consumer/Family Education. There are also telehealth visits for psychiatric treatments, rehabilitation services, and much more.</p>

Community Enrichment

Organization	Contact Info	Resource
<p>Parks and Recreation of Washington County, MD</p>	<p>Phone Number:(240) 313-2805</p> <p>Operating Hours: Monday-Friday, 7:30 am – 4:00 pm</p> <p>Location: 11400 Robinwood Drive Hagerstown, MD 21742</p> <p>Website: https://www.washco-md.net/recreation-fitness/</p>	<p>At the Washington County Parks and Recreation Department, we offer a plethora of recreation and fitness programs for individuals of every age! From youth to adult programs, you can find the classes your family needs to get in shape—while still having fun! The activities that this organization holds are free of charge and open to the community. Popular programs are their Trunk or Treat event, local basketball games, etc.</p>
<p>Bester Community of Hope</p>	<p>Address: 370 Mill Street, Hagerstown, MD 21740</p> <p>Website: www.besterhope.org</p> <p>Phone: 240-513-6370</p> <p>Hours: Monday - Friday @ 9:00 am - 5:00 pm</p>	<p>Non- profit organization which provides support, such as afterschool programs, health care clinic, education groups, etc. to families that live in the Bester Elementary School area. This organization caters to their community with</p>

		programs such as Neighborhood Ambassadors, Community Advisory Board, In-Home Family Support groups, etc.
ARC of Washington County	<p>Address: 820 Florida Avenue, Hagerstown, MD 21740</p> <p>Website: www.arcwc-md.org</p> <p>Phone: 301-733-3550</p> <p>Hours: Monday - Friday 8:30 am. – 4:00 pm</p>	Provides residential and support service to children and adults diagnosed with a developmental disability and their families. Includes medical supplies, vocational programs, respite care, adaptive equipment, specialized therapies and day programs.

Wicomico County

Basic Needs

Organization	Contact Info	Resource
Joseph House Crisis Center - Salisbury	<p>Location: 812 Boundary St, Salisbury, MD 21801</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Food pantry: 9:00 - 11:15 a.m. on Tuesday, Wednesday, and Thursday - Financial resources: 9:00 - 11:00 a.m. on Tuesday, Wednesday, or Thursday <p>Website Address: https://thejosephhouse.org/about-us/what-we-do/joseph-house-crisis-center/</p> <p>Phone Number: 410-749-4239</p>	Only Wicomico County residents can receive food from their food pantry, but anyone can receive food from their Soup Kitchen. The Joseph House Crisis Center in Salisbury has a food pantry and

	<p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops: <ul style="list-style-type: none"> - Sav-A-Lot (14 min walk) - Jersey Rd. and Morris St. (19 min walk) 	<p>offers financial assistance. To receive food from the food kitchen once a month, residents must bring their ID, SSN, and proof of income.</p>
<p>Salisbury Urban Ministries</p>	<p>Location: 326 Barclay St, Salisbury, MD 21804 Operating Hours:</p> <ul style="list-style-type: none"> - Kids Cafe: Monday - Thursday: 3:30 - 6 p.m. - Lazarus Food Pantry: Tuesday and Thursday: 10 -12:30 p.m. <p>Website Address: https://www.sbyurbanministries.org/our-ministries Phone Number: 410-749-1563</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops: <ul style="list-style-type: none"> - E. S. Adkins Business Center (13 min walk) - Calvert Street (18 min walk) 	<p>The Salisbury Urban Ministries offers a program called the Kids Cafe that offers provides a safe environment for children after school. Additionally, this resource provides food pantry for Wicomico county residents once a month if they bring their ID, proof of income, proof of being a SNAP recipient, and a proof of residency.</p>
<p>Hope and Life Outreach (HALO) Ministry</p>	<p>Location: 701 Snow Hill Rd, Salisbury, MD 21804 Operating Hours: Monday - Saturday: 10 a.m. - 6:00 p.m. Website Address: https://haloministry.org/ Phone Number: (410) 742-9356</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops: <ul style="list-style-type: none"> - South Salisbury Plaza (27 min walk) - Calvert Street (23 min walk) 	<p>The HALO Ministry serves the homeless by providing food, shelter, and recovery programs. They serve over 250 meals per day in their cafe. Shelter is provided to men, women, and children.</p>

Education

Organization	Contact Info	Resource
Epoch Dream Center	<p>Location: 27765 Nanticoke Rd, (Cross Pointe Church of the Nazarene) Salisbury, MD 21801</p> <p>Operating Hours: Monday - Thursday: 10 a.m. - 6:30 p.m.</p> <p>Website Address: https://www.epochdreamcenter.com/</p> <p>Phone Number: 443.783.3683</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearest bus stops: <ul style="list-style-type: none"> - Sav-A-Lot (57 min walk) - This location has a large designated parking lot for those with vehicles. 	<p>This resource is for students in Western Wicomico county. Epoch provides under-resources students with a free after-school program and summer program. This resource provides academic support, mentoring, and character development.</p>
Free English Salisbury	<p>Location: 311 Parker Road Salisbury, MD 21804</p> <p>Operating Hours: Monday- Friday: 9:00 a.m. – 5:00 p.m.</p> <p>Website Address: https://www.freeenglishsalisbury.org/register-for-class/</p> <p>Phone Number: N/A</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Salisbury Park and Ride (26 min walk) 	<p>Free English Salisbury offers free English classes for adults. They have three locations, two of which need to be registered for in person and one which requires online registration. This resource offers various different levels of English, including Beginner 1, Beginner 2, Intermediate, and Advanced classes.</p>
Wor-Wic Community College	<p>Location: 32000 Campus Dr, Salisbury, MD 21804</p> <p>Operating Hours: 8:00 a.m. - 6:00 p.m.</p> <p>Website Address: https://www.worwic.edu/programs-courses/non-cr-edit-courses/academic-preparation/</p>	<p>Wicomico County Residents only. Wor-Wic Community college offers free</p>

	<p>Phone Number: 443-669-6373</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Wor-Wic Community College (1 min walk) - Shore Transit Bus Terminal (12 min walk) 	adult English education to adults who speak other languages. Registration can be completed through the website, online, or in person.
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Financial Resources

Organization	Contact Info	Resource
Wicomico County Department of Social Services	<p>Location: 201 Baptist Street Suite 27 Salisbury MD, 21801</p> <p>Operating Hours: 8:00 a.m - 5 p.m.</p> <p>Website Address: https://dhs.maryland.gov/local-offices/</p> <p>Phone Number: (410) 713-3900</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Calvert street (3 min walk) - Sav-A-Lot (15 min walk) 	The Department of Social Services in Wicomico County provides financial assistance, emergency housing, and child support assistance for free.
MD Department of Social Services - MD Emergency Assistance to Families with Children (EAFC)	<p>Location: 201 Baptist Street Suite 27 Salisbury, MD 21801</p> <p>Operating Hours: 8:00 a.m. - 5:00 p.m.</p> <p>Website Address: https://dhs.maryland.gov/weathering-tough-times/emergency-assistance/</p> <p>Phone Number: 800-332-6347</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Calvert street (3 min walk) - Sav-A-Lot (15 min walk) 	This free resource provides emergency cash assistance to families who require help paying rent/emergencies. For this resource, families must present proof of emergency, proof of income, proof of residence, proof of household expenses, and SSN.
Christian Shelter - Salisbury	Location: 334 Barclay Street, Salisbury, MD	The Christian

	<p>21801 Operating Hours: 8:30 a.m. - 9:00 p.m. Website Address: https://www.christianshelter.org/ Phone Number: 410-749-5673</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - E. S. Adkins Business Center (13 min walk) - Calvert Street (20 min walk) 	<p>Shelter offers temporary emergency shelters that include meals and spiritual guidance.</p>
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Health

Organization	Contact Info	Resource
Wicomico County Health Department	<p>Location: 300 W Carroll St, Salisbury, MD 21801 Operating Hours: 8:00 a.m. - 5:00 p.m. Website Address: https://www.wicomicohealth.org/behavioral-health-authority-and-core-service-agency/wicomico-behavioral-health-authority-somerset-core-service-agency-programs-and-services/ Phone Number: (410) 749-1244</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Taylor St. and Alabama Ave. (14 mins) - Calvert Street (12 mins) 	<p>This resource provides assistance with behavioral health through pharmacy assistance, assistance with lab costs, and transportation to behavioral related appointments. Costs depend on the services and insurance coverage.</p>
Maryland Women Infants and Children Program (WIC)	<p>Location: 801 N. Salisbury Blvd, Suite 103, Salisbury, MD 21801 Operating Hours: Monday, Wednesday - Friday: 8:00 a.m. - 5:00 p.m. Tuesdays: 9:30 a.m. - 6:00 p.m. Website Address: https://www.wicomicohealth.org/wic/women-infants-and-childrens-program-wic/ Phone Number: (410) 749-2488</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - E. S. Adkins Business Center (4 	<p>This program is a nutritional program that offers women and children under the age of 5 to eat healthy. This program promotes improved health through a better diet. This program is free.</p>

	min walk)	
Sante Eastern Shore - Wicomico County	<p>Location: Fully mobile service. Operating Hours: 24/7 Website Address: https://santeeasternshore.org/ Phone Number: 888-407-8018</p>	<p>This resource provides immediate mental health support for residents in various counties, including Wicomico. This resource provides immediate free support from liscened therapists and counselors, providing crisis intervention to adults and children.</p>

Community Enrichment

Organization	Contact Info	Resource
Wicomico County Recreation, Parks, and Tourism - Fun Fridays	<p>Location:</p> <ul style="list-style-type: none"> - Delmar Elementary <ul style="list-style-type: none"> - 811 S 2nd St, Delmar, MD 21875 - Rite Aid - Delmar (30 min walk) - Willards Elementary <ul style="list-style-type: none"> - 36161 Richland Rd, Willards, MD 21874 - The closest bus stop is Meadow Ridge Apts. - Pittsville. This is an 8 minute drive but an hour walk. - North Salisbury Elementary <ul style="list-style-type: none"> - 1213 Emerson Ave, Salisbury, MD 21801 - E. S. Adkins Business Center (11 min walk) <p>Operating Hours: Fridays: Dismissal - 5:30 p.m. Website Address: https://www.wicomcorecandparks.org/programs/fun-fridays</p>	<p>Fun Fridays require a fee of \$30 per month. This program allows kids aged 5-12 to engage in themed activities after school. This program allows kids to engage in fun activities that foster community and skill development.</p>

	Phone Number: 410-548-4900	
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Worcester County

Basic Needs

Organization	Contact Info	Resource
Diakonia	<p>Location: 12747 Old Bridge Road Ocean City, MD 21842</p> <p>Operating Hours: Contact to ask about their hours.</p> <p>Website Address: https://diakoniaoc.org/</p> <p>Phone Number: 410-213-0923</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - West Ocean City Park and Ride (10 min walk) - White Marlin Mall (16 min walk) 	This free resource provides shelter, food, clothing, and other services to homeless people.
Hands and Hearts Ending Homelessness (HHEH)	<p>Location: 31525 John Deere Drive Salisbury, MD 21804</p> <p>Operating Hours: N/A</p> <p>Website Address: https://www.handsandheartsshelter.org/</p> <p>Phone Number: 443-397-2243</p> <p>Transportation</p> <ul style="list-style-type: none"> - The nearest bus line is over a 47 minute walk, but it is a 6 minute drive. 	Male only shelter running through November to April. This shelter provides housing and other services to homeless men. These services include mental health services, addiction support, and primary care services.
The Samaritan Shelter	<p>Location: 814 Fourth Street Pocomoke City, MD 21851</p> <p>Operating Hours: N/A</p> <p>Website Address: https://www.thesamaritanshelter.org/</p> <p>Phone Number: 410-957-4310</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus line <ul style="list-style-type: none"> - Market St. @ Pocomoke Family Medical Ctr. (11 min walk) 	The Samaritan Shelter provides shelter to the homeless, lunches on Wednesdays at 11-12:30, and the food bank

	- Pocomoke Plaza (17 min walk)	
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Education

Organization	Contact Info	Resource
The Worcester County Public Schools Adult Education Program	<p>Location: 6270 Worcester Highway Newark, MD 21841</p> <p>Operating Hours: N/A</p> <p>Website Address: https://www.worcesterk12.org/page/adult-education</p> <p>Phone Number: 410-632-5000</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Snow Hill Detention Center: This is a 7 minute drive but an hour long walk. 	This program provides adult learners with the opportunity to learn English as a second language and offers workforce and career development services.
The Worcester County Judy Center Early Learning Hubs	<p>Location:</p> <ol style="list-style-type: none"> 1) 515 Coulbourne Lane, Snow Hill, Maryland 21863, United States <ol style="list-style-type: none"> a) Nearest bus stop: Maple St Crisfield MD 2) 2119 Pocomoke Beltway, Pocomoke, Maryland, 21851, United States <ol style="list-style-type: none"> a) Nearest bus stop: Market St. @ Pocomoke Family Medical Ctr. 3) 100 Buckingham Rd, Berlin, MD 21811, United States <ol style="list-style-type: none"> a) Nearest bus stop: Decatur St. <p>Operating Hours: M-F: 8:30 a.m. - 3:30 p.m.</p> <p>Website Address: https://judycenter.com/</p> <p>Phone Number: 410-632-5224</p>	This free resource in Snow Hill, Pocomoke, and Buckingham Elementary Schools promotes school readiness for children through age 5. Those who are in the program have access to community outreach events, free books, parent and child events, vision and dental screenings, etc.
After School Zone Maryland Coast - Worcester County Recreation and Parks	<p>Location: 6030 Public Landing Rd, Snow Hill MD 21863</p> <p>Operating Hours: 3:00 p.m. - 5:30 p.m.</p> <p>Website Address: https://worcesterrecandparks.org/programs/child-care-programs/after-school-zone</p> <p>Phone Number: 410-632-2144</p>	The After School Zone is a quality after school program that runs from 3:00 p.m.- 5:30 p.m. Students will

	<p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines <ul style="list-style-type: none"> - Snow Hill Detention Center (11 min walk) 	<p>learn to engage in team work, sportsmanship, and leadership. Per month, the cost per child is \$95.</p> <p>Transportation from Snow Hill Elementary and Middle school is provided, but parents need to pick up their children from the recreation center.</p>
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Financial Resources

Organization	Contact Info	Resource
<p>Worcester Giving Other Lives Dignity (GOLD)</p>	<p>Location: 201 River St, Snow Hill, MD 21863 Operating Hours: N/A Website Address: https://worcestergold.org/ Phone Number: 2-1-1 must be called to access this resource, but the number for GOLD is 443-235-6525.</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stops <ul style="list-style-type: none"> - Byrd Park - South 	<p>This emergency financial assistance resource provides housing assistance and funding for emergencies. This program can only be accessed through calling 2-1-1 since the program isn't available publicly.</p>
<p>SHORE UP!</p>	<p>Location: 520 Snow Hill Road Salisbury, MD 21804 Operating Hours: 410-749-1142 Website Address: https://shoreup.org/ Phone Number: 8:30 a.m. - 5:00 p.m.</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines <ul style="list-style-type: none"> - Calvert Street (19 min walk) - South Salisbury Plaza (25 min walk) 	<p>This organization helps people apply for financial assistance regarding utility bills such as home heating and electricity for free.</p>

Salvation Army - Salisbury Corps	<p>Location: 407 Oak Street, Salisbury, Maryland 21804</p> <p>Operating Hours: Monday - Friday: 8:30 a.m - 4:30 p.m.</p> <p>Website Address: https://salisbury.salvationarmypotomac.org/salisbury/waystogive</p> <p>Phone Number: 1-800-SAL-ARMY</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines - Calvert Street (12 min walk) 	This free resource provides financial assistance for rent and utilities. Additionally, this resource also provides a food pantry.
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Health

Organization	Contact Info	Resource
Worcester County Health Department	<p>Location: 6040 Public Landing Road, Snow Hill, Maryland 21863</p> <p>Operating Hours: 8:00 a.m. - 5:00 p.m.</p> <p>Website Address: https://www.worcesterhealth.org/</p> <p>Phone Number: 410-632-1100</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines - Snowhill Detention Center (12 min walk) 	This resource provides Worcester residents with services for mental health, personal health, developmental disabilities, etc. Costs are dependent on services required and insurance coverage.
Healthport	<p>Location: 108 E Lehigh Avenue Salisbury MD, 21801</p> <p>Operating Hours: M-F: 8 a.m.- 5 p.m.</p> <p>Website Address: https://www.healthport.org/</p> <p>Phone Number: (410) 341-3420</p> <p>Transportation:</p> <ul style="list-style-type: none"> - Nearby bus stations - E.S. Adkins Business Center (6 min walk) 	This resource in Worcester County offers a variety of different resources. Some services this resource provides are primary care services, addiction treatments, mental health services, rehabilitative services, etc.

		They offer sliding fee scale billing for people without insurance, it's based on your household income and can be as little as \$1 per visit.
Worcester Youth and Family Counseling Services	<p>Location: 124 North Main Street Suite C Berlin, MD 21811</p> <p>Operating Hours: M-Th: 8:30 am - 7:00 pm, F: 9:00 am - 1pm</p> <p>Website Address: https://gowoyo.org/</p> <p>Phone Number: 410-641-4598</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines <ul style="list-style-type: none"> - Decatur St. (14 min walk) - Franklin Ave. (15 min walk) 	The Worcester Youth and Family Counseling Services provide counseling to promote family wellness, family navigation, and youth mentoring for the community. They accept various different insurances, including Aetna, CareFirst, and Medicare.

Community Enrichment

Organization	Contact Info	Resource
Toddler Gym - Worcester County Recreation	<p>Location: 6030 Public Landing Rd, Snow Hill MD 21863</p> <p>Operating Hours: Tuesday: 10-11 a.m., Thursday 5:30-6:30</p> <p>Website Address: https://worcesterrecandparks.org/programs/youth-programs/toddler-gym</p> <p>Phone Number: (410) 632-2144</p> <p>Transportation</p> <ul style="list-style-type: none"> - Nearby bus lines <ul style="list-style-type: none"> - Snow Hill Detention Center (11 min walk) 	This resource takes place in Worcester County Recreation and Parks for children aged 1-5. This costs \$35 per child during the day on Tuesdays, or \$25 on Thursday evenings. The toddler gym works to

		encourage socialization and improve motor skill development.
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Somerset County

Basic Needs

Organization	Contact Info	Resource
Somerset Community Services, Inc.	5574 Tulls Corner Rd, Marion Station, MD 21838 -Operating Hours: Mon-Fri. 8 am – 4 pm -Nearby bus lines: Shore transit Pam Cohen: 410-623-2261 http://www.somersetcommunityservices.org/ * *Newsletter under website homepage	Employment First Agency: an agency that offers Employment Services to provide job training to those with disabilities -learn basic tangible work skills and get work readiness training to ensure they are prepared for employment. This includes assistance with interview preparation, resume development, communication skills, and the application/job search process. Available services: Behavioral support services, Meaningful Day services, Residential Services,

		Transportation Services, Nursing Services, Personal Support Services, Respite Services
Catholic Charities-Seton center	<p>Location: 30632 Hampden Ave Princess Anne, MD 21853 Operating hours: Monday-Friday 9:00am-4:00pm Nearby train line: Manassas line Website address: https://www.ccwilm.org/ Phone number: 410-651-9608</p>	<p>Basic needs resource: Catholic Charities of the Diocese of Wilmington is a faith-based, social services organization, delivering critical direct care human services to over 83,000 individuals and families residing in Delaware and Maryland's Eastern Shore. No one is excluded from service.</p> <p>Available services: Case management services, Financial literacy education, Budget counseling, Job readiness, Rent/Mortgage/Utility assistance, Diaper bank, Food assistance, information and referral services</p>
Hope Ministries of Delmarva	<p>Location: 11724 Somerset Ave Princess Anne, MD 21853 Operating hours: Monday-Friday 8:00am-5:00pm Website address: https://www.findhelp.org/hope-ministries-of-delmarva--princess-anne-md--hope-ministries-of-delmarva/5768342446538752?postal=21853 Phone number: 410-726-7910</p>	<p>Basic needs resource: Hope Ministries Of Delmarva feeds the hungry of Somerset County. Clients must be residents of Somerset County.</p>

		<p>They also have jackets that have been donated and guests are free to take them as well. They also provide guests with carry out dinners and a bag lunch to take home.</p> <p>Food pantry services, Clothing services, Meal services</p>
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Education

Organization	Contact Info	Resource
<p>Judy Center Early Learning Hub-Somerset County Public Schools</p>	<p>Location: 11576 Lankford Street Princess Anne, Maryland Operating hours: Please call for specific operating hours Nearby Bus line: WALMART EB - WALMART EB, Cambridge Website address: https://www.somerset.k12.md.us/o/scps/page/judy-center-partnership#partnership Phone number: 410-651-1275</p>	<p>The Judith P. Hoyer Early Child Care and Family Education Centers serve children (age range: 0-5 years) and their families in an effort to increase the number of children entering school ready to learn. Promote school readiness through collaboration with community-based agencies, organizations and local businesses. The goal of the Judy Center is to improve school readiness skills of children birth</p>

<p>Somerset County Public Schools</p>	<p>Location: Somerset County Public Schools 7982A Tawes Campus Dr. Westover, MD 21871 Operating hours: Monday-Friday 8:00am-4:30pm Three nearby public transit bus lines: SCOOT, DASH, and CAT Website address: https://www.somerset.k12.md.us/ Phone number: (410) 651-1616</p>	<p>Somerset County’s eight public schools include one technology and career center, two high schools, an intermediate school, and four elementary schools. Offers educational services for Elementary school, Middle school, and High school students.</p> <p>Eligibility: -Children must be three or four years old by September 1st of the school year they are enrolling in. -Proof of residency in Somerset County, such as a lease, property tax bill, or utility bill -Immunization records -Health records and lead screening -Photo ID for the parent or guardian -Household income verification for Pre-K 3 and 4, such as a tax return or pay stubs</p>
<p>Maryland Department of Labor</p>	<p>Location: 7994 Tawes Campus Dr Westover, MD 21871 Operating hours: Please call for specific operating</p>	<p>Somerset County Adult Education Program-</p>

	<p>hours Neaerby train line: Judiciary Square Metro Station on the Red line Website address: https://www.labor.maryland.gov/adultliteracy/somer.shtml Phone number: 410-651-2285</p>	<p>Must be 18+ or older, officially withdrawn from K-12 school system if under 19, Maryland resident, Does not have a high school diploma Services offered: -Adult education and literacy services: GED preparation, NEDP program, ESOL or ESI for learning the english language -All classes are free to Maryland residents</p>
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Financial Resources

Organization	Contact Info	Resource
Maryland Department of Human Services	<p>Location: 30397 Mt. Vernon Road Princess Anne, Maryland 21853 Operating hours: 8:00am-5:00pm Nearby bus lines: 54 and 94 Website address: https://dhs.maryland.gov/local-offices/somerset-county/ Phone number: 410-677-4200</p>	<p>The Department, through its 24 local departments of social services, aggressively pursues opportunities to assist people in economic need, provide preventive services, and protect vulnerable children and adults in each of Maryland's 23 counties and Baltimore City.</p> <p>Services offered:</p>

		<p>Child Support and Information Resources, Public Assistance to Entrepreneurship (PA2E), Interagency Family Preservation Services</p> <p>Eligibility: Only U.S. citizens, refugees, asylees are eligible for Supplemental Nutrition Assistance program (SNAP). -Must have a social security number - ages 16-60 years old must be registered for work</p>
<p>211 Maryland</p>	<p>Location: Statewide service accessible from anywhere in Maryland online Operating hours: 24 hours/7 times a week Website address: https://211md.org/resources-by-county/somerset-county/ Phone number: 2-1-1</p>	<p>The state's most comprehensive health and human services Information and Referral System. With over 7,500 resources, individuals with essential needs can get connected to local help 24/7/365.</p> <p>Services offered: Food, Housing and shelter, Emergency shelter, Utility assistance, Financial assistance, Mental health, Substance</p>

		<p>abuse, Suicide and crisis intervention, COVID-19 testing, Healthcare, Children and families (child care, parenting support, supplies and clothing and school readiness), Aging and disability, Legal services, Tax prep information, Veterans, Domestic violence, Employment</p> <p>Transportation</p> <p>-Services are free and confidential, and translation is available in over 150 languages</p>
<p>Network of Care for Behavioral Health</p> <p>Provided by the Worcester County Core Service Agency</p>	<p>Location: 12409 Loretta Road Princess AnneMD, 21853 Operating hours: Mon-Fri 8:30am-5pm Transportation: You can contact the MA Transportation Office to complete an eligibility interview by phone, or schedule transportation by calling (410) 632-0092 Website address: https://mentalhealth.networkofcare.org/worcester-md/services/agency?print=1andpid=shoreupsomersetcountyassistanceprograms_2_214_0 Phone number: (410) 651-1805</p>	<p>Provides financial services: Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services</p> <p>Services offered: provides energy assistance, financial</p>

		<p>assistance for medications, weatherization and housing.</p> <p>Eligibility: Income per member of household must be low enough to be granted services (chart in this link: https://shoreup.org/housing/energy-assistance/)</p>
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Health

Organization	Contact Info	Resource
Somerset County Health Department	<p>Location: 8928 Sign Post Road, Suite 2, Westover, MD 21871</p> <p>Operating hours: 8:00am-5:00pm</p> <p>Nearby bus lines: DASH 851 and DASH 852</p> <p>Website address: https://somersethealth.org/behavioral-health/case-management-outreach/</p> <p>Phone number: 443-523-1700</p>	<p>Health services dedicated to serving the public by preventing illness, promoting wellness, and protecting the community.</p> <p>Services offered: Maryland Recovery Net (MDRN) SUD Client Support Services, Animal rabies control services, Healthy eating and physical activity services</p>
Chesapeake Health Care	<p>Location: 32033 Beaver Run Drive, Salisbury Maryland 21804</p> <p>Operating hours: 8:30am-5:00pm</p>	Health care services serving communities of

	<p>Nearby train line: Lexington Market Station Website address: https://chesapeakehc.org/healthcare-md-services/ Phone number: 410-749-1015</p>	<p>the three lower counties of the Eastern Shore of Maryland. Provides total health care for patients and helps eliminate barriers to care.</p> <p>Services offered: Child and adult psychiatrist, Adult medicine providers, Dental providers</p> <p>Eligibility: If you qualify for Medicaid, you can get covered at any time of the year, must be a resident of either Somerset, Wicomico, or Worcester county</p>
<p>Santé Eastern Shore</p>	<p>Location: Hotline service Operating hours: 24 Hours/7 Days a week Website address: https://santeeasternshore.org/county/somerset-county/ Phone number: 888-407-8018</p>	<p>The Santé group is composed of several companies that provide community-based emergency response and comprehensive mental and behavioral health services to individuals in need and their families and loved ones.</p> <p>Services offered: Crisis Hotline, Mobile Crisis Team, Safe-Station,</p>

		<p>School-Based Intervention, CIT and Education, CISM, Children and Adolescent Program, MRSS, MCSS</p> <p>-Anyone can be eligible for crisis services including children, adolescents, adults, couples, families, and seniors</p> <p>-Crisis services are free from charge</p>
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Community Enrichment

Organization	Contact Info	Resource
United Way of Lower Eastern Shore	<p>Location: 803 N Salisbury Blvd, Ste 2100 Salisbury, MD 21801</p> <p>Operating hours: Monday-Friday 8:30am-5:00pm</p> <p>Nearby bus line: Salisbury bus station</p> <p>Website address: https://www.uwles.org/OurPartnerships</p> <p>Phone number: 410-742-5143</p>	<p>Community enrichment: United Way of the Lower Eastern Shore (UWLES), now in its 80th year of local service, harnesses the power of our community to advance health, education, and financial stability for all neighbors in Dorchester, Somerset, Wicomico and Worcester counties.</p>

St. Mary County

Basic Needs

Organization	Contact Info	Resource
Housing Authority	<p>Address: 21155 Lexwood Drive, Suite C Lexington Park, MD 20653</p> <p>Website: https://www.stmaryshousing.org/</p> <p>Phone: 301- 880-7074</p> <p>Hours: Monday – Thursday 8:00 am – 4:00 pm and Friday 8:00 am – 3:00 pm</p>	<p>Investing in the Future of St. Mary’s County and the Families that call St. Mary’s Home. The Housing Authority is an independent, non-profit private entity created to assist low-income housing in St. Mary’s County, Maryland.</p>
Our Daily Bread Food Pantry	<p>Address: 20850 Langley Rd, Lexington Park, MD 20653.</p> <p>Website: https://goodsam.community/serve/our-daily-bread-food-pantry/</p> <p>Phone: 301-863-4740</p> <p>Hours: Wednesdays and Fridays @ 10:00 am - 12:00 pm</p> <ul style="list-style-type: none"> • Closed on holidays 	<p>This organization provides nourishing food to the community. They collect food from members of the community, partnering with food banks and stores within the area.</p>
Clothes Closet	<p>Address: 21760 Great Mills Road, Lexington Park, MD 20653</p> <p>Website: https://lexingtonparkumc.org/28208-2/</p> <p>Phone: 301-863-8500</p> <p>Hours: Tuesday – Thursday from 10 am – 2 pm</p>	<p>For more than two decades, the church has provided gently worn clothing to persons in need free of charge. During the week, various schools and social service agencies contact</p>

		<p>the church on behalf of persons of all ages who are needing clothing items. These orders are filled throughout the week by volunteers in the Clothes Closet ministry. In addition, we host a seasonal clothing give-away, inviting members of the community to drop in and select what they need. Volunteers are needed to sort clothing and help with the weekly filling of orders</p>
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Education

Organization	Contact Info	Resource
College of Southern Maryland	<p>Address: 8730 Mitchell Rd, La Plata, MD 20646 Website: www.csmd.edu Phone: 301-934-2251 Hours: Monday - Thursday from 7 am - 11pm; Friday from 7 am - 5 pm; Weekends vary</p>	<p>College of Southern Maryland is a public community college that serves students seeking a college degree. They offer affordable associate degrees and workforce training in SOMD.</p>
St. Mary's Co. Board of Education	<p>Address: 23160 Moakley Street, Leonardtown, MD 20650 Website:</p>	<p>The Board of Education of St. Mary's County's</p>

	<p>https://www.smcps.org/about-us/board-of-education Phone: 301-475-5511 ext. 32177 Fax: 301-475-4262 Hours: Monday - Friday @ 9 am - 5 pm Board meetings are held on the 2nd and 4th Wednesday of each month.</p>	<p>power and duties include the authority to adopt, enforce, and monitor all policies for the management and governance of the school system. The Board serves as the advocate for educational excellence for the community's youth and puts those interests first.</p>
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Financial Resources

Organization	Contact Info	Resource
Medical Assistance	<p>Address: Online Application at https://www.marylandhealthconnection.gov/</p> <p>Website: https://dhs.maryland.gov/weathering-tough-times/medical-assistance/</p> <p>Phone: (855) 642-8572 Child Protective Services: 240-895-7016 Child Protective Services (after hours): 301-475-8016 Foster care Services: 301-475-4700</p> <p>Hours: 24/7 Online Services</p>	<p>Maryland Children's Health Insurance Program (MCHIP) uses Federal and State funds to ensure that all Maryland's children have medical insurance. The program provides full health benefits for children under the age of 19, and pregnant women of any age who meet the income guidelines.</p>
Lifeline	<p>Address: ONLINE SERVICE - If need to mail: PO Box 1000 Horseheads, NY 14845</p>	<p>Individuals receiving benefits such as Medical</p>

	<p>Website: www.lifelinesupport.org Phone: (800) 234-9473 Hours: 7 days a week from 9 am - 9 pm</p>	<p>Assistance, food stamps, SSI, energy assistance, etc. are eligible to receive reduced cost landline phone service or a free cell phone.</p>
<p>Electric Universal Service Program</p>	<p>Address: Southern MD Tri County Community Action Committee, Inc. 21775 Great Mills Road Lexington Park, MD 20653</p> <p>Website: https://dhs.maryland.gov/office-of-home-energy-programs/</p> <p>Phone: (301) 475-5574</p> <p>Hours: Monday - Friday from 9 am - 3:30 pm</p>	<p>Low income electric customers may receive an annual grant applied to their electric bill to assist with current or past due bills. Applications are accepted between July - May each year through the Tri-County Community Action Committee.</p>

Health

Organization	Contact Info	Resource
<p>NP Family Practice</p>	<p>Address: 22680 Cedar Lane Court Leonardtown, MD 20650 Website: https://www.npfamilypractice.org/ Phone: 301-997-4453 Hours: 24 hours a day</p>	<p>NP Family Practice is dedicated to providing patients with comprehensive services to benefit their health and well-being.</p>
<p>Maryland Health Connections</p>	<p>Address: P.O. Box 857, Lanham, MD 20703 Website: https://www.marylandhealthconnection.gov/ Phone: 855-642-8572 Hours: Monday - Friday from 8 am - 6 pm</p>	<p>Maryland Health Connection offers a variety of health plans, including Medicaid and private health</p>

		plans. All private plans must offer essential health benefits, such as doctor visits, hospitalization, and preventive care.
Clifton T. Perkins Hospital	<p>Address: 8450 Dorsey Run Rd, Jessup, MD 20794</p> <p>Website: https://health.maryland.gov/perkins/Pages/home.aspx</p> <p>Phone: 410-724-3080</p> <p>Hours: Opens 24 hours</p>	This forensic psychiatric hospital provides quality assessment of recovery-based trauma informed care for all patients; Timely pretrial evaluations of defendants referred by the judicial circuit of Maryland, and maximum-security custody of patients to ensure public safety.
On Our Own of Maryland, Inc.	<p>Address: Mailbox 14, 7310 Esquire Ct, Elkridge, MD 21075</p> <p>Website: https://onourownmd.org/</p> <p>Phone: 301-997-1066</p> <p>Hours: Monday - Friday @ 9 am - 5 pm</p>	We work with peers, service providers, community leaders, local and state political leadership, and professional and community organizations to ensure that behavioral health services and systems are recovery-oriented, trauma-informed, person-centered, and culturally and linguistically responsive. They provide treatment

		and recovery support
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Community Enrichment

Organization	Contact Info	Resource
<p>Department of Aging and Human Services</p>	<p>Address: 23115 Leonard Hall Dr, Leonardtown, MD 20650 - County Government Office</p> <p>Website: https://www.stmaryscountymd.gov/aging/</p> <p>Phone: (301) 475-4200 ext. 1057</p> <p>Hours: Monday - Friday @ 8am - 4 pm</p>	<p>Our senior programs include, but are not limited to home and community-based services such as: home delivered and congregate meals, in-home services, ombudsman services, caregiver support, Senior Information and Assistance (IandA), social and recreational programs, health promotion, community outreach, and volunteer opportunities. The Human Services Division is responsible for the coordination of supportive services to families and children.</p>
<p>The Center for Life Enrichment</p>	<p>Address: 25089 Three Notch Road Post Office Box 610 Hollywood, MD 20636</p> <p>Website: https://tcle.org/</p>	<p>Vocational Rehabilitation-Vocational training, family and individual support services and</p>

	Phone: 301-373-8100; Fax: 301-373-3019 Hours: Monday - Saturday @ 9 am - 8 pm	recreation opportunities for individuals with disabilities.
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Talbot County

Basic Needs

Organization	Contact Info	Resource
Easton Church of God	Location: 1009 N Washington Street, Easton, MD 21601 Operating hours: Tuesdays: 12pm to 1pm (Baked Goods Only); Thursdays: 12pm to 2pm, Senior Meals Delivered on Mondays/Tuesdays Nearby bus lines: SWB, CAS, FBL, HWC, HXP Website address: / Phone number: (410) 822-3088	A resource united in providing food to families in their time of need. The food pantry through Harvest Of Hope serves families within the Talbot, Caroline, Dorchester, and Queen Anne counties. Senior Citizen Meals are delivered on Mondays and Tuesdays - to sign up for meal delivery, please email kathytaylor@eastoncog.org . Food pantry services. -No requirements to receive services
Neighborhood Service Center	Location: 126 Port Street Easton MD 21601 Operating hours: Monday through Thursday: 8am–5pm, Fridays: 8am – 12pm Nearby train line: College Park–University of	The Neighborhood Service Center, Inc. is a

	<p>Maryland station Website address: https://nsctalbotmd.org/programs/ Phone number: (410) 822- 5015</p>	<p>non-profit Community Action Agency that provides services and assistance to low-income families and elderly residents in Talbot County Maryland.</p> <p>After School Youth Program, Emergency Food Pantry, Electric Universal Service Program, Donations, Emergency Services Program, Maryland Energy Assistance Program, Representative Payee Program, Summer Youth Program, Mobile Food Pantry, On-the-Job -Training for Homeless Individuals, Rapid Rehousing Program, Talbot County Emergency Rental Assistance Program (ERAP), etc.</p> <p>Eligibility: Income: The NSC provides services to low-income families and elderly residents. Residency: The</p>
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		NSC serves Talbot County residents
Talbot Interfaith Shelter	<p>Location: PO Box 2004, Easton, MD 21601 Operating hours: Monday-Sunday 8:00am-10:00pm Nearby bus line: 1, C, HAPS BUILDING - WALMART Website address: https://talbotinterfaithshelter.org/ Phone Number: 410-690-3120</p>	<p>Dedicated to ending homelessness on Maryland's Mid-Shore by providing Shelter, Stability, Support, and a path to Success for families and individuals in need.</p> <p>S4 Program: (Shelter, Stability, Support, Success) is a comprehensive approach to ending homelessness. Services offered: Guests receive shelter, rigorous case management, connection to services, life skills training, and more.</p>

Education

Organization	Contact Info	Resource
Imagination Library of Talbot County	<p>Location: 6836 Cookes Hope RD Easton MD 21601</p> <p>Operating hours: 24 hours Website address: www.imaginationlibrary.com/usa/affiliate/MDTA</p>	Imagination Library of Talbot County's primary mission is to address the very important need to expose children

	<p>LBOT/ Phone Number: 410-820-8175</p>	<p>born to age 5 to a literature and vocabulary rich environment by mailing high quality, age-appropriate books directly to their homes each month at no cost to their families. After registering, the first book takes about eight to ten weeks to arrive at your home and then you will receive a new book each month until your child turns five.</p> <p>A free book gifting program.</p> <p>Eligibility: Child must be 0-5 years old to be eligible for program</p>
<p>Talbot County Health Department</p>	<p>Location: 510 Cadmus Lane Easton, MD 21601 Operating hours: Monday – Friday, 8:00 a.m. to 5:00 p.m. Website address: https://talbothealth.org/health-programs-services/early-head-start/ Phone number: (410) 819-5600</p>	<p>Brings actionable data, evidence, guidance, and stories to leaders and residents so people and communities can be healthier.</p> <p>Early Head Start program, Children with Special needs program</p> <p>Eligibility: Children participating must be under three years of age. Most</p>

		<p>families must meet Federal Poverty income guidelines, which vary based on family size and other factors</p>
<p>Tcps Education Foundation</p>	<p>Location: 12 Magnolia St. Easton, MD, 21601 Operating hours: Monday-Friday 8am-4pm Website address: https://tcpsef.org/ Phone number: 410-822-0330</p>	<p>Supports public education in Talbot County by raising funds and distributing funds to fulfill needs and opportunities inspired by Tcps (Talbot County Public schools) educators and students.</p> <p>-Educators and students can typically visit the foundation's website and access the grant application process to receive funding opportunities for a specific project or need for funding</p> <ul style="list-style-type: none"> - Chapel District Elementary - Easton Elementary - Dobson - Easton Elementary - Moton - Easton Middle - Easton High - St. Michael's Elementary - St. Michael's Medium/High - Tilghman

		Elementary
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Financial Resources

Organization	Contact Info	Resource
<p>Maryland Department of Human Services</p>	<p>Location: 301 Bay Street Easton, Maryland 21601 Operating hours: 8:00 a.m. – 5:00 p.m. Website address: https://dhs.maryland.gov/local-offices/talbot-county/ Phone number: 410-770-4848</p>	<p>The Department, through its 24 local departments of social services, aggressively pursues opportunities to assist people in economic need, provide preventive services, and protect vulnerable children and adults in each of Maryland’s 23 counties and Baltimore City.</p> <p>Energy assistance, Burial assistance, Emergency assistance, Homelessness Prevention program, Medical assistance, Pandemic-EBT program, Supplemental Nutrition Assistance program (SNAP), Temporary Cash assistance, Temporary Disability assistance, Transportation</p>

		<p>assistance, Weathering Tough Times</p> <p>Eligibility: Only U.S. citizens, refugees, asylees are eligible for Supplemental Nutrition Assistance program (SNAP).</p> <p>-Must have a social security number</p> <p>- ages 16-60 years old must be registered for work</p>
<p>Easton Utilities</p>	<p>Location: 201 N. Washington Street, Easton, Maryland 21601 Operating hours: Monday-Friday 8:00 am-4:30 pm Website address: https://eastonutilities.com/special-programs/ Phone Number: 410-822-6110</p>	<p>Strive to enhance the quality of life in our community by providing reliable, competitively priced utility and communication services through skilled, safety-oriented and customer-focused employees.</p> <p>Services offered: Energy assistance toolkit (provides improved utility performance), Maryland Energy Assistance Program (MEAP), Utility Service Protection Program (USPP), Electric Universal</p>

		<p>Service Program (EUSP, Lifeline, Budget Billing Plan, Bay Restoration Fee Hardship Exemption.</p> <p>Eligibility: -Must verify your medical assistance, food stamps, public assistance, security income (SSI), and veterans/social security disability benefits. You can submit your application to Easton Utilities by mail, fax, or email</p>
<p>Financial Help Resources</p>	<p>Location: 301 Bay Street Easton, MD - 21601 Operating hours: 8:00 am - 5:00 pm. Website address: http://www.dhr.state.md.us/blog/?p=249 Phone number: (410) 770-4848</p>	<p>Talbot County Dss Easton is the local county Division of Social Services office. Financial assistance is provided to residents.</p> <p>Temporary Cash Assistance (TCA), Food Stamps (FS (assists with money for groceries), Medical Assistance (MA).</p> <p>Eligibility: -Must Demonstrate financial need</p>

		-U.S. citizenship or eligible noncitizenship -Satisfactory academic progress
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Health

Organization	Contact Info	Resource
Mid Shore Behavioral Health	Location: 28578 Mary’s Court, Suite 1 Easton, Maryland 21601 Operating hours: Monday – Friday 8:00 am – 4:30 pm Website address: https://midshorebehavioralhealth.org/about/ Phone number: 410-770-4801	Purpose is to develop a full array of quality, accessible behavioral health resources and supports throughout the rural region. Services offered: Behavioral health services network meetings: Adult services workgroup, Children, Adolescents and young adults workgroup, Diversity and Inclusion workgroup, forensic mental health workgroup, etc. General Eligibility: -have a severe mental illness diagnosis -need income assistance -homeless or at risk for homelessness

<p>2-1-1 Maryland</p>	<p>Location: 9770 Patuxent Woods Drive Suite 334 Columbia, MD 21046 Operating hours: 24 hours a day/7 times a week Website address: https://211md.org/ Phone number: 2-1-1</p>	<p>211 Maryland is the state's most comprehensive health and human services Information and Referral System.</p> <p>-Provides information about housing such assistance with rent, food, utilities, mental health, and more</p> <p>Services offered: Health check, Hospital Care coordination, Hospital transition program</p>
<p>Talbot County Health Department</p>	<p>Location: 510 Cadmus Lane Easton, MD 21601 Operating hours: Monday-Friday 8:00am-5:00pm Website address: https://talbothealth.org/health-programs-services/healthy-families-program/ Phone number: (410) 819-5600</p>	<p>Healthy Families within the Talbot County Health Department is an evidenced-based, accredited prevention and early intervention program that promotes health and development starting at the most effective time: expectant parents and parents with new babies under three months of age. This is a free program.</p> <p>Reproductive health services, Developmental disabilities, Children health</p>

		<p>and wellness, Healthy families program, Health promotions and screenings, Senior services, Infectious diseases services</p> <p>Eligibility: -must be a Maryland resident and a US citizen or meet alien status -Eligibility is based on income and assets, and the amount of coverage varies -</p>
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Community Enrichment

Organization	Contact Info	Resource
Talbot Thrive	<p>Location: 117 Bay Street, Suite F (not in-person) Operating hours: 9:00am-5:00pm Monday-Friday over the phone (not in person) Website address: https://talbotthrive.org/ Phone number: (410) 591-6092</p>	<p>A non-profit dedicated to promoting healthy and safe outdoor mobility for everyone living, working and visiting Talbot County, Maryland The board meets once per month and we have at least one community outreach event per quarter.</p>

		<p>Committees: Safety and Education, Advocacy, Communication, Data and information</p> <p>-May call phone number for general inquiries or more information on how to get involved</p>
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Washington D.C.

Northeast D.C.

Basic Needs

Organization	Contact Info	Resource
Coalition For The Homeless	<p>Phone Number: 202-727-2832 (The main office phone number is 202-347-8870)</p> <p>Website Address: https://dcefh.org/</p> <p>Location: 635 I St NE, Washington, DC 200002 (Located in The Apollo) (There are multiple locations)</p> <p>Hours: Open 24 hours</p> <p>Transportation: The following transit lines have routes that pass near the Location</p> <ul style="list-style-type: none"> - Bus: K St NE and 12 St NE, Montello Av NE and Florida Av NE, Florida Av NE and 13 St NE - Metro: Union Station, NoMa-Gallaudet U New York Ave, Union Station Metro Station – 1st Street Exit 	<p>Coalition For The Homeless organization rebuilds lives through getting rid of homelessness. This organization focuses its attention on supporting people who are struggling with homelessness.</p> <p>You must provide a referral from a social services agency verifying you are homeless. Submit a police clearance no older than 30 days. Participate in structured meetings covering areas related to substance abuse, personal hygiene, life skills training (i.e., financial management) and job readiness.</p>

Organization	Contact Info	Resource
Capital Area Food Bank	<p>Phone Number: P: 202-644-9800 F: 202-529-1767</p> <p>Contact Email:</p> <p>Website Address: https://www.capitalareafoodbank.org/</p> <p>Location: 4900 Puerto Rico Avenue, NE Washington, DC 20017 (There is also a Virginia location)</p> <p>Operating Hours: Mon-Fri: 8am-3pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near the street address</p> <ul style="list-style-type: none"> - Bus: Fort Totten and Bay J, Fort Totten and Bay H, Fort Totten and Bay F, 80, E2, F6, K2, E4 - Metro: Metrorail Green Line, Metrorail Red Line 	<p>This organization provides food for people so that they can make brighter futures! Capital Area Food Bank has 400 local partners that they work with to pair food with services that can create permanent pathways out of hunger tomorrow. They provide more than 60 million meals every year. They have a Distribution Center where their staff and 20,000+ annual volunteers sort and prepare items for distribution. Neighbors can support those in need, this organization has the distribution programs, food donations, and nonprofit food assistant partners. Geared towards communities across D.C., Maryland, and Virginia, this organization gains support through donating money and food, volunteering, corporate engagement, planned giving, and virtual fundraising.</p>

Organization	Contact Info	Resource
The Community Partnership For The Prevention of Homelessness	<p>Phone Number:</p> <p>Shelter Hotline: 202-399-7093</p> <p>Mayor's Call Center: 311 TTY/TDD> Phone: 1-855-986-6700</p> <p>Virginia Williams Family Resource Center 920 Rhode Island Avenue, NE Washington, DC 20018</p>	<p>The Community Partnership For The Prevention of Homelessness serves to get rid of and prevent homelessness in the District of Columbia. They believe in collaboration within the community, collect, analyze, and provide access to homeless services data, administer housing subsidies, coordinate grants, and fund efforts to prevent homelessness. You have to be homeless singles and families in the District of</p>

	<p>Phone: 202-526-0017</p> <p>Emergency Rental Assistance (ERAP) Phone: 202-312-5510</p> <p>Website Address: https://community-partnership.org/</p> <p>Location: 920 Rhode Island Avenue, NE Washington, DC 20018</p> <p>Operating Hours: Mon-Fri: 8am-5pm</p> <p>Transportation: The following transit lines have routes that pass near the street address</p> <ul style="list-style-type: none"> - Bus: Rhode Island Av NE and 10 St NE, Rhode Island Av NE and 12 St NE, 12 St NE and Douglas St NE, 83, D8, G8, P6, T18 - Train: Manassas Line - Metro: Metrorail Red Line 	Columbia.
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Education

Organization	Contact Info	Resource
Newlen Early Childhood School Readiness Center	<p>Phone Number: 202-248-1397</p> <p>Contact Email: services@newleneducation.com</p> <p>Website Address: https://newleneducation.com/</p> <p>Location: 405 Riggs Road, NE Washington, DC 20011 (main location)</p>	This organization provides early childhood educational services and family support programs. The Newlen Early Childhood School Readiness Center assists children on their journey through exploration and play, provides a stimulating and nurturing environment, and offers a variety of enrichment programs. You have to go through various COVID-19

	<p>And</p> <p>1725 Michigan Ave, NE Washington, DC 20017</p> <p>Operating Hours:</p> <p>Mon-Tue, Thur-Fri - 7am-6pm Wed - 7am-5pm Sat-Sun - Closed</p> <p>Transportation: The following transit lines have routes that pass near the street address. For main location - 405 Riggs Road, NE Washington, DC 20011</p> <ul style="list-style-type: none"> - Bus: Riggs Rd NE and Chillum Pl NE, Riggs Rd NE and Nicholson St NE, 64, E4, K9, R2, R1 - Metro: Metrorail Green Line, Metrorail Red Line 	<p>Precautions protocol. Register your child on the website. No other costs associated.</p>
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Organization	Contact Info	Resource
<p>Metropolitan Educational Solutions, LLC</p>	<p>Phone Number: (Permanent Supportive Housing and Rapid Re-Housing) 202-657-4000 (P) 202-562-0511 (F)</p> <p>(Corporate Office) 202-657-4000 (P) 202-450-5560 (F)</p> <p>Contact Email: info@metroedsolutions.com</p> <p>Website Address: https://www.metroedsolutions.com/</p> <p>Location: (Permanent Supportive Housing and Rapid Re-Housing) 2011 Bunker Hill Road NE, Suite B</p>	<p>Metropolitan Educational Solutions, LLC helps DC residents get housing and resources. It serves individuals and families in the Permanent Supportive Housing Programs and individuals in the Rapid Rehousing Program. These programs help to obtain housing, maintain housing, and address the barriers that led to homelessness.</p>

	<p>Washington, DC 20018</p> <p>(Corporate Office) Metropolitan Educational Solutions</p> <p>Operating Hours: Mon-Fri, 9am-5pm EST</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: 22 St NE and Shepherd St NE, Bunker Hill Rd NE and Shepherd St NE, 22 St NE and Randolph St NE - Metro: Brookland-Cua, Rhode Island Ave-Brentwood 	
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Organization	Contact Info	Resource
EdCoSpace	<p>Phone Number: 703-688-2654</p> <p>Contact Email: clientcare@edcospace.com</p> <p>Website Address: https://www.edcospace.com/?utm_source=gmbandutm_medium=referral</p> <p>Location: 600 14th St NE, Washington, DC 20002</p> <p>Operating Hours: Tue-Thurs: 8am-6pm Fri-Mon: Closed</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: 11Y, 32, 33, 52, 611 - Train: Fredericksburg Line, 	<p>EdCoSpace lightens the load by supporting the adults in the child's life, whether that be parents, grandparents, teachers or caregivers. They evolve your child-rearing to be a more fulfilling, joyful and intentional experience. Through coaching and direct support, they provide individualized and effective strategies that encourage growth in the development of your young children. These services include Complementary Discovery calls, Individual Coaching Session (\$190), Coaching Package-3 Series/Monthly (\$450), Training and Technical Assistance, Family Culture Assessment and Plan (\$375), Nanny Professional (in home) Development (\$375), CDC Family Engagement Support (\$3,000), The Prepped</p>

	<p>manassas Line, Marc Metro: Metrorail Blue Line, Metrorail Orange Line, Metrorail Red Line, Metrorail Silver Line, Metrorail Green Line</p>	<p>Parent Course (\$127). You can request all of this on the website directly. They craft individualized plans and coach parents, family members, and caregivers on language, routines, social-emotional skills, creative expression, gross and fine motor skills, and PLAY (academic).</p>
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Financial Resources

Organization	Contact Info	Resource
<p>Karim and Associates Financial Services LLC</p>	<p>Phone Number: (Tel) 202-544-2999 (Fax) 202-544-7158</p> <p>Contact Email: tax.help@karimandassociates.com</p> <p>Website Address: https://www.karimandassociates.com/</p> <p>Location: 1505 North Capitol St NE FL1, Washington, DC 20002</p> <p>Operating Hours: Mon-Tue - 8am-8pm Fri - 2:30pm-8pm Sat-Sun - 8am-8pm Availability may vary. Check above links for updates</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: N Capitol St NW and N St NW, H St NW and N Capitol St NW, N Capitol St NE and N St NE - Train: Manassas Line 	<p>At Karim and Associates Financial Services, LLC, we blend the expertise and comprehensive care of a large accounting firm with the personalized touch of a smaller practice. Established in 1990 in Washington, DC, our firm has become a cornerstone of financial guidance and tax solutions in the community. We specialize in tax planning and preparation, ITIN services, and small business consulting, always focused on delivering tailored strategies to meet your unique financial goals. Our team of licensed enrolled agents and tax professionals is dedicated to navigating complex tax landscapes and providing effective solutions for both individuals and small businesses. Pricing for their consulting services is determined after meeting with experts in Tax Preparation, Tax Resolution, Identity and Compliance, and Business Growth.</p>

	- Metro: Metrorail Green Line, Metrorail Red Line, Metrorail Yellow Line	
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Organization	Contact Info	Resource
DC Department of Human Services	<p>Phone Number: General - 202-671-4200 Homeless Services Hotline: 202-399-7093</p> <p>Contact Email: dhs@dc.gov</p> <p>Website Address: https://dhs.dc.gov/</p> <p>Location: 64 New York Avenue, NE, 6th Floor, Washington, DC 20002</p> <p>Operating Hours: Mon-Fri at 8:15am-4:45pm, except District holidays</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: 80, 90, 92, P6 - Train: Manassas Line, Marc - Metro: Metrorail Red Line 	<p>This organization provides financial assistance for District families with dependent children, and other various resource programs. The Featured Services include TANF, Eviction Prevention, Emergency Rental Assistance, Child Care Assistance, Wellness Centers, and Supplemental Nutrition Assistance Program (SNAP). You have to have DC residency, DC Medicaid, and in order to be a social worker for this organization you have to have a DC social work license.</p>

Organization	Contact Info	Resource
MissionSquare Retirement	<p>Phone Number: 800-669-7400 (Tel) 844-677-3297 (Fax)</p> <p>Contact Email: (To email on the website you need to login)</p> <p>Website Address: https://www.missionsq.org/</p>	<p>This organization invests in our communities and creates financial wellness. You can enroll on the website directly for the Retirement services and to meet with a specialist, have a participant portal, and offer employment. You can navigate market volatility, investing in our communities, and have a</p>

	<p>Location: Mail: MissionSquare Retirement 7777 North Capitol Street, NE Suite 600 Washington, DC 20002</p> <p>Operating Hours: Representatives available weekdays: 8:30am - 9pm EST</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: N Capitol St NW and N St NW, H St NW and N Capitol St NW, N Capitol St and E St nb, 80, 90, G8, P6 - Train: Manassas Line - Metro: Metrorail Green Line, Metrorail Red Line, Metrorail Yellow Line 	<p>financial wellness center. Retirement with a full benefit requires the person to be the age of 65. If you have at least 10 years of service credit and you're 65, you can retire with a full benefit. If you have at least five years of service credit, you can retire at age 65 with a full benefit if you earned at least one of your five years of service credit after age 44.</p>
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Health

Organization	Contact Info	Resource
<p>American Academy of Pediatrics</p>	<p>Phone Number: 202-347-8600</p> <p>Contact Email: Inquiries - executivedirector@aapdc.org</p> <p>Newsletter - newsletter@aapdc.org</p> <p>Website Address: https://www.aapdc.org/mission/</p> <p>Location: 601 13th St NW # 400N,</p>	<p>The American Academy of Pediatrics has a mission to promote the optimal health and development of children and adolescents of Washington, D.C. in partnership with their families and communities, and to support the pediatricians who care for them in Washington, DC. The membership costs include a \$25 Annual due, senior members pay no dues as long as they are at least 55 years old, are allowed to request a print copy of the Red</p>

	<p>Washington DC 20005 (Serves NE DC)</p> <p>Operating Hours: Mon-Fri: 9am-5pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: 11Y, 16Y, 32, 33, 3Y - Train: Fredericksburg Line, Manassas Line, Marc - Metro: Metrorail Blue Line, Metrorail Green Line 	<p>Book for \$175, plus a \$29 shipping and handling fee, and the Journal of Pediatrics - the article publishing charge for all articles is \$4,320, excluding taxes. You can have a membership, authorship, and meeting participation to fulfill requirements to be a part of this organization.</p>
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Organization	Contact Info	Resource
Quality Healthcare Services	<p>Phone Number: 202-516-5737</p> <p>Contact Email: info@qualityhealthcaredc.com</p> <p>Website Address: https://qualityhealthcaredc.com/</p> <p>Location: 1818 New York Ave, Suite 207 Washington DC 20002</p> <p>Operating Hours: Mon: 9am-6pm Tue: 9am-9pm Wed: 9am-6pm Thurs: 9am-9pm Fri: 9am-6pm Sat: 10am-3pm Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: D4, E2, S41 - Metro: Metrorail Red Line 	<p>Quality Healthcare Services is certified by the Department of (DBH) to provide Mental Health Rehabilitation Services to youth and adolescents in the District of Columbia as a CORE SERVICE AGENCY. The clinical services places a strong emphasis on treating the entire family with the goals of restoring a sense of hope, bringing balance to the family, and providing a comprehensive treatment plan developed around the child's/adolescent's specific needs. Family participation is highly encouraged; parenting groups and parenting skills are also offered. This includes Therapy and Family Counseling, Substance Abuse Treatment, Domestic Abuse Support, Behavioral Health, Mental Health Program for School Children, Early Childhood Mental Health, Mental Health Program for Teenagers and Adolescents, Trauma and PTSD Management, Maternal mental</p>

		health Programs, and Community Support. DHCF's Medicaid Managed Care Quality Strategy is also offered and you need to have Quality Strategy approved by the Centers for medicare and medicaid Services (CMS).
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Organization	Contact Info	Resource
<p>DC Health and Wellness Center</p>	<p>Phone Number: 202-741-7692</p> <p>Contact Email:</p> <p>Website Address: https://sexualbeing.org/dc-health-and-wellness-center/</p> <p>Location: 77 P Street NE Washington, DC 20002</p> <p>By Foot/Bike The entrance to the DC Health and Wellness center is located on P Street across from the Mobil gas station, to the left of the parking lot when you are facing the building.</p> <p>By Bus 90 or 92 bus to Florida Ave and P St. NE 96 bus to New Jersey Ave NW and P St. NW</p> <p>By Car Paid street parking and paid garage parking are available near the building.</p> <p>Operating Hours: Mon-Wed, Fri: 9am-2:30pm Thurs: 9am-11:15am</p>	<p>This organization is a team of doctors, nurses, and health professionals that help you explore your options and facts for sexual health. Their website has all the information about sexual health services for the LGBTQ+ community, people who want to get tested for various STDs, and anyone else interested in sexual health. They have PrEP, Condoms, representatives, and resource alike.</p>

Community Enrichment

Organization	Contact Info	Resource
<p>The Community Enrichment Project</p>	<p>Phone Number:</p> <p>Contact Email: info@thecepdcc.com</p> <p>https://www.thecepdcc.org/contact-us</p> <p>Website Address: https://www.thecepdcc.org/</p> <p>Location: 1601 16th St SE, Washington, DC 20020 (Serves NE)</p> <p>Operating Hours: Open 24 hours Mon-Fri Closed Sat-Sun</p> <p>Online Service Hours: 9am-5pm All week</p> <p>Transportation: The following transit lines have routes that pass near the street address.</p> <ul style="list-style-type: none"> - Bus: 92, B2, V2, W8, W6 - Metro: Metrorail Green Line, Metrorail Blue Line, Metrorail Orange Line, Metrorail Silver Line 	<p>This organization provides interest-based learning programs. You can buy their clothing merchandise via their website. The Community Enrichment Project provides a variety of interest-based learning and engagement programs that will meet the needs of your school, youth group, agency, or organization. Each of our programs focuses on four major pillars of civic engagement: volunteering, voting, advocacy, and activism. They have scholarships such as Dr. Jewel Limar Prestage Scholarship (\$500) and The President's Volunteer Service Award (12 month time period). The Community Enrichment Project in Washington, DC</p>

		has an estimated total value of \$68,257 for all projects matched.
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Northwest D.C.

Basic Needs

Organization	Contact Info	Resource
Bethany Women's Day Center	<p>Phone number: 202-939-2076</p> <p>Operating Hours: Mon, Tues, Weds, Thurs, and Sat from 7 am - 4 pm</p> <p>Location: 1333 N Street, NW Washington, DC 20005</p> <p>https://www.nstreetvillage.org/healthy-meals-basic-needs/</p>	Bethany Women's Day Center gives food, clothes, showers and laundry services as well as access to information for housing, health, and legal help.
Friendship Place	<p>Phone number: 202.364.1419</p> <p>Operating Hours: Mon, Tues, Thurs from 9am-12pm, 1-4pm</p> <p>Location: 4713 Wisconsin Ave NW Washington DC 20016</p> <p>https://friendshipplace.org/</p>	Friendship Place helps people suffering from homelessness in the DC area by offering housing support/programs and help with mental health, illness, disabilities and addiction.
So Others Might Eat	<p>Phone number: 202.797.8806</p> <p>Operating Hours: Monday-Friday 8 am - 4 pm</p> <p>Location: 71 O Street NW Washington, DC 20001</p> <p>https://some.org/services/</p>	So Others Might Eat offers a low-cost housing program for single adults, families, and senior/older adults. They also provide emergency services such as meals, showers, and cleanliness products.

Education

Organization	Contact Info	Resource
So Others Might Eat	<p>Phone number: 202.797.8806</p> <p>Operating Hours: Monday-Friday 8 am - 4 pm</p> <p>Location: 71 O Street NW Washington, DC 20001</p> <p>https://some.org/services/</p>	<p>The ‘So Others Might Eat’ Center for Employment Training provides free, hands-on training in healthcare and building trades. The center teaches students the skills required to get a job. They also offer assistance with writing resumes and cover letters, as well as practicing for interviews.</p>
Educational Resources Group of Greater Washington	<p>Phone number: (301) 636-0389</p> <p>Operating Hours: 24 hours</p> <p>Location:</p> <p>https://www.edresourcesgroup.com/</p>	<p>Educational Resources Group of Greater Washington offers tutoring for schoolwork, either one-on-one or in small groups both in person and online. Helps with all school subjects, applying to college and writing essays.</p>
College Bound	<p>Phone number: (202) 842-0858</p> <p>Operating Hours: Monday-Friday 9 am - 6 pm</p> <p>Location: 128 M Street, NW Suite 220 Washington, DC 20001</p> <p>https://www.collegebound.org/</p>	<p>The College Bound Academic Mentoring Program helps students from the Washington DC area. It supports students in finishing high school and applying to college. The program offers individual mentorship, visits to colleges, SAT preparation, and learning about different careers.</p>

Financial Resources

Organization	Contact Info	Resource
Greater Washington Urban League	Phone number: - Utility assistance: (202) 792-2554 - Rental assistance: (202) 507-6666 Operating Hours: Monday-Friday 9 am - 5 pm Location: 2901 14th Street, NW Washington, DC 20009 https://www.gwul.org/	The Greater Washington Urban League helps families facing urgent financial challenges by providing aid for utilities, rent, and a fund for emergencies
Change Inc.	Phone number: (202) 387-3725 Operating Hours: Location: 1413 Park Road NW Washington, DC 20010 https://washington.dc.networkofcare.org/mh/services/agency.aspx?pid=changeincemercyassistanceprogram_2_1347_1	D.C. Residents Only: Change Inc. offers emergency help for rent, mortgages, and utilities (water, electricity, gas) for people living in Ward 1 or 4. To get help, must call phone number in Contact Info box to begin process
United Planning Organization	Phone number: (202) 682-6572 Operating Hours: Monday-Friday 8:45 am - 5 pm Location: - Headquarters: 301 Rhode Island Ave, NW Washington, DC 20001 - In-person assistance: 2907 MLK Jr. Ave. SE, Washington, DC 20032 https://www.upo.org/fec/	D.C. Residents Only: The United Planning Organization provides free financial help, either online or in-person. Trained coaches give advice on saving money, reducing debt, improving credit, and using banking services.

Health

Organization	Contact Info	Resource
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<p>So Others Might Eat</p>	<p>Phone number: 202.797.8806</p> <p>Operating Hours: Monday-Friday 8 am - 4 pm</p> <p>Location: 71 O Street NW Washington, DC 20001</p> <p>https://some.org/services/</p>	<p>So Others Might Eat offers check-ups, lab testing, dental health and mental health services to people of all ages struggling with homelessness or poverty. Accepts all insurance plans like Medicare and Medicaid. Costs of services are based on income.</p>
<p>Community of Hope - Marie Reed Health Center</p>	<p>Phone number:</p> <ul style="list-style-type: none"> - Health services: 202.540.9857 - General inquiries: 202.407.7747 <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday 8:30 am–5 pm - Tuesday 8:30 am–7 pm - Wednesday 8:30 am–7:30 pm - Thursday 8:30 am–5 pm - Friday 8:30 am–5 pm - Saturday 9 am–3:30 pm <p>Location: 2155 Champlain Street NW, Washington, DC</p> <p>https://www.communityofhopedc.org/locations/marie-reed-health-center/</p>	<p>Community of Hope offers healthcare services that are low-cost. These services include care for women's health, support for emotional health and health checkups</p>
<p>Whitman-Walker Health</p>	<p>Phone number: 202.745.7000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday-Thursday 8:30 am–12:30 pm, 1:30–5:30 pm - Friday 8:30 am–12:30 pm, 2:30–5 pm <p>Location:</p> <ul style="list-style-type: none"> - 1525 14th St, NW Washington, DC 20005 - 1377 R St, NW Washington, DC 20009 <p>https://www.whitman-walker.org/</p>	<p>Whitman-Walker Health provides medical care, gender affirming care and services, women's health, behavioral health services, and dental health. Assists DC residents with enrolling in health insurance options.</p>
<p>La Clínica del Pueblo</p>	<p>Phone number: 202-462-4788</p> <p>Operating Hours:</p>	<p>La Clínica del Pueblo offers basic medical care and check ups, helps</p>

	<p>Location: 2831 15th St NW Washington, DC 20009</p> <p>https://www.lcdp.org/</p>	<p>people sign up for insurance, and provides mental health treatment.</p>
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Community Enrichment

Organization	Contact Info	Resource
Takoma Community Center	<p>Phone number: (202) 576-7068</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Community Center: Monday - Friday: 12 noon - 8 pm - Fitness Center: Monday - Friday: 6:30 am - 8:30 pm; Saturday: 10:30 am - 4:30 pm <p>Location: 300 Van Buren Street, NW</p> <p>https://dpr.dc.gov/page/takoma-community-center</p>	<p>This community center provides many programs, such as fitness classes, skill classes, and summer camps. There are courts available for different sports, along with a computer lab and multi-purpose rooms.</p>
Georgetown Waterfront Park	<p>Phone number: (202) 895-6000</p> <p>Operating Hours: Open 24 hours</p> <p>Location: Wisconsin and K St., NW Washington, DC</p> <p>https://www.nps.gov/places/georgetown-waterfront-park.htm</p>	<p>Georgetown Waterfront Park is walkable and is safe for bicycle users and skaters,</p>
Georgetown Flea Market	<p>Phone number: (202) 775-3532</p> <p>Operating Hours: Every Sunday 8 am - 4 pm</p> <p>Location: 1819 35th St NW Washington, DC</p> <p>http://www.georgetownfleamarket.com/</p>	<p>A huge flea market that is walkable and where customers can browse/buy antiques, vintage collectibles, crafts, clothing, accessories, etc.</p>

Southeast D.C.

Basic Needs

Organization	Contact Info	Resource
Bread for the City	<p>Phone Number: 202-561-8587 Hours: Tue-Thu 10am-2pm Address: 1640 Good Hope Road Southeast Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near Good Hope Road Southeast</p> <ul style="list-style-type: none"> - Bus: 92, W6, W8, A32, B2 - Metro: Metrotrail Green, Blue, Orange, and Silver line 	<p>Bread for the City’s clothing room offers clothing, books, and small household goods for various seasons and occasions to the clients and their families. Toiletry packs (often containing soap, toothpaste, toothbrushes, lotion, shampoo, conditioner, or other products) are also distributed through the clothing program.</p> <p>Costs: Free Eligibility: Only D.C. residents are eligible.</p>
Permanent Supported Living by Community Connections	<p>Phone Number: 202-546-1512 Operating Hours: Mon-Fri 8am-5pm Location: 801 Pennsylvania Avenue Southeast, Washington, DC 20003</p> <p>Transportation: The following transit lines have routes that pass near 801 Pennsylvania Ave SE</p> <ul style="list-style-type: none"> - Bus: 32, 36, 90, CH-US, 92 - Train: Fredericksburg Line, Manassas Line, MARC - Metro: Metrorail blue line, metrorail orange line, metrorail silver line, metrorail green line 	<p>In collaboration with the Community Partnership for the Prevention of Homelessness, Community Connections administers a wide range of Supportive Housing Programs that offer rental assistance and supportive services for adults and families with histories of homelessness and concurrent behavioral health conditions, and who may also be recovering from trauma, addiction, HIV/AIDS, and/or may be a U.S. Veteran.</p> <ul style="list-style-type: none"> - Costs: Free - Eligibility: Those who suffer with the listed things in the description
HOPE Homeless Prevention	<p>Phone Number: 202-497-5678 Hours: Mon-Fri 9am-5pm Location: 2918 Minnesota Avenue Southeast Washington, DC 20019</p>	<p>HOPE Homeless Prevention Program provides outreach services and work to stabilize individuals and families at risk of becoming homeless through specialized services and</p>

	<p>Transportation: The following transit lines have routes that pass near Minnesota Avenue Southeast</p> <ul style="list-style-type: none"> - Bus: 32, 36, M6, B2, V4 - Metro: Metrorail blue line, metrorail orange line, metrorail silver line, metrorail green line 	<p>connection to other community resources. Services includes comprehensive case management, Rental and Utility Assistance, Financial assistance, Referral for legal services, Mediation services, Budgeting and financial management, Assisting with Social Security Disability Applications and Insurance</p> <ul style="list-style-type: none"> - Costs: Free - Eligibility: Must be homeless, about to be homeless, or living in transitional housing
<p>Meeting the Need by The House Dc Inc</p>	<p>Phone Number: 202-610-3100 ext. 100 Operating Hours: Mon-Fri 8am-5pm Location: 1606 17th Street Southeast Washington, DC 20020</p> <p>Transportation: The following transit line have routes that pass near 17th Street Southeast</p> <ul style="list-style-type: none"> - Bus: 32,36,96,B2,V4 - Train: Fredericksburg line - Metro: Metrorail blue, orange, silver, and green line 	<p>Meeting the Need program offers counseling, mentoring and emergency assistance as needed, for students and often their families. They provide services for personal and spiritual growth, nutritional support, and artistic outlets, as well as academic mentorship and job training that prepares students for their next stage of life.</p> <ul style="list-style-type: none"> - Costs: Not specified - Eligibility: Serves at-risk youth in the Anacostia area.
<p>Families Moving Forward (FMF) Food Pantry by North Capitol Collaborative, Inc.</p>	<p>Phone Number: 202-588-1800 Hours: Open on the 2nd and 4th Thursday of the month from 10am-2pm Location: 3230 Pennsylvania Avenue Southeast Suite-202 Washington, DC 20020</p> <p>Transportation: The following</p>	<p>The Families Moving Forward (FMF) Food Pantry seeks to alleviate hunger in the community by providing eligible households with food to meet basic nutritional needs.</p> <p>This program provides:</p> <ul style="list-style-type: none"> - Food to meet basic nutritional needs

	<p>transit lines have routes that pass near Pennsylvania Avenue SE</p> <ul style="list-style-type: none"> - Bus: 32, 36, EM-LP, 92, 90 - Train: Manassas Line - Metro: Metrorail blue, orange, silver, and green line 	<ul style="list-style-type: none"> - Community resources - Health Education - Food preparation and recipes <p>Emergency food allocation is available on days the food pantry is closed. When available, fresh produce, clothing, shoes and toys are distributed to children and adults.</p> <p>Costs: Free Eligibility: Not specified (for eligible household)</p>
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Education

Organization	Contact Info	Resource
<p>Progressive Educational Experiences In Cooperative Cultures (PEECC)</p>	<p>Location: 401 15th Street Southeast Washington, DC 20003 Operating Hours: Mon-Fri 8am-5pm Phone Number: Not provided Link to contact- https://peecc.org/contact.html</p> <p>Transportation: The following transit lines have routes that pass near 15th Street Southeast</p> <ul style="list-style-type: none"> - Bus: 92, B2, W6, W8, V2 - Metro: Metrorail green, blue, orange, and silver line 	<p>PEECC provides educational programs for academic enrichment for basic skills mastery through a mixture of activities of remedial subjects and hands-on training. Services include Education, Employment, Crime Prevention, Family Support, Environmental Awareness, Cultural Exchange.</p> <ul style="list-style-type: none"> - Costs: not specified - Eligibility: Primarily supports disadvantaged and underprivileged individuals; specific criteria not outlined
<p>Academy of Hope</p>	<p>Phone Number: (202) 373-0246 Location: 421 Alabama Avenue SE Washington, DC 20032 Hours: Not specified</p> <p>Transportation: The following transit lines have routes that pass</p>	<p>Academy of Hope (AoH) is an adult public charter school in Washington, D.C., dedicated to providing high-quality education and support services to adult learners. Their mission is to offer education and services that transform lives and strengthen</p>

	near Alabama Avenue Southeast Bus: 32, 92, W6, W2, W4 Metro: Metrorail green, blue orange and silver line	communities. Services include GED Program, NEDP, College and Career Services, Student Support Services - Costs: Free - Eligibility: 18+ and dc resident
College Track Southeast DC	Phone Number: 202-897-3500 Location: 620 Milwaukee Pl SE, Washington, DC 20032 Operating Hours: Mon-Fri 11am-7pm Transporation: The following transit lines have routes that go to Milwaukee Pl SE - Metro: Metrorail green line	College Track in Southeast D.C. is a program that offers academic support, college readiness, and social-emotional development services for students from local high schools. - Costs: not specified - Eligibility: No specific eligibility requirements (likely to prioritize high school students)

Financial Resources

Organization	Contact Info	Resource
Emergency Rental Assistance Program (ERAP) by Catholic Charities Archdiocese of Washington at Southeast Family Center	Phone Number: 202-338-3100 Operating Hours: Mon-Fri 8am-5pm Location: 2812 Pennsylvania Avenue Southeast, Washington, DC 20020 Transportation: The following transit lines have routes that pass near Pennsylvania Avenue SE - Bus: 32, 36, EM-LP, 92, 90 - Train: Manassas Line - Metro: Metrorail blue, orange, silver, and green line	ERAP provides funding to assist low-income District residents facing housing emergencies for overdue rent if a qualified household is facing eviction, including late costs and court fees. The program also supports security deposits and first month's rent for residents moving into new apartments. - Costs: free - Eligibility: helps D.C. residents earning less than 40% of the Area Median Income.
SPLASH - Customer Assistance Program	Phone Number: 202-354-3600 Operating Hours: Mon-Fri	Supplement assistance for residential customers who have

	<p>8am-5pm Location: 1385 Canal Street Southeast Washington, DC 20003</p> <p>Transportation: the train line that serves canal st in washington, dc is the blue line of the washington metro</p>	<p>fallen behind on their bills. Services include monthly discounts on water and sewer bills, emergency assistance for eligible households, and support for managing past due balances.</p> <ul style="list-style-type: none"> - Costs: free - Eligibility: Not specified (based on income and household size)
<p>Benevolence by The New Macedonia Baptist Church</p>	<p>Phone Number: 202-583-5555 Operating Hours: Mon-Fri 8am-5pm Location: 4115 Alabama Ave SE Washington, DC 20019</p> <p>Transportation: The following transit lines have routes that pass near Alabama Avenue Southeast</p> <p>Bus: 32, 92, W2, W4, and W6 Metro: Metrorail green, blue, orange, and silver line</p>	<p>The Benevolence Ministry provides help to meet the basic financial need of members and neighbors in times of crisis, according to biblical directives, fiscal constraints, and approval of the designated benevolence board. Services include assistance with utility bills, rent, and other essential expenses for community members facing hardship.</p> <ul style="list-style-type: none"> - Costs: Free - Eligibility: must demonstrate financial need

Health

Organization	Contact Info	Resource
<p>The Family Wellness Center, Inc.</p>	<p>Phone Number: 202-748-5641 Operating Hours: Mon-Fri 9am-6pm Location: 2526 Pennsylvania Ave. SE Suite C, Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near Pennsylvania Avenue SE</p> <ul style="list-style-type: none"> - Bus: 32, 36, EM-LP, 92, 90 - Train: Manassas Line - Metro: Metrorail blue, 	<p>FWC's is to restore life and</p>

	<p>orange, silver, and green line</p>	<p>balance by providing holistic medical and mental health services to adults, children, and families that are consumer-centered, family-involved, reliable, and accessible; in a multi-disciplinary setting that adheres to the highest standards of care and respect.</p> <ul style="list-style-type: none"> - Costs: vary based on the services provided and insurance coverage. - Eligibility: Must be a D.C. Resident
<p>Kinara Health Services</p>	<p>Phone Number: 202-506-5529 Operating Hours: Mon, Wed, Fri 8:30am-5pm Tue,Thu 8:30am-8:30pm Sat 8:30am-2pm Location: 2027 Martin Luther King Jr Ave SE, Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near Martin Luther King Jr Ave SE Bus: A2, A4, A8, D14 Metro: Metrorail green line</p>	<p>Health service that offers psychotherapy, psychiatric care, and skills- and resource-based community support services.</p> <ul style="list-style-type: none"> - Costs: Not specified (likely to vary based on service and insurance coverage) - Eligibility: District youth ages 5 and up, and adults.
<p>Family and Medical Counseling Service Inc</p>	<p>Phone Number: 202-889-7900 Operating Hours: Monday - Friday, 8:30am – 5:30pm Saturday, 9:00am – 2pm (Medical Only) Sunday, Closed Location: 2041 Martin Luther King Jr. Avenue, SE Suite 303 Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near Martin Luther King Jr Ave SE</p>	<p>The mission of FMCS is to employ state-of-the-art community-based approaches to providing comprehensive services that promote the emotional and physical health of families and individuals, regardless of income or social status. Services include primary medical care, behavioral health care, harm reduction, and prevention services.</p> <ul style="list-style-type: none"> - Costs: Not specified (likely to vary based on

	<p>Bus: A2, A4, A8, D14 Metro: Metrorail green line</p>	<p>service and insurance coverage) - Eligibility: Not specified (emphasize serving diverse communities)</p>
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Community Enrichment

Organization	Contact Info	Resource
<p>Frederick Douglass Community Center - Youth After School and Summer Enrichment Programs</p>	<p>Phone Number: 202-889-3850 Operating Hours: Mon-Fri 10am-6pm Location: 1427 Cedar Street Southeast Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near 17th Street Southeast</p> <ul style="list-style-type: none"> - Bus: 32, 36, 96, b2, v4 - Train: Fredericksburg Line - Metro: Metrorail blue, orange, silver, green 	<p>After School and Summer Enrichment Programs that include:</p> <ul style="list-style-type: none"> • Homework Assistance • Creative Expression and Public Speaking • Computer Instruction • Recreational Activities • Arts and Crafts • Anti-Bullying Sessions • Health and Wellness Program • Financial Literacy Education • Educational and Recreational Field Trips • Reading and Math Tutoring <ul style="list-style-type: none"> - Costs: Free - Eligibility: Must be a resident of Frederick Douglass Apartments.
<p>Sexual Minority Youth Assistance League (SMYAL) after school programs</p>	<p>Phone Number: 202-546-5940 Operating Hours: Sunday: Closed Monday: 3:00 pm - 5:00 pm Tuesday: 3:00 pm - 6:30 pm Wednesday: 3:00 pm - 7:00 pm Thursday: 3:00 pm - 7:00 pm Friday: 3:00 pm - 7:00 pm Saturday: 1:00 pm - 4:00 pm Location: 410 7th Street Southeast Washington, DC 20003</p>	<p>The After School Programs are designed for LGBTQ. The programs offer attendees to express themselves, develop leadership skills and connect with other LGBTQ youth, all in a safe environment. The programs range from discussion groups and self-care workshops to field trips and vouting, and everything in between.</p> <ul style="list-style-type: none"> - Costs: Free - Eligibility: LGBTQ+

	<p>Transportation: The following transit lines have routes that pass near 400 7th Street Southwest</p> <ul style="list-style-type: none"> - Bus: 315, 36, 74, 923, P6 - Train: Manassas line, MARC - Metro: Metrorail green, orange, silver, yellow, and blue line 	youth ages 6-24
The Community Enrichment Project	<p>Phone Number: (202) 713-5572 Operating Hours: 24 hrs Location: 1601 16th St SE, Washington, DC 20020</p> <p>Transportation: The following transit lines have routes that pass near 16th and W St SE</p> <ul style="list-style-type: none"> - Bus: 92,B2,V2,W8,W6 - Metro: Metrorail green, blue, orange, and silver line 	<p>The mission of the Community Enrichment Project (CEP) is to enhance underserved communities in Washington, D.C. by empowering adolescents within them. Services include day-long youth civic engagement workshops, six-week to six-month programs for community volunteering, and need- and merit-based scholarships to enhance understanding of American government and public leadership roles.</p> <ul style="list-style-type: none"> - Costs: Free - Eligibility: Not specified

Southwest D.C.

Basic Needs

Organization	Contact Info	Resource
The Aya	<p>Phone Number: 202-939-0027</p> <p>Contact Email:</p>	The Aya is an affordable short-term family housing project commissioned by the District of Columbia

	<p>info@studio27arch.com</p> <p>Website Address: https://www.studio27arch.com/project/850-delaware-ave/</p> <p>Location: 805 15th Street NW Suite 430 Washington, DC 20005</p> <p>Operating Hours: Department of General Services is 9am-5pm You can call to ask, as well.</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 70, S2, S9, D31, 305 - Train: MARC - Metro: Metrorail Red Line, Metrorail Green Line 	<p>Department of General Services as part of Mayor Bowser’s initiative to close aging, overcrowded facilities. Located in Ward 6, this neighborhood-based program provides a safe environment for women and children and provides access to service-enriched programming that assists them to stabilize and exit homelessness. Cost not disclosed on website. You would have to be homeless or about to be homeless to qualify.</p>
<p>Covenant Baptist Church Food Pantry</p>	<p>Phone Number: (202) 562-5576</p> <p>Contact Email: info@covenantdc.org</p> <p>Website Address: https://www.cbucdc.org/ministries/</p> <p>Location: 3845 S Capitol St SW, Washington, DC 20032</p> <p>Operating Hours: Thur: 9:30am-12pm EST</p> <p>Transportation: The following</p>	<p>The food pantry provides quality food items to households experiencing food insecurity. This program supplies critical nutrition to hungry individuals and families. Cost is free and it covers Washington, DC. It serves anyone in need, all ages, individuals, families.</p>

	<p>transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 90, P6, W4, W5, W6 - Metro: Metrorail Green Line, Metrorail Blue Line, Metrorail Orange Line, Metrorail Silver Line 	
<p>CUMC 5000 Food Pantry</p>	<p>Phone Number: Call Joyce Bouvier at 202-488-4419</p> <p>Contact Email: Friendsofswdc@gmail.com</p> <p>Website Address: https://friendsofswdc.org/cumc-5000-food-pantry</p> <p>Location: Friends of Southwest DC P.O. Box 44434 Washington, DC 20026</p> <p>In-Person Location: 900 4th Street SW</p> <p>Operating Hours: N/A</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 74, 923, EM-LP, P6, 735 - Train: Fredericksburg Line, MARC - Metro: Metrorail Blue Line, Metrorail Orange Line, Metrorail Silver Line, Metrorail Yellow Line 	<p>The mission of this pantry is: Educational, to provide support for youth through scholarships and other programs; Community Development: to enhance the neighborhood's physical and social environment; and Charitable: to help fund projects of benefit to residents in need, especially youth and seniors. They also offer a Friends Of Southwest DC Grant and you can apply on their website. (This is all the information the website offers)</p>

Education

Organization	Contact Info	Resource
<p>Communities in Schools: The Nation's Capital</p>	<p>Contact Email/Phone Number: admin@cisnationscapital.org 202-333-2277</p> <p>Website Address: https://cisnationscapital.org/</p> <p>Location: 501 School Street, SW Suite 800 Washington, DC 20024</p> <p>Operating Hours: Mon-Fri: 9am-5pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 36, 52, 923, P6, 735 - Train: Fredericksburg Line, Manassas Line, MARC - Metro: Metrorail Green Line, Metrorail Orange Line, Metrorail Silver Line, Metrorail Yellow Line, Metrorail Blue Line 	<p>Communities in Schools gives students a community of support and empowers them to stay in school. Working with both schools and their surrounding communities, Communities In Schools does whatever it takes to help kids stay in school and succeed in life. Based directly inside schools throughout the country, Communities In Schools connects students and their families to basic and critical educational and community-based resources, tailored to each student's specific needs.</p>
<p>Apple Tree Institute</p>	<p>Phone Number: 202-978-2910</p> <p>Contact Email: info@appletreeinstitute.org</p> <p>Website Address: https://www.appletreeinstitute.org/southwest</p> <p>Location:</p>	<p>The Apple Tree Institute transforms the lives of the children they teach. Appletree offers exclusive FREE education, top quality pre-K education, a safe environment for in person learning, has convenient schools near your home or job, and focuses on social-emotional learning, language, literacy, and</p>

	<p>488 Virginia Ave., SW Washington, D.C. 20024</p> <p>Main Office: 1801 Mississippi Ave SE 3rd floor, Washington, DC 20020</p> <p>Operating Hours: Mon-Fri: 8:30am-6pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 315, 32, 923, P6, 610 - Train: MARC - Metro: METRORAIL GREEN LINE, METRORAIL ORANGE LINE, METRORAIL SILVER LINE, METRORAIL YELLOW LINE, METRORAIL BLUE LINE 	<p>STEM. You can enroll on the website. The mission comes first, it is focused on trust, is solution-focused, has continuous improvement, and research to practice. The criteria for attending AppleTree Institute schools include: children must be three or four years old on or before September 30 of the school year they are enrolling in, DC residents are eligible to enroll at no cost, but non-residents must pay tuition, and provide valid documentation.</p>
<p>Goodwill Excel Center</p>	<p>Phone Number: 202-839-3650</p> <p>Contact Email: info@goodwillexcelcenter.org</p> <p>Website Address: https://www.goodwillexcelcenter.org/</p> <p>Location: 1776 G St NW, Washington, DC 20006</p> <p>(Serves all DC)</p> <p>Operating Hours: Mon-Thurs: 8:30am-5pm</p>	<p>This organization supports students, their life commitments, and circumstances preventing them from continuing their education career. The Goodwill Excel Center is a unique, tuition-free adult charter high school that awards industry recognized certifications and high school diplomas, not GEDs, to adult learners in the District. The Excel Center offers several key benefits: students receive content and skills training to gain a high school diploma, students</p>

	<p>Fri: 8:30am-3:30pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 11Y, 16Y, 31, 32, 3Y - Train: Fredericksburg Line - Metro: Metrorail Blue Line, Metrorail Orange Line, Metrorail Red Line, Metrorail Silver Line - They support our students in getting to class. 	<p>develop higher skills to succeed in modern careers, faculty teach towards college credit or certifications, and students are prepared for success in life and community participation. They have a child development center and have flexible class schedules.</p>
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Financial Resources

Organization	Contact Info	Resource
<p>Wharf Financial</p>	<p>Phone Number: 888-255-5519</p> <p>Contact Email: thoughtfulplanning@wharf.financial</p> <p>Website Address: https://www.wharf.financial/</p> <p>Location: 639 Water Street Sw, Washington, DC 20024</p> <p>Operating Hours: Mon, Wed: 9am-5pm Tue, Thurs: 10am-6pm Fri: 9am-3pm Sat-Sun: Closed</p>	<p>This organization creates financial security for people looking to make a new chapter in their lives. At Wharf Financial, we’re more than financial advisors; we’re architects of future prosperity, crafting bespoke income strategies for those transitioning toward retirement. Our skill shines brightest in guiding pre-retirees across the DMV, helping them amplify the value of their hard-earned savings. Their services include Retirement Income Planning, investment Management, 401(k) and</p>

	<p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: Maine Ave SW and 7 St Sw, 7 St SW and Maine Ave SW - Metro: Waterfront, Federal Center SW, L'Enfrant Plaza 	<p>Roth IRA Strategies, Thrift Savings Plan (TSP) and 401(k) Rollovers, Tax Strategies, Financial Planning, Estate Planning, Life, health and Extended Care Planning, and Domestic Partner/Dual Client Strategies. They are fee-only advisors.</p>
<p>Bureau of the Fiscal Service</p>	<p>Phone Number: 1-202-874-6950</p> <p>Contact Email: https://www.fiscal.treasury.gov/contact/</p> <p>Website Address: https://www.usa.gov/agencies/bureau-of-the-fiscal-service</p> <p>Location: 3201 Pennsy Drive, Building E Landover, MD 20785</p> <p>Operating Hours: (Check website)</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: Pennsy Dr and #3133, 3301 Pennsy Dr - Metro: Landover 	<p>The Bureau of the Fiscal Service manages all federal payments and collections, and provides government-wide accounting and reporting services. You can contact them to buy bonds or to check on the maturity of bonds you own. Criteria includes:</p> <ul style="list-style-type: none"> - Using the Fiscal Service's trademarks, service marks, or logos. Written permission is required to use the Fiscal Service's trademarks, service marks, or logos. The Fiscal Service may deny requests that are objectionable, misleading, or violate applicable law. - Using Fiscal Service data, equipment, and IT systems. Users must follow laws, regulations, and policies governing the use of Fiscal Service resources. They must also protect Fiscal Service resources

		<p>from loss, theft, damage, and unauthorized use or disclosure.</p> <ul style="list-style-type: none"> - Completing Fiscal Service Certifying Officer Training. Federal Certifying Officers, SPS DEOs, and Agents to Receive and Deliver Checks must complete the Fiscal Service Certifying Officer Training to receive or renew their credentials. - Registering with the System for Award Management (SAM). Contractors that provide goods or services to government agencies must register with SAM. - Employment policies: The Fiscal Service considers candidates without regard to non-merit reasons such as race, color, religion, sex, age, national origin, marital status, disability, sexual orientation, and more.
<p>Office of the Chief Financial Office</p>	<p>Phone Number: (202) 727-2476</p> <p>Contact Email:</p>	<p>This organization serves to support financial stability, integrity, and accountability of the Government of the</p>

	<p>ocfo@dc.gov</p> <p>Website Address: https://cfo.dc.gov/</p> <p>Location: 1350 Pennsylvania Avenue, NW, Suite 203, Washington, DC 20004</p> <p>Operating Hours: Mon-Fri: 9am-5pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - The closest bus stop to 1350 Pennsylvania Avenue, NW, Suite 203, Washington, DC 20004 is likely the "Pennsylvania Ave NW + 13th St NW" stop on Metrobus routes 32, 33, and 36. - Location: This stop is situated on Pennsylvania Avenue NW near the intersection with 13th Street NW. - Routes served: You can access several Metrobus routes from this stop including the 32, 33, and 36. - To find the exact location and real-time bus arrival information: <ul style="list-style-type: none"> - Use a transit app: - Utilize the WMATA app or a similar transit tracking app to locate the nearest bus stop and check arrival times. 	<p>District of Columbia. This office manages a company's financial activities, including: accounting, budgeting, cash flow, taxes, investing, compliance, risk management, financial planning, procurement, and travel. In other words, the tasks of this office include tracking cash flow and financial planning as well as analyzing the company's financial strengths and weaknesses and proposing corrective actions. On average, businesses can expect to pay between \$40,000 and \$60,000 annually for outsourced CFO services.</p>
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	<ul style="list-style-type: none"> - Look for signs: - When walking near the address, look for the "Pennsylvania Ave NW + 13th St NW" bus stop sign 	
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Health

Organization	Contact Info	Resource
Professional Healthcare Resources	<p>Phone Number: 703-752-8700</p> <p>Washington, DC Location - 202-955-8355</p> <p>Contact Email:</p> <p>Website Address: https://www.phri.com/</p> <p>Location: (Has multiple locations)</p> <p>501 School Street SW Suite 200 Washington, DC 20024</p> <p>Operating Hours: Open 24 Hours</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 36, 52, 923, P6, 735 - Train: Fredericksburg Line, Manassas Line, MARC - Metro: Metrorail Green 	<p>Professional Healthcare Resources, Hospice Care, Elder Care, Home Care with Home Health Aide and Skilled Nursing in Kensington MD, Annandale VA, Baltimore MD, Lanham MD, Washington DC and Surrounding Communities. Nurse owned and operated, Professional Healthcare Resources is dedicated to helping Maryland, Virginia, and Washington, DC residents improve the quality of their lives through exceptional home health care, hospice, personal care, elder care, and skilled nursing services, provided in a spirit of respect, compassion and dignity. If you are recovering from an illness or injury, your physician may recommend home healthcare to help you return to an active lifestyle. Hospice offers comfort and compassion for those at the end of life's journey. It</p>

	<p>Line, Metrorail Orange Line, Metrorail Silver Line, Metrorail Yellow Line, Metrorail Blue Line</p>	<p>provides care and support for the patient’s physical, emotional, social and spiritual needs, while offering support for family members.</p> <p>To start hospice care, you or a loved one can request it from a doctor. After the doctor approves, an admissions nurse case manager will visit as soon as possible. During the process, you will be asked about your goals of care. Hospice care is paid for by Medicare, Medicaid, most private insurers, and other programs. If you don't have coverage, hospice can work with you and your family to ensure you receive the services you need.</p>
<p>Unity Health Care - Southwest Health Center</p>	<p>Phone Number: 202-469-4699</p> <p>Contact Email: (doesn’t provide email address/make appointment on the phone or online)</p> <p>Website Address: https://www.unityhealthcare.org/</p> <p>Location: (Multiple locations)</p> <p>850 Delaware Avenue, SW, Suite B Washington, DC, 20024</p> <p>Ward 6</p> <p>Operating Hours: Mon-Fri: 8am-5pm</p>	<p>Unity Health Care reaches people wherever they are to provide compassionate, comprehensive, high-quality health care that is accessible to all and advances health equity in Washington, DC. As the largest network of community health centers in the District, our team of compassionate and multicultural health professionals place Unity values into action every day to bring whole-person care and wellness to nearly 90,000 patients through 405,000 visits annually through our network of over 20 traditional and non-traditional health sites and a mobile medical outreach vehicle.</p>

	<p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 74, 923, EM-LP, P6, 563 - Train: MARC - Metro: Metrorail Green Line, Metrorail Blue Line, Metrorail Orange Line, Metrorail Silver Line, Metrorail Yellow Line 	<p>They accept all patients including those with Medicare, Medicaid, AmeriHealth Caritas District of Columbia, Amerigroup District of Columbia, MedStar Family Choice, and private insurance. Don't have health insurance? Based on your income you may qualify for free or discounted fees.</p>
<p>Wellness Healthcare Clinics</p>	<p>Phone Number: Telephone: 202-318-0179 TTY: 202-506-1748 Fax: 202-580-8959 After Hour: 202-517-3376</p> <p>Contact Email: info@whclinics.com</p> <p>Website Address: https://www.whclinics.com/</p> <p>Location: 4660 Martin Luther King Jr Ave. SW, Suite A1-3 Washington, DC 20032</p> <p>Operating Hours: Mon: 9am-9pm Tues-Fri: 9am-6pm Sat: 10am-2pm Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: A4, W1, A8 - Metro: Metrorail Green Line 	<p>This organization gives families the support they require during difficult times through the usage of coping services. They treat each client as a family member, giving them the support they require during their toughest times. From psychotherapy in Washington, DC to community support, they provide the services you need to cope. The MinuteClinic price ranges from \$64-\$199, Internal healing and Wellness MD prices range from \$100 for a 15 minute visit to \$550 for an hour long visit, and Amazon One Medical, which offers pay per visit fees start at \$29.</p>

Community Enrichment

Organization	Contact Info	Resource
<p>HHS/ED Children’s Center by Reggio’s Treehouse</p>	<p>Phone Number: 202-240-3180</p> <p>Contact Email: hhs@reggiostreehouse.com</p> <p>Website Address: https://www.reggiostreehouse.com/dc/washington/hhs-ed/home</p> <p>Location: 330 C Street, SW Washington, DC 20416</p> <p>(Multiple locations)</p> <p>Operating Hours: Mon-Fri: 7am-6pm Sat-Sun: Closed</p> <p>Transportation: The following transit lines have routes that pass near this street.</p> <ul style="list-style-type: none"> - Bus: 315, 32, 36, 923, P6 - Train: Manassas Line, MARC - Metro: Metrorail Blue, Orange, Silver, Green, or Yellow Line 	<p>The HHS/ED Children’s Center by Reggio’s Treehouse is a beautiful, spacious NAEYC accredited facility offering a whole-child approach to early education, emphasizing play, learning, the arts, and a nurturing environment. The Children’s Center primarily serves the HHS/ED (Health and Human Services (HHS) Department of Education (ED)) community, however, all federal workers and contractors as well as surrounding neighbors are welcome to apply. This center boasts a grand view of our nation’s Capitol while your little one plays, as well as easy access to enriching family friendly activities in the local area. With a strong and dedicated community of loving, well-trained teachers with continuing education in the field of early childhood development, a quality curriculum based on developmentally-appropriate practices and geared toward the whole child, as well as catered lunches and snacks, the Children’s Center at HHS/ED is a top choice for your child!</p> <p>For pricing and more</p>

		information on enrollment in their camp then you would have to set up a call.
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Northern Virginia

Fairfax County

Basic Needs

Organization	Contact Info	Resource
<p>Annandale Christian Community for Action</p>	<p>Phone number: 703-256-0100</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:30pm <p>Location: 7200 Columbia Pike, Annandale, VA 22003</p> <p>https://accacares.org/contact-us/</p>	<p>Food pantry: non-perishables and hygiene products</p> <p>Housing repair: partners with Rebuilding Together to provide home repairs</p> <p>Furniture program: volunteers collect, store and deliver donated furniture to families in need</p>
<p>Alive!</p>	<p>Phone number: 703-837-9300</p> <p>Operating Hours:</p> <p>Food Hub at 510-F South Van Dorn Street</p> <ul style="list-style-type: none"> - Tuesday, Wednesday and Thursday: 11:00am - 6:00pm (Closed 2:00pm to 3:00pm) - Saturday: 10:00am - 2:00pm <p>Food Hub at 2601 Mount Vernon Avenue</p> <ul style="list-style-type: none"> - Tuesday, Wednesday, Thursday: 12:00pm - 6:00pm (Closed 2:00pm to 3:00pm) - Saturday: 10:00am - 2:00pm <p>Location: ALIVE! Main Office 2723 King Street, Alexandria, VA 22302</p> <p>https://www.alive-inc.org/vision-mission</p>	<p>ALIVE! Food Hubs offer free food, personal items, cleaning supplies, school supplies, and referrals to other services.</p> <p>Pop-up food distributions</p> <p>Food distributions the last Saturday of every month</p> <p>Delivery Available: ALIVE! delivers food Monday-Friday afternoons to the doorsteps of those who are unable to attend emergency food distributions. Home deliveries are available to seniors, individuals with disabilities, and single parents with very young children. Clients may receive</p>

	/	once-monthly groceries: 3-5 days of shelf-stable food, meat, milk, fresh bread, eggs, and produce
Britepaths	<p>Phone number: 703-273-8829</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 2:00pm <p>Location: 3959 Pender Drive, Suite 200 Fairfax, VA 22030-6041</p> <p>https://britepaths.org/about-us/</p>	<p>Food assistance program: offers gift cards for grocery stores, along with items for homes and personal cleanliness. Families in this program also receive help from mentors and staff to manage money, save, increase job opportunities, and become independent</p> <p>Food4Thought program: volunteers and staff collaborate with Fairfax county partner public schools to offer nutritious food, beverages, and snacks on weekends to children who get free and reduced-price meals at school.</p>
Centreville United Methodist Church	<p>Phone number: 703-830-2684</p> <p>Operating Hours:</p> <p>Grace Ministries Food Distribution</p> <ul style="list-style-type: none"> - Second Saturday of each month: 7:30am - 9:30am <p>Centreville Library Food Distribution</p> <ul style="list-style-type: none"> - Fourth Thursday of each month: 5:30pm - 6:30pm <p>Location: 6400 Old Centreville Rd Centreville, VA 20121</p> <p>https://centreville-umc.org/welcome/</p>	<p>Grace Ministries: helps families in need who are new to the area. On the second Saturday of each month, in-need families get items like food, clothing, diapers, bed-sheets, toys and children's books</p> <p>Centreville library food donations: Once a month they give canned, dried and packaged food, along with fresh vegetables and fruit, dairy and/or meat at the Centreville Library parking lot to anyone who is in need.</p>
Committee for Helping Others	<p>Phone number:</p> <ul style="list-style-type: none"> - Food and Financial Assistance: 	Emergency Food Service

	<p>703-281-7614</p> <ul style="list-style-type: none"> - Furniture: 202-681-5279 - Clothing: 703-679-8966 <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday to Friday: 8:30am. - 12:00pm <p>Location: The Food Closet and The Clothes Closet is located at Vienna Presbyterian Church at Vienna Court Condos 133 Park St. NE, Vienna, VA, 22180</p> <p>https://cho-va.com/</p>	<p>Clothing given out every Monday except for the first Monday of every month</p> <p>Helps clients get furniture for free</p> <p>Food Pick Up By Appointment Only: If you want to pick up food, you must call the Food and Financial Assistance Number and leave a message in box #1 If you need furniture you can call the Furniture Number</p> <p>You can also email cho@cho-va.com for food or furniture assistance</p>
<p>Cornerstones</p>	<p>Phone number: 571-323-1400</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 8:30am - 4:30pm - Friday: 8:30am - 1:30pm - 1st Saturday of each month: 9:00am -1:00pm <p>Location: Assistance Services and Pantry Program 11484 Washington Plaza West, Suite 120 Reston, VA 20190</p> <p>https://www.cornerstonesva.org/</p>	<p>Assistance Services and Pantry Program: food pantry stocked with fresh food, canned, dried and packaged food, and personal care items.</p> <p>Delivery Available For: senior clients and local low-income housing complexes.</p> <p>Cornerstones also has emergency shelter, a housing counseling program, and limited low-cost housing.</p>
<p>Western Fairfax Christian Ministries - Client Services Program</p>	<p>Phone Number: 703-988-9656</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday:10:00am - 2:00pm - Monday, Tuesday and Thursday: 4:30pm - 6:45pm - 2 Saturdays a month: 9:00am - 	<p>Fairfax County Residents Only: Western Fairfax Christian Ministries serves all qualified individuals from Chantilly, Centreville, Clifton, Oak Hill, Herndon, Fairfax, and Fairfax Station. Must call to make an</p>

	<p>12:00pm</p> <p>Location: 4511 Daly Drive, Suite J, Chantilly, VA 20151</p> <p>https://www.wfcmva.org/get-help</p>	<p>appointment and be interviewed to make sure you live in Fairfax County and have an ID. At the food pantry, clients can choose foods like they're in a store. They have canned, dried and packaged food, bread, fruits and vegetables, meat, and dairy products to pick from.</p>
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Education

Organization	Contact Info	Resource
Annandale Christian Community for Action	<p>Phone number: 703-256-0100</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 4:30pm <p>Location: 7200 Columbia Pike, Annandale, VA 22003</p> <p>https://accacares.org/contact-us/</p>	<p>Child Development Center: offers full-day child care and delivers education for kids aged 3 months to 5 years at a low-cost.</p> <p>Annandale Christian Community for Action also has scholarships for high school seniors who have conquered challenges related to disabilities.</p>
Britepaths	<p>Phone number: 703-273-8829</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 2:00pm <p>Location: 3959 Pender Drive, Suite 200 Fairfax, VA 22030-6041</p> <p>https://britepaths.org/about-us/</p>	<p>Financial Empowerment: Britepaths provides free financial empowerment opportunities where clients learn personal finance and gain the skills necessary to manage household finances. Their target audience is low-moderate income adults.</p> <p>Financial coaching, financial mentoring, financial workshops, credit report review clinics offered.</p>
Huntington Learning	<p>Phone number: 571-310-0188</p>	Huntington Learning Center

Center	<p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 4:00pm - 8:00pm - Friday: Closed - Saturday: 9:00am - 3:00pm - Sunday: 1:00pm - 5:00pm <p>Location: 10258 Main Street Fairfax, VA 22030</p> <p>https://huntingtonhelps.com/locations/fairfax-va/</p>	offers tutoring for students in kindergarten through twelfth grade in math, reading, writing, and science. Also offers services to help prepare for tests like the ACT and SAT.
C2 Education of Fairfax	<p>Phone number: 571-669-8581</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 1:00pm - 9:30pm - Friday: Closed - Saturday: 9:00am - 5:30pm - Sunday: Closed <p>Location: 9650 Main Street Unit 12 Fairfax, VA, 22031</p> <ul style="list-style-type: none"> - Located in Fair City Mall between Cinema Arts and Merkado Mexican Grill and Bar. <p>https://www.c2educate.com/locations/fairfax-va/?utm_source=google&utm_medium=local&utm_campaign=localmaps</p>	C2 Education of Fairfax offers services like tutoring, test preparation, college counseling and help with college admissions and essays. Tutoring is also provided for students from kindergarten to 12th grade.
ALOHA	<p>Phone number: 703-955-4601</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 8:00pm - Saturday: 9:00am - 4:00pm - Sunday: Closed <p>Location: 10875 Main Street Suite 211 Fairfax VA 22030</p> <p>https://alohamindmath.com/locations/fai</p>	ALOHA offers online and in-person programs all year and during the summer to assist children in developing skills in reading, writing, math, science, and other STEM subjects.

	rfaq-tutoring/?utm_source=Organic&utm_medium=Googlemybusiness&utm_campaign=GMB	
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Financial Resources

Organization	Contact Info	Resource
Annandale Christian Community for Action	<p>Phone number: 703-256-0100 - Emergency Number: 703-222-0880</p> <p>Operating Hours: - Monday to Friday: 8:00am - 4:30pm</p> <p>Location: 7200 Columbia Pike, Annandale, VA 22003</p> <p>https://accacares.org/contact-us/</p>	<p>Family Emergency Assistance: provides emergency financial aid to people and families who require help and support with medical bills, rent, utilities, and other necessities.</p> <p>To request help, call the Emergency number in the Contact Info box.</p>
Britepaths	<p>Phone number: 703-273-8829</p> <p>Operating Hours: - Monday-Friday: 10:00am - 2:00p.m</p> <p>Location: 3959 Pender Drive, Suite 200 Fairfax, VA 22030-6041</p> <p>https://britepaths.org/about-us/</p>	<p>Fairfax County Residents Only: Must be referred Britepaths by a Social worker after completing forms and showing that the money Britepath provides to pay for rent, mortgage, or utilities will help regain financial stability.</p>
Committee for Helping Others	<p>Phone number: - Food and Financial Assistance: 703-281-7614 - Furniture: 202-681-5279</p>	<p>Committee for Helping Others helps with paying for rent, mortgages, utility bills, medical expenses, and other</p>

	<ul style="list-style-type: none"> - Clothing: 703-679-8966 <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday to Friday: 8:30am - 12:00pm <p>Location: The Food Closet and The Clothes Closet is located at Vienna Presbyterian Church at Vienna Court Condos 133 Park St. NE, Vienna, VA, 22180</p> <p>https://cho-va.com/</p>	<p>urgent money matters.</p> <p>Volunteers from CHO who are trained and skilled provide financial services in the Vienna, Oakton, Dunn Loring, and Merrifield area.</p>
Western Fairfax Christian Ministries - Client Services Program	<p>Phone number: 703.704.6101</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 10:00am - 4:30pm <p>Location: 4511 Daly Drive, Chantilly, VA 20151</p> <p>https://www.wfcmva.org/get-help</p>	Western Fairfax Christian Ministries offers free classes every month about basic budgeting fundamentals and financial coaching.
Good Shepherd Housing and Family Services	<p>Phone number: 703-768-9404</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 12:00pm and 1:00pm - 5:00pm <p>Location: 8253 Backlick Rd Suite L Lorton, VA 22079</p> <p>https://goodhousing.org/</p>	Good Shepherd Housing and Family Services has affordable, stable housing and individualized case management to help low-income families and individuals. These services address things that make it hard for them to have long-term housing, like bad credit histories, poor savings, and low incomes.

Health

Organization	Contact Info	Resource
Inova Cares Clinic for	Phone number: 703-531-3100	Inova Cares Clinic for

Children	<p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Thursday: 8:00am - 5:00pm - Friday: 9:00am - 4:30pm - Saturday: 9:00am - 12:00pm - Sunday: Closed <p>Location: 6400 Arlington Blvd., #200 Falls Church, VA 22042</p> <p>https://www.inova.org/locations/inova-cares-clinic-children-falls-church</p>	Children, primary pediatric care offers for kids. They provide services like pediatric care, immunizations, and taking care of sick children from birth to 18 years old. The clinic also gives yearly check-ups for school and sports.
Inova Cares Clinic for Women	<p>Phone number: 703-531-3000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday and Friday: 9:00am - 4:30pm - Tuesday, Wednesday, and Thursday: 8:00am - 4:30pm <p>Location: 4700 King St. #150 Alexandria, VA 22302</p> <p>https://www.inova.org/locations/inova-cares-clinic-women-alexandria</p>	Inova Cares Clinic for Women offers check-ups and care for low income or uninsured pregnant women and those needing gynecological help in the Northern Virginia area.
ADAMS Compassionate Healthcare Network	<p>Phone number: (703) 542-3366</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Wednesday: 9:00am - 3:00pm - Thursday, Friday, and Sunday: Closed - Saturday: 9:00am - 12:30pm <p>Location: 4431 Brookfield Corporate Dr F, Chantilly, VA 20151</p> <p>https://achnhealth.org/</p>	ADAMS Compassionate Healthcare Network offers healthcare to low income and uninsured people. They provide help for long-lasting medical problems, regular healthcare check-ups, health check-ups for athletes, exams for women, and visits for sick children.
Culmore Clinic	<p>Phone number: 571- 205-7649</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday: 10:00am - 2:00pm 	Culmore Clinic offers basic medical services like sick visits and disease management for adults. To

	<ul style="list-style-type: none"> - Wednesday: 10:00am - 2:00pm, 3:00pm - 7:00pm <p>Location: Columbia Baptist Church 3245 Glen Carlyn Road Falls Church, VA 22041</p> <p>https://www.culmoreclinic.org/</p>	<p>receive help must be considered low-income or in deep poverty and provide proof of income and ID There is a 10\$ one time fee</p>
Northern Virginia Dental Clinic	<p>Phone number: 703-820-7170</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Wednesday and Friday: 8:30am - 5:30pm - Tuesday and Thursday: 8:30am - 8:00pm <p>Location: 8221 Willow Oaks Corporate Dr., Suite 450 Fairfax, VA 22031</p> <p>https://www.nvds.org/northern-virginia-dental-clinic</p>	<p>Northern Virginia Dental Clinic offers all different types of teeth care for \$40. Special services are extra charges. This clinic helps adults who are 18 or older. Clients must be low-income and receive a referral to begin going to the clinic.</p>

Community Enrichment

Organization	Contact Info	Resource
Bailey's Community Center	<p>Phone number: 703-931-7027</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Saturday: 9:00am - 10:00pm <p>Location: 5920 Summers Lane Falls Church, VA, 22041</p>	<p>The Clubhouse Network at Bailey's Community center offers a place where kids and teenagers can learn outside of school in a fun and creative way. It's a place to try out new ideas, solve problems, and feel more</p>

	<p>https://www.fairfaxcounty.gov/neighborhood-community-services/technology-programs/clubhouse-network</p>	<p>confident with different kinds of technology. Activities include things like coding, making things with 3D printers, and designing graphics.</p>
<p>Spring Hill Rec Center</p>	<p>Phone number: 703-324-8680</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 5:00am - 9:00pm - Saturday: 7:00am - 6:00pm - Sunday: 8:00am - 6:00pm <p>Location: 12055 Government Center Parkway, Suite 927 Fairfax, VA 22035</p> <p>https://www.fairfaxcounty.gov/parks/rec-center/spring-hill</p>	<p>At Spring Hill Rec Center, people with memberships can join fitness and wellness classes, enroll children in spring and summer camps, and enjoy swimming and aquatic activities.</p>
<p>City of Fairfax - Movies Under the Moon</p>	<p>Phone number: 703-385-7858</p> <p>Operating Hours: June-September ONLY</p> <ul style="list-style-type: none"> - 8:00pm (movie starts at dusk) <p>Location: Van Dyck Park 3720 Blenheim Blvd., Fairfax</p> <p>https://www.fairfaxva.gov/government/parks-recreation/special-events/community-events/movies-under-the-moon</p>	<p>The City of Fairfax has movie showings at Van Dyck Park. Free for all ages. Those who go should bring their own lawn chairs and/or blankets.</p>

Loudoun County

Basic Needs

Organization	Contact Info	Resource
<p>Loudoun Regional Food Pantry-Sterling</p>	<p>Phone number: 703-443-6693</p> <p>By appointment ONLY</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Daytime Hours <ul style="list-style-type: none"> - Monday, Tuesday, Thursday: 10:00am - 2:00pm. - Wednesday: 10:00am - 12:00pm - Evening hours: <ul style="list-style-type: none"> - Tuesday and Wednesday: 5:15pm - 7:00pm <p>Location: 113 Executive Drive, Bldg #2, Suite 110 Sterling, VA 20166</p> <p>https://www.cdda.net/need-help/food/food-pantries/loudoun-regional-food-pantry-sterling/</p>	<p>Loudoun County Residents Only: Loudoun Regional Food Pantry-Sterling provides fresh vegetables and fruit, dairy, meat, cereal, canned vegetables, rice, and beans once every 30 days. Must have ID and current home address when receiving food.</p>
<p>Loudoun Hunger Relief</p>	<p>Phone number: (703) 777-5911</p> <p>By appointment ONLY at Leesburg Panty</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Tuesday: 8:30am - 11:00am, 12:00pm - 3:00pm, 4:00pm - 6:00pm - Wednesday: 8:30am - 11:30am - Thursday: 1:00pm - 4:00pm, 5:30pm - 7:30pm - Friday: 8:30am - 11:00am, 12:00pm - 3:00pm - Saturday: 9:00am - 11:30am <p>Location: 750 Miller Drive, Suite 110</p>	<p>At Loudoun Hunger Relief, people can visit up to once per week and receive enough food to prepare 3 healthy meals for 3 days for each member of their household.</p>

	<p>Leesburg, VA 20175</p> <p>Mobil Market (no appointment needed)</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Every Monday from 1:00pm - 2:30pm <p>Location: Sterling Community Center 120 Enterprise St. Sterling, VA</p> <p>https://loudounhunger.org/</p>	
<p>Loudoun Cares</p>	<p>Phone number: (703) 669-2351</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 9:00am - 5:00pm <p>Location: 8 S St SW, Leesburg, VA 20175</p> <p>https://www.loudouncares.org/</p>	<p>Through the Connect Helpline operated by Loudoun Cares, residents who need help are connected with local nonprofits and agencies. These organizations can provide clothes, food, housing, and job services.</p>
<p>Mobile Hope</p>	<p>Phone number: 703- 771-1400</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Tuesday, Thursday 9:00am - 5:00pm - Wednesday: 9:00am - 7:00pm - Friday: 9:00am - 4:00pm <p>Location: 302 Parker Ct SE, Leesburg, VA 20175</p> <p>https://mobile-hope.org/</p>	<p>Mobile Hope helps young people up to the age of 24 who are at risk or do not have stable housing and helps them to become independent.</p>
<p>Bridgefeeds Food Pantry</p>	<p>Email: contactbf@bridgefeeds.org</p> <p>Operating Hours: Mondays from 11am-1pm</p>	<p>Bridgefeeds Food Pantry provides free food boxes for pick up including unopened, non-perishable food items</p>

	<p>Location: 21660 Red Rum Drive, Suite 188, Ashburn, VA 20147</p> <p>https://www.bridgefeeds.org/</p>	and hygiene supplies.
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Education

Organization	Contact Info	Resource
Varsity Tutors	<p>Phone number: 888- 888-0446</p> <p>Operating Hours: - Features available 24/7</p> <p>Location: Online</p> <p>https://www.varsitytutors.com/school-solutions/loudouncounty</p>	Varsity Tutors provides free online learning tools supported by Loudoun Public County Schools. These services include chat tutoring available anytime, essay reviews upon request, readiness for college and careers, and customized learning plans. Students can receive individual tutoring and homework help.
Brainfuse HelpNow	<p>Phone number: 866-272-4638</p> <p>Operating Hours: - Every day from: 2:00pm - 11:00pm</p> <p>Location: Online</p> <p>https://landing.brainfuse.com/authenticate.asp?u=main.loudouncountypubliclibrary.virginialibrarieshn.va.brainfuse.com</p>	Brainfuse HelpNow provides live online tutoring for kids from Kindergarten and up. It helps with homework, learning new skills, and using online tools. HelpNow also has a place for grown-ups to learn things like Microsoft Office, writing cover letters and resumes, and preparing for U.S. citizenship.
Loudoun Test Prep	<p>Phone number: 703-554-3602</p> <p>Operating Hours: Vary</p> <p>Location: 44675 Cape Ct #105,</p>	Loudoun Test Prep, offers help with schoolwork SAT/ACT test preparation in one-on-one and group sessions. Children can also

	Ashburn, VA 20147 https://loudountestprep.com/tutoring/	join summer programs with others to get ready for the upcoming school year.
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Financial Resources

Organization	Contact Info	Resource
Loudoun Cares	Phone number: (703) 669-2351 Operating Hours: - Monday to Friday: 9:00am - 5:00pm Location: 8 S St SW, Leesburg, VA 20175 https://www.loudouncares.org/	Loudoun Cares partners with 25 faith-based groups to aid qualifying individuals in getting emergency financial help and support. They also link residents with nearby nonprofits or agencies that offer help with rent and utilities.
Loudoun Education Foundation	Phone number: (571) 252-1102 Operating Hours: - Monday to Friday: 9:00am - 5:00pm Location: 21000 Education Ct, Ashburn, VA 20148 https://www.loudouneducationfoundation.org/	The Loudoun Education Foundation gives scholarships to students and educators in Loudoun County Public Schools (LCPS). These scholarships include ones for science, language, future educators and graduating seniors whose parents work for LCPS in specific roles.
Child Care Aware	Phone number: (804) 285-0846 Operating Hours: - Monday to Friday: 8:30am - 5:00pm	Child Care Aware directs families to options for help with child care costs. These options can include providers that have different payment scales, rates that can be

	<p>Location: 14321 Winter Breeze Dr., Ste. 152 Midlothian, Virginia 23113</p> <p>https://vachildcare.com/find-quality-childcare/child-care-financial-assistance/</p>	<p>discussed, and chances to receive scholarships.</p>
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Health

Organization	Contact Info	Resource
<p>Leesburg Clinic</p>	<p>Phone number: 703-777-1612</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:00am - 5:00pm <p>Location: 224-D Cornwall Street, NW Suite 106 Leesburg, Virginia 20176</p>	<p>Leesburg Clinic offers newborn, early childhood, and young adult care, women's health services, and adult medicine.</p>
<p>HealthWorks for Northern Virginia</p>	<p>Phone number: 703-443-2000</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday, Tuesday, Wednesday, and Friday: 8:00am - 5:00pm - Thursday: 8:00am - 8:00pm <p>Location: 163 Fort Evans Road NE Leesburg, Virginia 20176</p> <p>https://hwnova.org/locations/leesburg-location/</p>	<p>HealthWorks for Northern Virginia family practice provides services including sick visits, screenings, help with long-term illnesses, dental care, child care, school physicals, and mental health counseling to all ages. Cost depends on personal income.</p>

<p>Loudoun Free Clinic</p>	<p>Phone number: 703-779-5416</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday and Tuesday 8:30am - 12:00pm, 1:30pm - 5:00pm - Wednesday and Thursday 8:30am - 12:00pm, 1:30 - 8:00pm <p>Location: 224-A Cornwall St NW, Leesburg, VA 20176</p> <p>https://loudounfreeclinic.org/</p>	<p>Loudoun County Residents Only: The Loudoun Free Clinic provides medical care for short-term and long-term health problems with support from specialty clinics for people aged 18 to 64 who don't have health insurance and have low incomes.</p>
<p>Northern Virginia Dental Clinic</p>	<p>Phone number: 571-323-9095</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:30am - 5:30pm <p>Location: 2 Pidgeon Hill Drive #230 Sterling, VA 20164</p> <p>https://www.novadentalclinic.org/</p>	<p>Northern Virginia Dental Clinic offers all different types of teeth care for \$40. Special services are extra charges. This clinic helps adults who are 18 or older. Clients must be low-income and receive a referral to begin going to the clinic.</p>
<p>Northern Virginia Family Service</p>	<p>Phone number: 571.748.2500</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 8:30am - 5:00pm <p>Location: 71A Lawson Rd SE, Leesburg, VA 20175</p> <p>https://www.nvfs.org/</p>	<p>Northern Virginia Family Service offers help for mental health for all ages. They provide counseling and treatment for individuals, groups, and families and also mental health evaluations.</p>

Community Enrichment

Organization	Contact Info	Resource
Morven Park	<p>Phone number: (571) 474-2754</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Saturday: 7:00am - 6:00pm <p>Location: 17339 Southern Planter Ln, Leesburg, VA 20176</p> <p>https://www.morvenpark.org/</p>	<p>Morven Park is a historic park with many hiking and riding trails and athletic fields. Includes a mansion and museum tour on the park grounds as well as a horse center that hosts competitions from December-May.</p>
Ida Lee Park and Recreation Center	<p>Phone number: (703) 777-1368</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Friday: 5:00am - 10:00pm - Saturday: 6:00am - 8:00pm - Sunday 7:00am - 8:00pm <p>Location: 60 Ida Lee Dr NW, Leesburg, VA 20176</p> <p>https://www.leesburgva.gov/departments/parks-recreation</p>	<p>Ida Lee Park and Recreation Center offers fitness classes and fun programs. The center also has basketball courts, a swimming pool, a gym, and a place for parents to leave their children during classes.</p>
Great Country Farms	<p>Phone number: (540) 554-2073</p> <p>Operating Hours:</p> <ul style="list-style-type: none"> - Monday to Saturday: 9:00am - 5:00pm <p>Location: 34345 Snickersville Turnpike, Bluemont, VA 20135</p> <p>https://greatcountryfarms.com/</p>	<p>Great Country Farms holds a variety of activities such as mazes, mini golf, visiting animals, group picnicking, and picking fruits.</p>

Prince William

Basic Needs

Organization	Contact Info	Resource
<p>ACTS Hunger Prevention Center</p>	<p>Phone Number: 703-441-8606</p> <p>Operating Hours: Monday 9 – 11:30 am / 1 – 3 pm Tuesday 1 – 3:30 pm / 5 – 7 pm Thursday: 9 – 11:30 am / 1 – 3 pm Friday: 9 – 11:30 am</p> <p>Location: 3900 Acts Lane, Dumfries, VA 22026</p> <p>https://www.actspwc.org/services/food-assistance</p>	<p>Clients are eligible to obtain food assistance through the ACTS Hunger Prevention Center once a month. Food is distributed on a walk-in basis. Food assistance services are offered in English and Spanish. Call for new food pantry client enrollment hours.</p>
<p>St. Thomas UMC</p>	<p>Phone Number: 703-368-5161</p> <p>Operating Hours: Saturdays 9 – 11 am</p> <p>Location: 8899 Sudley Road, Manassas, VA 20110</p> <p>https://www.stthomasumc.org/</p>	<p>Clothing from the Community Clothes Closet is distributed on the third and fourth Saturdays of the month along with the food.</p>
<p>Praise Center Church</p>	<p>Phone Number: 571-781-2722</p> <p>Website: http://www.praisecentercogic.org/</p> <p>Operating Hours: Sundays 11 am - 12:30 pm Wednesdays 7:30 pm - 9 pm Fridays 7:30 pm - 9 pm</p>	<p>Praise Center is a partner agency with the Capital Area Food Bank to tackle the hunger crisis in the Town of Dumfries and Prince William County at large</p>

Education

Organization	Contact Info	Resource
Virginia Cooperative Extension	<p>Location: 8033 Ashton Ave., Suite 105, Manassas, VA 20109</p> <p>Phone Number: 703-792-6289 703-792-6287 (Financial education) 703-792-4713 (Rental and mortgage counseling) 703-792-4755 (Spanish)</p> <p>Website: https://www.pwcva.gov/department/virginia-cooperative-extension/housing-support</p> <p>Operating Hours: Monday – Friday 8 am – 5 pm</p>	Mortgage assistance, housing counseling, financial education, youth development and professional training programs.
Northern Virginia Community College	<p>Location: 8333 Little River Turnpike, Annandale, VA 22003</p> <p>Phone Number: (703) 323-3000</p> <p>Website: https://www.nvcc.edu/</p> <p>Operating Hours: Monday - Friday from 7 am - 11 pm</p>	Northern Virginia Community College is a public community college with six campuses and four centers in the Northern Virginia suburbs of Washington, D.C. This university offers affordable education for all residents seeking a degree. NVCC offers a variety of programs to study including study abroad, workplace and professional development, honors program, and online learning. NVCC also provides financial aid through the submission of multiple documents provided through their website and the campus financial aid offices.
Youth for Tomorrow Crisis Intervention	<p>Location: 11835 Hazel Cir Dr, Bristow, VA 20136</p>	Youth For Tomorrow is an organization that helps

	<p>Phone Number: (703) 368-7995</p> <p>Website: https://www.youthfortomorrow.org/</p> <p>Operating Hours: Monday - Friday from 8 am to 5 pm</p>	<p>at-risk youth. Crisis intervention is a short-term technique that provides immediate support to people who have experienced a crisis. Their services include foster care, substance abuse treatment, in-home services, and more.</p>
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Financial Resources

Organization	Contact Info	Resource
Assurance Wireless	<p>Location: ONLINE SERVICE</p> <p>Phone Number: 1-888-321-5880</p> <p>Website: www.assurancewireless.com</p> <p>Operating Hours: Monday – Friday 8 am – 5 pm</p>	<p>Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you are on certain public assistance programs such as Medicaid or SNAP. You can also qualify based on your household income.</p>
First Home Alliance	<p>Location: 3138 Golansky Blvd STE 202, Woodbridge, VA 22192</p> <p>Phone Number: 703-580-8838</p> <p>Website: https://firsthomealliance.org/</p> <p>Operating Hours: Monday - Friday from 9 am - 5 pm</p>	<p>Foreclosure intervention, mortgage assistance and financial/loss mitigation counseling. Their services include:</p> <ul style="list-style-type: none"> Agency Disclosures Emergency Financial Assistance First-Time Homebuyers Program Foreclosure Prevention and Loss Mitigation Credit Counseling Registration Form Group Education Registration Form

		<p>Online Classes</p> <p>To be eligible for these services, you must be a homeowner.</p>
WIC (pregnant woman)	<p>Location: 4001 Prince William Pkwy, Woodbridge, VA 22193</p> <p>Phone Number: 703-792- 7319</p> <p>Website: https://www.vdh.virginia.gov/prince-william/wic</p> <p>Operating Hours: Monday - Wednesday and Friday from 8 am - 4:30 pm Thursday from 9:30 am - 6 pm</p>	<p>WIC provides Federal grants to states for supplemental food, health care referrals and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding, postpartum women; and to infants and children up to age five who are found to be at nutritional risk. All WIC services are by appointment only. To schedule an appointment, please call and leave a message during clinic hours. Calls are returned as soon as possible.</p>

Health

Organization	Contact Info	Resource
Prince William County Community Services Intensive Adult Mental Health Services	<p>Location: 1 County Complex Ct. Prince William, VA 22192</p> <p>Phone Number: 703-792-7800 (Manassas) 703-792-4900 (Woodbridge)</p> <p>Website: https://pwcva.gov/department/community-services/sda</p> <p>Operating Hours: Monday – Thursday 8:00 a.m. – 2:30 p.m.</p>	<p>Individuals seeking mental health and/or substance use services may walk into the Manassas or Woodbridge clinic and obtain a mental health and substance use assessment the same day. No appointment is required. Assessment services are provided on a first come, first served basis. There are Crisis, Adult, Youth, and Infant/Toddler services. There are also vocational</p>

		services, and services for developmental disabilities and recovery support.
Greater Prince William Health Center	<p>Location: Woodbridge Location: 4379 Ridgewood Center Drive, #102, Woodbridge Manassas Location: 9705 Liberia Ave., #201, Manassas Dumfries Location: 17739 Main Street, #130, Dumfries</p> <p>Phone Number: 703-680-7950</p> <p>Website: https://www.gpwhealthcenter.org/</p> <p>Operating Hours: Monday –Thursday 7 am. – 7 pm</p>	The Healthcare for the Homeless Program offer many services which include sick visits, wellness visits, chronic disease management, prenatal, immunizations, laboratory services, pharmacy assistance, crisis intervention, depression, stress, trauma, substance abuse, grief, routine dental exams, dental X-Rays, dental cleanings, dental extractions, restorative fillings, essential dental services. To be eligible for this program, you must complete a patient form provided on the website or receive a referral from your previous doctor.
LogistiCare (Medicaid/Medicare recipients)	<p>Location: Online Service</p> <p>Phone Number: 800-486-7647</p> <p>Website: https://www.logisticare.com/booknow</p> <p>Operating Hours: Monday - Friday 7 am - 5 pm</p>	Medicaid/Medicare recipients can check with their health insurance provider (phone number on back of Medicaid/Medicare card) to determine if they are eligible for medical appointment transportation. The Member Self-Services Tools on the website detail booking/managing rides and receiving assistance with further inquiries.

Community Enrichment

Organization	Contact Info	Resource
Discovery Enrichment Programs	<p>Location: 14715 Bristow Rd., Manassas, Virginia 20112</p> <p>Phone Number: 703-791-7200</p> <p>Website: https://www.pwcs.edu/academics__programs/summer_school/summer_enrichment_programs</p> <p>Operating Hours: Monday through Friday: 9 am–12:30 pm for elementary school students; 7:45–11:30 am for middle school students</p>	<p>Programs for students within grades K - 12 to engage with their community academically. There are a variety of camps that cater to gifted education, talent development, career and technical education, and many more. Transportation service is provided.</p>
Adult Services	<p>Location: 1 County Complex Ct. Prince William, VA 22192</p> <p>Phone Number: (703) 792-6000 (TTY: 711)</p> <p>Website: https://www.pwcva.gov/department/community-services/adult-services</p> <p>Operating Hours: Monday through Friday from 8 am to 5 pm</p>	<p>Provides mental health, substance abuse, and case management services to persons 18 years and older who are experiencing a serious mental illness, a substance use disorder, and/or co-occurring disorders. The services to this organization can be found in their website under the Info and Services Icon. They list a great amount of forms, services, and information to further your success within the services.</p>
The Arc of Greater Prince William	<p>Location: Hillendale Park ~ 13505 Hillendale Dr, Woodbridge, VA 22193</p> <p>Phone Number: 703-670-4800</p> <p>Website: https://arcgpw.org/</p>	<p>Offers a supported living program for adults with intellectual and developmental disabilities. Many services are offered such as Support, Residential,</p>

	Operating Hours: Monday - Friday from 9 am - 5 pm	Childcare, Family Support, and Recreational Services
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